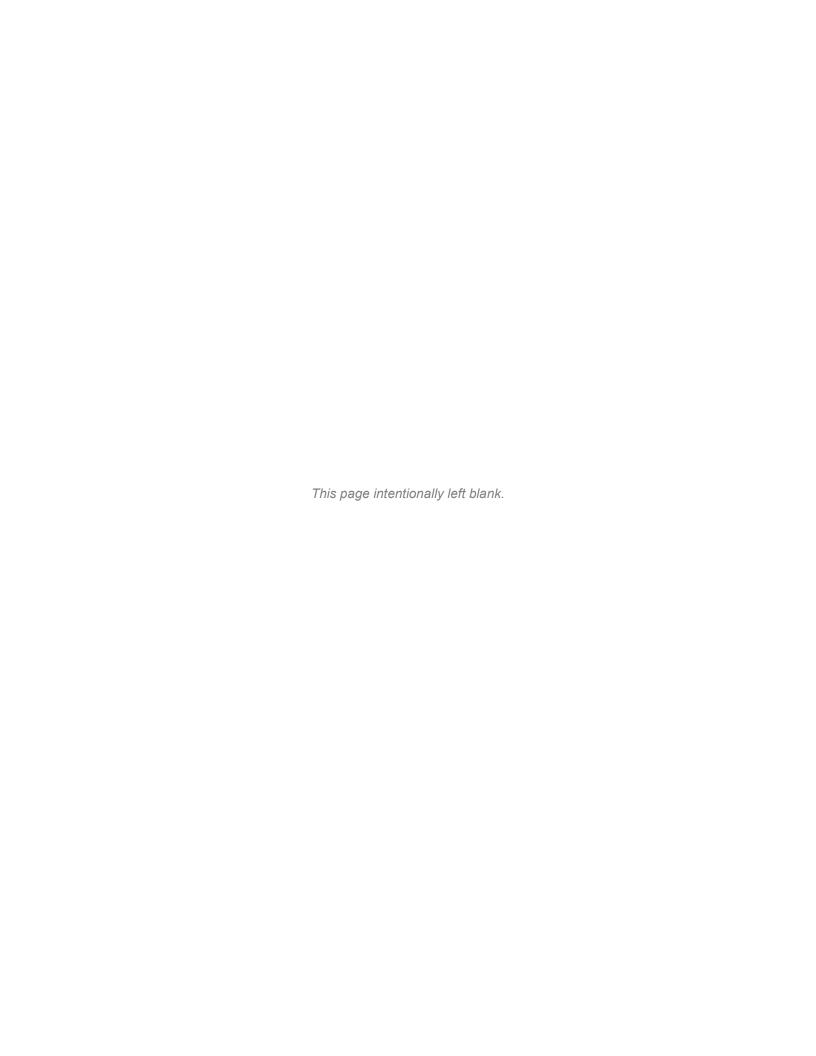


Department of Veterans Affairs Veterans Health Administration Office of the Assistant Deputy Under Secretary for Health for Policy and Planning

FY 2015 VHA COMPLEMENTARY & INTEGRATIVE HEALTH (CIH) SERVICES (formerly CAM)





FY 2015 VHA COMPLEMENTARY AND INTEGRATIVE HEALTH (CIH) SERVICES (FORMERLY CAM)

Prologue

The Fiscal Year (FY) 2015 Veterans Health Administration (VHA) Complementary and Integrative Health Services (CIH) (formerly Complementary and Alternative Medicine (CAM)) survey is an essential element in assessing and improving the delivery of CIH throughout VHA. In order to assess how CIH are developing within VHA, data collected have been compared to the results of the previous VHA CAM surveys of 2011 and 2002 where appropriate. In this report the term CIH is used in preference to CAM as this more accurately reflects how these modalities are used within Veterans Affairs (VA). They are used to complement or are integrated with allopathic/conventional care and not as an alternative.

VHA's mission is to "honor America's Veterans by providing exceptional health care that improves their health and well-being." The first strategic goal of VHA is "to provide Veterans personalized, proactive, patient-driven health care." This approach embodies Whole Health, which is informed by evidence, and makes use of all appropriate therapeutic approaches, health care professionals, and disciplines. It prioritizes the Veterans and their values, and partners with them to create a personalized strategy to optimize health, healing, and well-being. The *Blueprint for Excellence* offers a detailed vision for the evolution of health services to engage and inspire Veterans to "their highest possible level of health and well-being." Integrative health refers to the integration of allopathic or conventional care with what were previously referred to as CAM modalities. The focus of Integrative Health encompasses the entire spectrum of health care from the treatment and mitigation of chronic diseases and conditions to optimizing health and well-being to prevention. CIH represents an approach VA can use to provide Veterans with a whole health approach to care that is personalized, proactive, and patient-driven.

CIH services are complex and dynamic, and some of the services that were once considered complementary are now part of mainstream health care. As an example, chiropractic care is now considered a part of conventional care within VA. The National Institutes of Health's National Center for Complementary and Integrative Health (NCCIH), formerly National Center for Complementary and Alternative Medicine (NCCAM), states that, "There are many definitions of "integrative" health care, but all involve bringing conventional and complementary approaches together in a coordinated way. "We use 'integrative health' when we talk about incorporating complementary approaches into mainstream health care."

The growth in utilization of CIH has generated increased interest and inquiries from Congress and the Secretary of VA. The purpose of the CIH survey is to evaluate and report on the current state of Integrative Health services across the VA Health Care System. The background, methodology, key findings, and recommendations, are provided in this report. Of note, in 2002, chiropractic care was considered a CAM modality, but was removed from the 2011 survey as it became a part of standard VA care. In order to provide a more accurate picture of the availability of CIH services within VA, chiropractic care has been included in the 2015 survey.

The information from this report will be used to identify strategic initiatives and programmatic directions that may be addressed by the Office of Patient Centered Care and Cultural Transformation (OPCC&CT) and the recently established Integrative Health Coordinating Center.

/s/

/s/

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Table of Contents

Prologue	. 1
Background	. 4
Methodology	. 5
Key Findings	. 6
Recommendations	. 8
Survey Results	. 9
Acknowledgements	. 19
Appendix A - Reason(s)/Condition(s) CIH Services Are Used	. A-1
Appendix B - References	. B-1
Appendix C - Modalities Provided at the VA by VISN/Facility	. C-1
Appendix D - Modalities Referred Outside the VA by VISN/Facility	. D-1
Appendix E - Participating Facilities	. E-1
Appendix F - Survey Tool Document	. F-1
Annendix G - Glossary of Terms	G-1

Background

There is growing use of complementary and integrative health (CIH) approaches, historically referred to as complementary and alternative medicine (CAM), across the United States (US). National surveys since the early 1990's have shown individuals, including Veterans, are using CIH in addition to conventional medicine. The National Health Interview Survey (NHIS) has included questions on CIH since 2002. Between 2002 and 2012, the use of CIH services has remained constant between 32 and 35 percent of U. S. civilian adults, with the same five modalities remaining the most frequently used: Non-vitamin/non-mineral supplements, deep breathing, yoga/tai chi/qi-gong, chiropractic/osteopathic manipulation, and meditation.⁴

In 2005, the Institute of Medicine (IOM) issued a consensus report on CAM in the US. The IOM recommended that 1) the same principles and standards of evidence of treatment effectiveness apply to all treatments, whether currently labeled as conventional medicine or CAM and 2) that health profession schools (e.g., schools of medicine, nursing, pharmacy, and allied health) should incorporate sufficient information about CAM into the standard curriculum at the undergraduate, graduate, and postgraduate levels to enable licensed professionals to competently advise their patients about CAM services.5

The National Center for Complementary and Alternative Medicine (NCCAM), was established as a division of the National Institutes for Health by Congress under Title VI, Section 601 of the Omnibus Appropriations Act of 1999 (P.L. 105-277). The mission of NCCAM has been to define, through rigorous scientific investigation, the usefulness and safety of CIH interventions and their roles in improving health and health care. This body of knowledge continues to grow and is contributing to the evidence and understanding of the utility of CIH in health care. NCCAM's name was changed to the National Center for Complementary and Integrative Health, or NCCIH, in 2014 to reflect the fact that complementary approaches have grown in use, are not viewed as an alternative to allopathic care, and are generally used in combination with conventional medical care.

Research on complementary and integrative approaches, including both VA projects and those co-funded with NCCIH and the Department of Defense (DoD), is a component of the transformational actions called for in Strategy Seven of the VA's *Blueprint for Excellence*. ^{2,6} VA recognizes that complementary and integrative approaches may empower Veterans to improve their own well-being, and this is one of the driving strategies behind VA research on these approaches. The launch of the VA Opioid Safety Initiative in October 2013 highlighted concerns within VA of the use of opioids to treat pain. The goal of this initiative was to offer a comprehensive, multi-pronged approach to the management of pain, and to reduce the use of opiates in pain management. Similarly, in February 2015, a working group of the NCCIH recommended that NCCIH undertake a large scale research study to look at non-pharmacological approaches to pain management. These endeavors underscore the need for VA to better understand the role of CIH within VA health care, and the part it should play in helping VA deliver personalized, proactive, and patient-driven care to Veterans.

Methodology

In the United States, there is no standard method for recording the delivery of CIH services. Given that there is no consistent way to capture these data within electronic health records (CPRS/VistA) and administrative data in VA, a survey methodology was used.

Data were collected using a web-based survey tool administered by the Healthcare Analysis and Information Group (HAIG). The survey was distributed by VISN offices to facility Chiefs of Staff who collaborated with their CIH Point(s) of Contact (if applicable) and/or appropriate Patient Centered Care Point(s) of Contact to complete this survey.

The survey was in the field from December 9, 2014 through January 22, 2015. It was sent to the 141 VHA Administrative Parents consisting of Medical Centers and Health Care Systems. The response rate was 100 percent.

Survey data were self-reported. Responses were not independently verified and may be subject to individual interpretation. HAIG validated answers with survey respondents where errors in data were apparent.

Key Findings

- Most administrative parent facilities offer at least one CIH service to Veterans (93% in 2015 vs. 89% in 2011). (Table 1.)
- Although many facilities offer CIH services, the availability of these services is limited. In facilities
 offering an individual CIH service, only acupuncture, chiropractic, mindfulness, Stress Management
 Relaxation Therapy (SMRT), acupressure, and movement practices are offered at a rate equivalent to
 at least one half day per week. (Table 4.3.)
- CIH services are offered in all the VA clinical care settings inquired about in this survey. (Table 2.)
 - The reported inpatient clinical settings offering the most CIH services, regardless of provider type, were Extended Care (72 sites) and Mental Health (69 sites).
 - The most reported outpatient settings were Mental Health (116 sites) with Rehabilitation (104 sites) being the second highest reported of the 131 sites providing CIH services in VHA.
- Most CIH services are offered by VA providers, however, a portion of this care is provided by Without Compensation (WOC) providers. The most common CIH services being provided by WOC providers include Yoga (58%), Animal Assisted therapy (52%), and Tai-chi/Qi gong (36%). (Table 3.)
- The 10 most common CIH services provided at VA facilities are: (Table 4.)
 - 1. SMRT
 - 2. Mindfulness
 - 3. Guided Imagery
 - 4. Yoga
 - 5. Progressive Muscle Relaxation Therapy (PMRT)
 - 6. Art Therapy
 - 7. Acupuncture
 - 8. Music Therapy
 - 9. Biofeedback
 - 10. Animal Assisted Therapy
- Chiropractic care and acupuncture are the two modalities most likely to be referred to non-VA care providers by a VA facility. (Table 4.)
- Of the 131 sites offering CIH services, the top perceived factors enabling services are that CIH is
 consistent with patient-centered model of care (122 sites), promotes well-being (121 sites), being
 adjunctive to chronic disease management (109 sites), as well as patient preference (104 sites).
 (Table 1.b.)
- Providers' perception of the top three services for which veterans are asking for more offerings include acupuncture (80%), chiropractic (80%), and massage therapy (81%). (Table 4.5.)

 For these common conditions of Veterans in 2015, the following were the most frequently offered CIH modalities. The number provided is the total number of facilities that offer these top modalities. (Tables A1, A2, and A4.)

Anxiety Disorders	Depression	PTSD	Stress Management	Musculoskeletal Pain
Mindfulness	Mindfulness	SMRT	SMRT	Acupuncture
99 (65%)	94 (61%)	90 (80%)	104 (92%)	101 (89%)
SMRT	SMRT	Mindfulness	Mindfulness	Chiropractic
98 (87%)	90 (80%)	88 (58%)	99 (65%)	101 (86%)
Guided Imagery	Guided Imagery	Guided Imagery	Guided Imagery	PMRT
87 (90%)	83 (86%)	79 (81%)	88 (91%)	57 (67%)
PMRT	Art Therapy	PMRT	PMRT	Yoga
71 (84%)	66 (80%)	62 (73%)	77 (91%)	57 (56%)
Yoga	PMRT	Yoga	Yoga	SMRT
64 (63%)	62 (73%)	62 (61%)	74 (73%)	57 (50%)

- Note: In these five conditions, Stress Management Relaxation Therapy (SMRT) and Progressive Muscle Relaxation Therapy (PMRT) were used to treat all these conditions.
- As compared to 2002 and 2011, there is an increased number of VHA facilities offering a greater variety of complementary and integrative health services. Although the total number of sites offering CIH has increased each consecutive survey year, the number of Veterans receiving these services is marginal. (Table 4. and 4.3.)
- Of note, the use of CIH services in the perioperative period is limited compared to use of CIH modalities for chronic pain conditions. (Tables A.4. A.6.)

Recommendations

- There needs to be a more systematic method to capture provision of CIH within VHA. These data should include what is offered, how frequently it is offered, and who is offering it. This would require strengthening the administrative data capture infrastructure such as clinic stop codes and Current Procedural Terminology (CPT) codes, as well as inclusion of CIH modalities within the clinical inventory. Capturing of such data would allow VHA to assess the effect of CIH on patient health.
- Until such time as other monitoring means are available to assess CIH use within VHA, the VHA CIH
 survey should be repeated at regular intervals. This will allow VHA to track changes in CIH service
 delivery, and have a more informed process of strategic planning and implementation of CIH in VHA.
- While the modalities of CIH provided in VHA are known, we do not have information on the interests and utilization of CIH by Veterans who use VHA services. A survey of Veterans on their interest and use of CIH would assist VHA in developing an appropriate level and array of CIH services.
- With these data, strategies should be developed to assess the value and the sustainability of CIH services.
- Mental health conditions are heavily represented as areas of CIH utilization and may be an area where further study should be undertaken to determine value and effectiveness.
- Additional study of CIH practices should be undertaken for conditions where they may enhance the
 overall care provided to the Veterans when administered in conjunction with conventional medicine.
 This would include such areas as promotion of health, management of pain, and the management of
 mental health conditions.
- In locations where CIH services have been shown to be beneficial to Veterans and/or locations that desire to enhance their service offerings to patients, consideration should be given to alleviate common barriers such as funding, clinic space, and hiring of practitioners.
- As the evidence to support the use of CIH practices grows and these practices become more
 incorporated into VA care, the term CIH should be eliminated as these practices should simply be
 considered part of VA care.

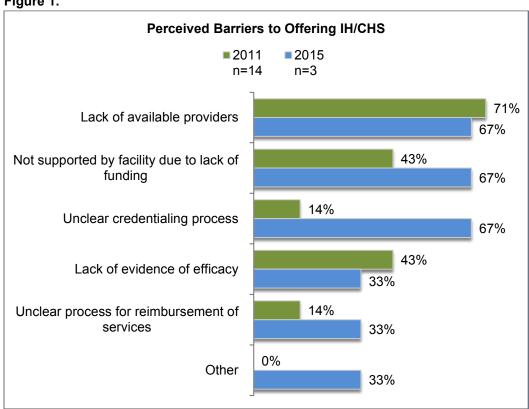
Survey Results

Respondents were initially asked if CIH services are currently being offered to patients at their facility. (Q1.)

Table 1.		2011		2015
	Count	%	Count	%
Yes	125	89%	131	93%
No	14	10%	3	2%
No, but are in the process of developing	2	1%	7	5%
Total	141	100%	141	100%

If CIH services are not offered to patients, the following are reported to be perceived barriers to providing CIH services. (Q1a.) (more than one could be chosen)

Figure 1.



(End of Survey for those who responded "No" or "No, but are in the process of developing")

For sites with CIH services (n=131), the following are perceived factors that were thought to enable CIH to be offered. (Q1b.) (more than one could be chosen)

Table 1.b.	2015	n=131	Count	%
Consistent with patient-centered	model of	care	122	93%
Promotes well being			121	92%
Adjunctive to chronic disease ma	nagemen	t	109	83%
Patient preference			104	79%
Proven clinical effectiveness			88	67%
Reflects facility's mission			84	64%
Provider request			79	60%
Have provider(s) who volunteer the	neir exper	tise	65	50%
Promotes cost savings			54	41%
Attracts new patients			43	33%
Cultural			36	27%
Other			9	7%

The "Other" perceived factors included: Increased patient interest, Leadership support, Supportive executive team and rehab staff, Consistent with nursing practice — Comfort Theory, Need to establish and increase evidence-based (research) for use of yoga to treat chronic illness, Grant funding from OPCC&CT, There has been intermittent efforts to offer CAMS, nothing organized or targeted, Employee wellness, and Decreases medication needs.

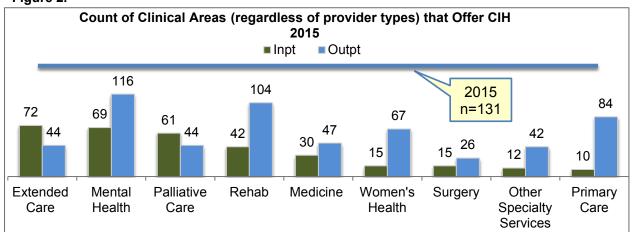
The settings in which the following clinical areas (regardless of provider types) offer CIH modalities. (Q2.)

Table 2.

(more than one could be chosen)	2015 n=131	Inpatient		Inpatient Outpatient		N/A	
		Count	%	Count	%	Count	%
Mental Health		69	53%	116	89%	11	8%
Rehab*		42	32%	104	79%	24	18%
Primary Care		10	8%	84	64%	47	36%
Women's Health		15	11%	67	51%	63	48%
Medicine		30	23%	47	36%	76	58%
Extended Care (CLC, HBPC)		72	55%	44	34%	39	30%
Palliative Care		61	47%	44	34%	54	41%
Other Specialty Services		12	9%	42	32%	87	66%
Surgery		15	11%	26	20%	100	76%

^{*}Includes Physical Medicine and Rehabilitation, Physical Therapy, Occupational Therapy, Blind Rehab, Polytrauma, Speech-Language Pathologist)

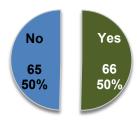
Figure 2.



Facilities/HCS were asked if they utilize Volunteers or Without Compensations (WOCs) personnel to provide CIH services. The results indicate that roughly half of the facilities do use WOC providers. (Q3.)

Figure 3.

2015 n=131



For sites with CIH services, the following modalities are provided by WOCs. (Q3a.) (more than one could be chosen)

Please note results are listed according to count of services provided by WOCs.

Table 3.	2015	n=66	Count	%
Yoga			38	58%
Animal Assisted Therapy			34	52%
Tai chi, Qi gong			24	36%
Music Therapy			21	32%
Art Therapy			17	26%
Mindfulness			17	26%
Massage Therapy			15	23%
Other Creative Arts Therapy			13	20%
Acupuncture			11	17%
Stress Management Relaxation Therapy			10	15%
Aromatherapy			9	14%
Guided Imagery			9	14%
Progressive Muscle Relaxation Therapy			9	14%
Other			9	14%
Chiropractic			8	12%
Energy Healing			7	11%
Dietary/Nutritional Supplements			6	9%
Movement Practices			6	9%
Sweat Lodge			5	8%
Acupressure			4	6%
Biofeedback			4	6%
Native American Healing Practices			4	6%
Non-traditional spiritual practices provided thr	ough		3	5%
VHA Chaplain service				
Hypnosis/Hypnotherapy			2	3%
Ayurveda			1	2%
Mantram Repetition			1	2%
Special Diets			1	2%
Traditional Chinese Medicine			1	2%
Transcendental			1	2%

Sites providing CIH services indicated whether specific CIH modalities were provided at their facility/HCS with VA staff and/or referred to an outside provider, or not provided at their facility. A series of additional questions was asked for each specific modality they indicated was provided through their facility ("Provided at VA" or "Referred to outside provider"). (Q4-30, a.b.c.)

Please note results are listed according to count of "Provided at VA."

Table 4. 2015 n=131	Provide	Provided at VA		red to provider	Not pro	vided
	Count	%	Count	%	Count	%
Stress Management Relaxation Therapy	112	85%	4	3%	18	14%
Mindfulness*	108	82%	3	2%	21	16%
Guided Imagery	97	74%	1	1%	34	26%
Yoga	96	73%	9	7%	30	23%
Progressive Muscle Relaxation Therapy	85	65%	1	1%	46	35%
Art Therapy	82	63%	5	4%	48	37%
Acupuncture	79	60%	64	49%	18	14%
Music Therapy	72	55%	5	4%	57	44%
Biofeedback	71	54%	11	8%	51	39%
Animal Assisted Therapy	68	52%	16	12%	52	40%
Tai chi, Qi gong	64	49%	7	5%	61	47%
Aromatherapy	58	44%	2	2%	71	54%
Other Creative Arts Therapy	58	44%	2	2%	72	55%
Special Diets	54	41%	0	0%	77	59%
Chiropractic**	49	37%	87	66%	13	10%
Other Meditations	45	34%	0	0%	86	66%
Dietary/Nutritional Supplements	43	33%	1	1%	87	66%
Energy Healing	39	30%	2	2%	91	69%
Hypnosis/Hypnotherapy	38	29%	2	2%	91	69%
Other***	35	27%	4	3%	92	71%
Massage Therapy	32	24%	24	18%	79	60%
Movement Practices	28	21%	2	2%	101	77%
Acupressure	25	19%	9	7%	99	76%
Native American Healing Practices	17	13%	6	5%	110	84%
Sweat Lodge	13	10%	7	5%	113	86%
Herbal Medicines	8	6%	1	1%	122	93%

^{*}Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation," "Mindfulness," and "Other Meditations" are combined in later tables for comparison purposes.

Please see Appendices A and B for a comparison of modality services "Provided by VA" and/or "Referred to outside providers" for the surveys conducted in FY 2002, 2011, and 2015.

^{**}Chiropractic Care is a health practice mandated by law and VHA Directive 2009-059

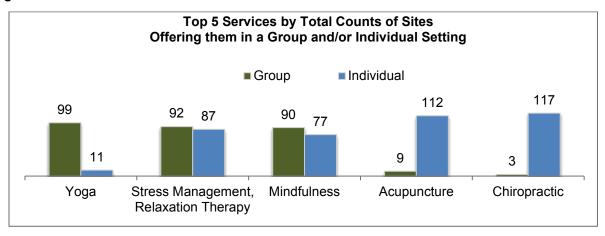
^{***}Other - up to two were specified (e.g. Ayurveda, Chelation, Traditional Chinese Medicine, Homeopathy, Naturopathic medicine, Non-Traditional Spiritual Practices Provided Through VHA Chaplain Service, Other non-traditional Diets, Other indigenous healing performed by a healer (e.g. Botanica, Curandero, Espiritista) etc.)

For each CIH modality, sites were asked to indicate whether it is delivered in a group or an individual setting (Q4-30d.)

The "n" value represents how many unique sites indicated they provide or refer the modality indicated. Results are listed according to the frequency the modality is offered by unique sites in descending order of frequency.

Table 4.1.	2015	Gro	Group		idual
(more than one setting could be chosen)	n=	Count	%	Count	%
Chiropractic	118	3	3%	117	99%
Stress Management, Relaxation Therapy	113	92	81%	87	77%
Acupuncture	113	9	8%	112	99%
Mindfulness	110	90	82%	77	70%
Yoga	101	99	98%	11	11%
Guided Imagery	97	61	63%	72	74%
Progressive Muscle Relaxation Therapy	85	58	68%	71	84%
Art Therapy	83	75	91%	31	38%
Biofeedback	80	16	20%	75	94%
Animal Assisted Therapy	79	46	58%	47	59%
Music Therapy	74	64	86%	31	42%
Tai chi, Qi gong	70	69	99%	8	11%
Aromatherapy	60	32	53%	46	77%
Other Creative Arts Therapy	59	55	93%	20	34%
Special Diets	54	19	35%	47	87%
Massage Therapy	52	0	0%	52	100%
Other Meditations	45	35	78%	22	49%
Dietary/Nutritional Supplements	44	10	23%	40	91%
Other	40	18	45%	22	55%
Energy Healing	40	15	38%	33	83%
Hypnosis/Hypnotherapy	40	5	13%	39	98%
Acupressure	32	5	4%	32	100%
Movement Practices	30	23	77%	12	40%
Native American Healing Practices	21	15	71%	12	57%
Sweat Lodge	18	15	83%	6	33%
Herbal Medicines	9	0	0%	9	100%

Figure 4.



If the response indicated the modality was provided in a group setting, sites were asked to report on average how many patients typically participate in each group.

The "n" value represents how many sites reported they provide the modality listed in a group setting.

Number of Patients

Table 4.2.	2015	1-1	10	11-	20	>20	
(only one answer could be chosen)	n=	Count	%	Count	%	Count	%
Mindfulness and Other Meditations*	125	98	78%	24	19%	3	2%
Yoga	99	74	75%	23	23%	2	2%
Stress Management, Relaxation Therapy	92	71	77%	21	23%	0	0%
Art Therapy	75	58	77%	16	21%	1	1%
Tai chi, Qi gong	69	55	80%	14	20%	0	0%
Music Therapy	64	49	77%	15	23%	0	0%
Guided Imagery	61	49	80%	12	20%	0	0%
Progressive Muscle Relaxation	58	46	79%	12	21%	0	0%
Therapy							
Other Creative Arts Therapy	55	41	74%	12	22%	2	4%
Animal Assisted Therapy	46	34	74%	11	24%	1	2%
Aromatherapy	32	22	69%	10	31%	0	0%
Movement Practices	23	16	70%	7	30%	0	0%
Special Diets	19	14	74%	4	21%	1	5%
Other	18	15	83%	3	17%	0	0%
Biofeedback	16	15	94%	1	6%	0	0%
Energy Healing	15	13	87%	2	13%	0	0%
Sweat Lodge	15	13	87%	2	13%	0	0%
Native American Healing Practices	15	11	73%	4	27%	0	0%
Dietary/Nutritional Supplements	10	7	70%	3	30%	0	0%
Acupuncture	9	6	67%	3	33%	0	0%
Acupressure	5	4	80%	1	20%	0	0%
Hypnosis/Hypnotherapy	5	5	100%	0	0%	0	0%
Chiropractic	3	2	67%	1	33%	0	0%
Herbal Medicines	0	0	0%	0	0%	0	0%
Massage Therapy	0	0	0%	0	0%	0	0%

^{*}Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation." "Mindfulness" and "Other Meditations" are combined for comparison purposes.

If the response indicated the modality was provided in an individual setting, sites were asked to report if they saw more than 6 encounters per week. (approx. 300 encounters per year)

The "n" value represents how many sites reported they provide the modality listed in an individual setting.

Please note results are listed according to the frequency the modality is reported to be offered in an individual setting.

Table 4.3	2015	Yes		No	
	n=	Count	%	Count	%
Chiropractic	117	63	54%	54	46%
Acupuncture	112	63	56%	49	44%
Mindfulness and Other Meditations*	99	51	52%	48	48%
SMRT	87	51	59%	36	41%
Biofeedback	75	21	28%	54	72%
Guided Imagery	72	34	47%	38	53%
PMRT	71	35	49%	36	51%
Massage Therapy	52	19	37%	33	63%
Animal Assisted Therapy	47	20	43%	27	57%
Special Diets	47	19	40%	28	60%
Aromatherapy	46	14	30%	32	70%
Dietary/Nutritional Supplements	40	15	38%	25	62%
Hypnosis/Hypnotherapy	39	8	21%	31	79%
Energy Healing	33	11	33%	22	67%
Acupressure	32	16	50%	16	50%
Art Therapy	31	13	42%	18	58%
Music Therapy	31	13	42%	18	58%
Other	22	11	50%	11	50%
Other Creative Arts Therapy	20	7	35%	13	65%
Movement Practices	12	7	58%	5	42%
Native American Healing Practices	12	1	8%	11	92%
Yoga	11	3	27%	8	73%
Herbal Medicines	9	0	0%	9	100%
Tai chi, Qi gong	8	2	25%	6	75%
Sweat Lodge	6	0	0%	6	100%

^{*}Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation." "Mindfulness" and "Other Meditations" are combined for comparison purposes.

How often CIH services are offered at the facilities/HCS's is indicated in the following table.

The "n" value represents how many sites reported they provide the modality listed in an individual and/or group setting.

Table 4.4	2015	Daily		More than once per week		Monthly		Quarterly		Other Frequency	
(only one answer could be chosen)	n=	Count	%	Count	%	Count	%	Count	%	Count	%
Mindfulness/Other Meditations*	153	22	14%	23	15%	14	9%	0	0%	14	9%
Chiropractic	118	40	34%	23	19%	8	7%	3	3%	32	27%
Acupuncture	113	30	27%	35	31%	3	3%	0	0%	27	24%
Stress Management, Relaxation Therapy	113	26	23%	29	26%	9	8%	0	0%	11	10%
Yoga	101	5	5%	27	27%	8	8%	0	0%	7	7%
Guided Imagery	97	22	23%	25	26%	9	9%	2	2%	15	15%
Progressive Muscle Relaxation Therapy	85	17	20%	21	25%	6	7%	0	0%	12	14%
Art Therapy	83	9	11%	24	29%	11	13%	1	1%	7	8%
Biofeedback	80	10	13%	20	25%	10	13%	3	4%	17	21%
Animal Assisted Therapy	79	9	11%	15	19%	11	14%	1	1%	6	8%
Music Therapy	74	8	11%	21	28%	11	15%	1	1%	6	8%
Tai chi, Qi gong	70	5	7%	18	26%	5	7%	2	3%	4	6%
Aromatherapy	60	15	25%	11	18%	4	7%	0	0%	8	13%
Other Creative Arts Therapy	59	7	12%	12	20%	9	15%	1	2%	7	12%
Special Diets	54	16	30%	9	17%	8	15%	2	4%	9	17%
Massage Therapy	52	9	17%	9	17%	6	12%	0	0%	14	27%
Dietary/Nutritional Supplements**	44	12	27%	7	16%	6	14%	1	2%	11	25%
Energy Healing	40	5	12%	9	22%	6	15%	0	0%	5	12%
Hypnosis/Hypnotherapy	40	2	5%	7	18%	7	18%	0	0%	9	23%
Other	38	7	18%	3	8%	4	11%	0	0%	6	16%
Acupressure	32	10	31%	7	22%	4	13%	0	0%	8	25%
Movement Practices	30	4	13%	8	27%	2	7%	1	3%	3	10%
Native American Healing Practices	21	1	5%	0	0%	3	14%	2	10%	7	33%
Sweat Lodge	18	1	6%	0	0%	2	11%	3	17%	8	44%
Herbal Medicines	9	1	11%	0	0%	2	22%	0	0%	5	56%

^{*}Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation." "Mindfulness" and "Other Meditations" are combined for comparison purposes.

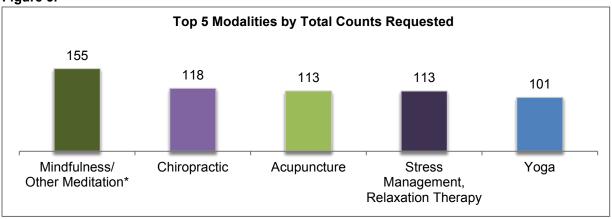
^{**}Dietary/Nutritional Supplements modality in 2015 equates to the Diet-Special and Diet Therapy modalities from 2011's report.

Providers perception of patients desire for additional CIH sevices in the selected modalities. The "n" value represents how many sites reported they provide the modality listed in an individual and/or group setting. Responses are are organized by the "n" value.

Table 4.5	2015	Yes			No
	n=	Count	%	Count	%
Mindfulness and Other Meditations*	155	72	46%	83	53%
Chiropractic	118	94	80%	24	20%
Acupuncture	113	90	80%	23	20%
Stress Management, Relaxation Therapy	113	58	51%	55	49%
Yoga	101	70	69%	31	31%
Guided Imagery	97	41	42%	56	58%
Progressive Muscle Relaxation Therapy	85	35	41%	50	59%
Art Therapy	83	41	49%	42	51%
Biofeedback	80	38	48%	42	53%
Animal Assisted Therapy	79	31	39%	37	47%
Music Therapy	74	36	49%	38	51%
Tai chi, Qi gong	70	46	66%	24	34%
Aromatherapy	60	22	37%	38	63%
Other Creative Arts Therapy	59	30	51%	29	49%
Special Diets	54	20	37%	34	63%
Massage Therapy	52	42	81%	10	19%
Energy Healing	40	24	60%	16	40%
Dietary/Nutritional Supplements**	44	22	50%	22	50%
Hypnosis/Hypnotherapy	40	22	55%	18	45%
Other	38	27	71%	11	29%
Acupressure	32	21	66%	11	34%
Movement Practices	30	18	60%	12	40%
Native American Healing Practices	21	8	38%	13	62%
Sweat Lodge	18	9	50%	9	50%
Herbal Medicines	9	5	56%	4	44%

^{*}Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation" "Mindfulness" and "Other Meditations" are combined for comparison purposes.

Figure 5.



^{*}Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation." "Mindfulness" and "Other Meditations" are combined for comparison purposes.

^{**}Dietary/Nutritional Supplements modality in 2015 equates to the Diet-Special and Diet Therapy modalities from 2011's report.

The following table indicates how many CIH modalities (in increasing blocks of 5 modalities) are offered by facility count. The "n" represents the entire population of facilities reporting they offer CIH to Veterans in each year indicated. The number of modalities offered by VA facilities has been steadily increasing during the periods surveyed. The number of facilities offering 11 to 20 CIH modalities has substantially increased since 2002, as indicated in the following table.

Table 5.	2002 n=111	2011 n=125	2015 n=131
Provides 1-5 Modalities	70	34	17
Provides 6-10 Modalities	39	59	40
Provides 11-15 Modalities	2	25	50
Provides 16-20 Modalities	0	6	19
Provides 21-26 Modalities	0	0	5
Referred all to non-VA provider	0	1	0

Integrative Health/Medicine

The extent of facility's efforts in providing seamless complementary health services across their continuum of care. (Q31.)

Table 6.	2015 n=131	Count	%
CIH are provided but not in a formal integrative he	alth setting	64	49%
CIH integrated with allopathic care in at least one	clinic	56	43%
CIH integrated with allopathic care in all care		4	3%
Other		7	5%

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Appendix A

Reason(s)/Condition(s) CIH Services Are Used

The "n" values in this section represent how many sites indicated they provide the modality indicated during the year noted. For the following reasons/conditions more than one could be chosen so the "n" value could be higher than the number of facilities responding. More than one could be chosen.

Grouped by Mental Health Reasons/Conditions

Table A.1.			Δ	nxiety	Disorde	er		Depre	ession	
	2011	2015	20	11	20	15	20	11	20	15
	n=	n=	Count	%	Count	%	Count	%	Count	%
Acupressure	28	32	8	25%	11	34%	8	29%	9	28%
Acupuncture	80	113	14	12%	35	31%	12	15%	30	27%
Animal Assisted Therapy	70	79	42	53%	50	63%	48	69%	52	66%
Aromatherapy	26	60	15	25%	40	67%	14	54%	37	62%
Art Therapy*	NA	83	NA	NA	62	75%	NA	NA	66	80%
Biofeedback	75	80	47	59%	62	78%	28	37%	46	58%
Chiropractic*	NA	118	NA	NA	5	4%	NA	NA	6	5%
Dietary/Nutritional Supplements**	82	44	15	34%	9	20%	15	18%	14	32%
Energy Healing	20	40	9	20%	27	68%	7	35%	24	60%
Guided Imagery	85	97	65	67%	87	90%	61	72%	83	86%
Herbal Medicines	10	9	3	33%	1	11%	3	30%	2	22%
Hypnosis/Hypnotherapy	45	40	33	83%	26	65%	25	56%	21	53%
Massage Therapy	49	52	14	27%	20	38%	12	24%	18	35%
Mindfulness and Other Meditations ***	107	153	84	55%	99	65%	77	72%	94	61%
Movement Practices	19	30	4	13%	17	57%	4	21%	15	50%
Music Therapy	64	74	40	54%	57	77%	41	64%	58	78%
Native American Healing Practices	16	21	5	24%	13	62%	6	38%	12	57%
Other Creative Arts Therapy*	NA	59	NA	NA	48	81%	NA	NA	44	75%
Progressive Muscle Relaxation Therapy	78	85	59	69%	71	84%	48	62%	62	73%
Special Diets*	NA	54	NA	NA	7	13%	NA	NA	7	13%
Stress Management, Relaxation Therapy	96	113	78	69%	98	87%	66	69%	90	80%
Sweat Lodge	15	18	4	22%	10	56%	5	33%	10	56%
Tai chi, Qi gong	33	70	16	23%	46	66%	16	48%	41	59%
Yoga	45	101	25	56%	64	63%	27	60%	61	60%
Other	26	38	16	42%	22	58%	15	58%	21	55%

^{*}NA (Not Asked in 2011)

^{**}Dietary/Nutritional Supplements modality in 2015 equates to the Diet-Special and Diet Therapy modalities from 2011's report.

^{***}Mindfulness in 2011 includes Transcendental and Mantram Repetition. For 2015, Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation." "Mindfulness" and "Other Meditations" are combined for comparison purposes.

Grouped by Mental Health Reasons/Conditions (cont.)

Table A.2.					natic Str r (PTSD)		St	ress Ma	s Management			
	2011	2015	20	11	20	15	20	11	20	15		
	n=	n=	Count	%	Count	%	Count	%	Count	%		
Acupressure	28	32	8	29%	10	31%	11	39%	15	47%		
Acupuncture	80	113	11	14%	33	29%	11	14%	33	29%		
Animal Assisted Therapy	70	79	44	63%	41	52%	42	60%	48	61%		
Aromatherapy	26	60	7	27%	32	53%	18	69%	44	73%		
Art Therapy*	NA	83	NA	NA	61	73%	NA	NA	68	82%		
Biofeedback	75	80	45	60%	49	61%	50	67%	65	81%		
Chiropractic*	NA	118	NA	NA	4	3%	NA	NA	11	9%		
Dietary/Nutritional Supplements**	82	44	11	13%	9	20%	15	18%	14	32%		
Energy Healing	20	40	5	25%	22	55%	10	50%	25	62%		
Guided Imagery	85	97	70	82%	79	81%	69	81%	88	91%		
Herbal Medicines	10	9	2	20%	0	0%	4	40%	1	11%		
Hypnosis/Hypnotherapy	45	40	30	67%	16	40%	30	67%	23	58%		
Massage Therapy	49	52	11	22%	21	40%	18	37%	29	56%		
Mindfulness /Other Meditations ***	107	153	82	77%	88	58%	91	85%	99	65%		
Movement Practices	19	30	4	21%	15	50%	6	32%	19	63%		
Music Therapy	64	74	35	55%	48	65%	48	75%	55	74%		
Native American Healing Practices	16	21	6	38%	14	67%	5	31%	14	67%		
Other Creative Arts Therapy*	NA	59	NA	NA	44	75%	NA	NA	49	83%		
Progressive Muscle Relaxation Therapy	78	85	55	71%	62	73%	65	83%	77	91%		
Special Diets*	NA	54	NA	NA	6	11%	NA	NA	7	13%		
Stress Management, Relaxation Therapy	96	113	71	74%	90	80%	85	89%	104	92%		
Sweat Lodge	15	18	9	60%	11	61%	5	33%	10	56%		
Tai chi, Qi gong	33	70	18	55%	43	61%	21	64%	49	70%		
Yoga	45	101	31	69%	62	61%	32	71%	74	73%		
Other	26	38	16	62%	20	53%	17	65%	21	55%		

^{*}NA (Not Asked in 2011)

^{**}Dietary/Nutritional Supplements modality in 2015 equates to the Diet-Special and Diet Therapy modalities from 2011's report.

^{***}Mindfulness in 2011 includes Transcendental and Mantram Repetition. For 2015, Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation." "Mindfulness" and "Other Meditations" are combined for comparison purposes.

Grouped by Mental Health Reasons/Conditions (cont.)

Table A.3.

Substance Abuse Disorder excluding tobacco dependence

			(exclud	ing tobac	co depen	dence)
	2011	2015	20 ⁻	11	20 ⁻	15
	n=	n=	Count	%	Count	%
Acupressure	28	32	5	18%	9	28%
Acupuncture	80	113	10	13%	22	19%
Animal Assisted Therapy	70	79	24	34%	23	29%
Aromatherapy	26	60	3	12%	19	32%
Art Therapy*	NA	83	NA	NA	38	46%
Biofeedback	75	80	20	27%	21	26%
Chiropractic*	NA	118	NA	NA	3	3%
Dietary/Nutritional Supplements**	82	44	12	15%	10	23%
Energy Healing	20	40	1	5%	11	28%
Guided Imagery	85	97	36	42%	51	53%
Herbal Medicines	10	9	3	30%	0	0%
Hypnosis/Hypnotherapy	45	40	15	33%	11	28%
Massage Therapy	49	52	5	10%	9	17%
Mindfulness/Other Meditations ***	107	153	53	50%	59	39%
Movement Practices	19	30	2	11%	9	30%
Music Therapy	64	74	19	30%	25	34%
Native American Healing Practices	16	21	3	19%	11	52%
Other Creative Arts Therapy*	NA	59	NA	NA	26	44%
Progressive Muscle Relaxation Therapy	78	85	33	42%	35	41%
Special Diets*	NA	54	NA	NA	4	7%
Stress Management, Relaxation Therapy	96	113	42	44%	58	51%
Sweat Lodge	15	18	7	47%	9	50%
Tai chi, Qi gong	33	70	8	24%	29	41%
Yoga	45	101	14	31%	41	41%
Other	26	38	15	58%	15	39%

^{*}NA (Not Asked in 2011)

^{**}Dietary/Nutritional Supplements modality in 2015 equates to the Diet-Special and Diet Therapy modalities from 2011's report.

^{***}Mindfulness in 2011 includes Transcendental and Mantram Repetition. For 2015, Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation." "Mindfulness" and "Other Meditations" are combined for comparison purposes.

Grouped by Pain Management Reasons/Conditions

Table A.4.		Joint (non-infe		Pain in	oskeletal cluding ritis*	Periope Pain (a	
	2015 n=	Count	%	Count	%	Count	%
Acupressure	32	26	81%	29	91%	7	22%
Acupuncture	113	90	80%	101	89%	19	17%
Animal Assisted Therapy	79	10	13%	15	19%	5	6%
Aromatherapy	60	17	28%	20	33%	7	12%
Art Therapy	83	11	13%	17	20%	4	5%
Biofeedback	80	33	41%	43	54%	10	13%
Chiropractic	118	88	75%	101	86%	13	11%
Dietary/Nutritional Supplements**	44	14	32%	17	39%	2	5%
Energy Healing	40	20	50%	23	58%	6	15%
Guided Imagery	97	35	36%	37	38%	12	12%
Herbal Medicines	9	1	11%	2	22%	0	0%
Hypnosis/Hypnotherapy	40	12	30%	15	38%	4	10%
Massage Therapy	52	33	63%	45	87%	10	19%
Mindfulness/Other Meditations***	153	45	29%	53	35%	14	9%
Movement Practices	30	16	53%	19	63%	5	17%
Music Therapy	74	18	24%	22	30%	7	9%
Native American Healing Practices	21	4	19%	5	24%	2	10%
Other Creative Arts Therapy	59	12	20%	15	25%	5	8%
Progressive Muscle Relaxation Therapy	85	53	62%	57	67%	10	12%
Special Diets	54	18	33%	21	39%	3	6%
Stress Management, Relaxation Therapy	113	52	46%	57	50%	17	15%
Sweat Lodge	18	3	17%	3	17%	1	6%
Tai chi, Qi gong	70	36	51%	40	57%	11	16%
Yoga	101	56	55%	57	56%	10	10%
Other	38	20	53%	18	47%	10	26%

^{*}NA (Not Asked in 2011)

^{**}Dietary/Nutritional Supplements modality in 2015 equates to the Diet-Special and Diet Therapy modalities from 2011's report.

^{***}Mindfulness in 2011 includes Transcendental and Mantram Repetition. For 2015, Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation." "Mindfulness" and "Other Meditations" are combined for comparison purposes.

Grouped by Pain Management Reasons/Conditions (cont.)

Table A.5.				Back	Pain			Head	lache	
	2011	2015	20	11	20	15	20	11	20	15
	n=	n=	Count	%	Count	%	Count	%	Count	%
Acupressure	28	32	22	79%	29	91%	17	61%	25	91%
Acupuncture	80	113	71	89%	102	90%	51	64%	76	90%
Animal Assisted Therapy	70	79	22	31%	12	15%	17	24%	10	15%
Aromatherapy	26	60	9	35%	16	27%	8	31%	16	27%
Art Therapy*	NA	83	NA	NA	11	13%	NA	NA	8	13%
Biofeedback	75	80	43	57%	44	55%	37	49%	43	55%
Chiropractic*	NA	118	NA	NA	113	96%	NA	NA	58	96%
Dietary/Nutritional Supplements**	82	44	10	12%	11	25%	11	13%	13	25%
Energy Healing	20	40	7	35%	24	60%	5	25%	19	48%
Guided Imagery	85	97	46	54%	45	46%	47	55%	38	46%
Herbal Medicines	10	9	3	30%	1	11%	3	30%	2	11%
Hypnosis/Hypnotherapy	45	40	20	44%	17	43%	20	44%	15	43%
Massage Therapy	49	52	39	80%	44	85%	21	43%	32	85%
Mindfulness Other Meditations ***	107	153	48	45%	57	37%	45	42%	50	37%
Movement Practices	19	30	14	74%	16	53%	12	63%	14	53%
Music Therapy	64	74	15	23%	19	26%	11	17%	16	26%
Native American Healing Practices	16	21	3	19%	4	19%	3	19%	4	19%
Other Creative Arts Therapy*	NA	59	NA	NA	15	25%	NA	NA	11	25%
Progressive Muscle Relaxation Therapy	78	85	43	55%	56	66%	37	47%	47	66%
Special Diets*	NA	54	NA	NA	16	30%	NA	NA	16	30%
Stress Management, Relaxation Therapy	96	113	44	46%	57	50%	47	49%	51	50%
Sweat Lodge	15	18	3	20%	3	17%	2	13%	4	17%
Tai chi, Qi gong	33	70	7	21%	36	51%	6	18%	29	51%
Yoga	45	101	22	49%	57	56%	16	36%	38	56%
Other	26	38	15	58%	19	50%	14	54%	12	50%
*NA (Not Asked in 2011)										

^{*}NA (Not Asked in 2011)

^{**}Dietary/Nutritional Supplements modality in 2015 equates to the Diet-Special and Diet Therapy modalities from 2011's report.

^{***}Mindfulness in 2011 includes Transcendental and Mantram Repetition. For 2015, Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation." "Mindfulness" and "Other Meditations" are combined for comparison purposes.

Grouped by Pain Management Reasons/Conditions (cont.)

Table A.6. Fibromyalgia

					, ,	
	2011	2015	201		201	
	n=	n=	Count	%	Count	%
Acupressure	28	32	17	61%	17	78%
Acupuncture	80	113	50	63%	69	67%
Animal Assisted Therapy	70	79	18	26%	11	13%
Aromatherapy	26	60	7	27%	14	27%
Art Therapy*	NA	83	NA	NA	10	10%
Biofeedback	75	80	33	44%	32	54%
Chiropractic*	NA	118	NA	NA	38	49%
Dietary/Nutritional Supplements**	82	44	10	12%	10	30%
Energy Healing	20	40	5	25%	19	48%
Guided Imagery	85	97	37	44%	33	39%
Herbal Medicines	10	9	2	20%	0	22%
Hypnosis/Hypnotherapy	45	40	17	38%	13	38%
Massage Therapy	49	52	25	51%	31	62%
Mindfulness Other Meditations ***	107	153	39	36%	41	33%
Movement Practices	19	30	9	47%	14	47%
Music Therapy	64	74	6	9%	19	22%
Native American Healing Practices	16	21	3	19%	2	19%
Other Creative Arts Therapy*	NA	59	NA	NA	12	19%
Progressive Muscle Relaxation Therapy	78	85	35	45%	44	55%
Special Diets*	NA	54	NA	NA	21	30%
Stress Management, Relaxation Therapy	96	113	37	39%	49	45%
Sweat Lodge	15	18	3	20%	1	22%
Tai chi, Qi gong	33	70	7	21%	34	41%
Yoga	45	101	16	36%	46	38%
Other	26	38	14	54%	14	32%

^{*}NA (Not Asked in 2011)

^{**}Dietary/Nutritional Supplements modality in 2015 equates to the Diet-Special and Diet Therapy modalities from 2011's report.

^{***}Mindfulness in 2011 includes Transcendental and Mantram Repetition. For 2015, Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation." "Mindfulness" and "Other Meditations" are combined for comparison purposes.

Grouped by Chronic Disease Management Reasons/Conditions

Table A.7.			Canc	er Relat	ed Sym	ptoms	(Chronic	Fatigue	•
	2011	2015		11	20	_	20		20	
	n=	n=	Count	%	Count	%	Count	%	Count	%
Acupressure	28	32	4	14%	4	13%	5	18%	7	22%
Acupuncture	80	113	6	8%	24	21%	13	16%	23	20%
Animal Assisted Therapy	70	79	21	30%	19	24%	16	23%	10	13%
Aromatherapy	26	60	9	35%	20	33%	6	23%	9	15%
Art Therapy*	NA	83	NA	NA	12	14%	NA	NA	7	8%
Biofeedback	75	80	8	11%	12	15%	11	15%	16	20%
Chiropractic*	NA	118	NA	NA	4	3%	NA	NA	8	7%
Dietary/Nutritional Supplements**	82	44	40	49%	15	34%	25	30%	15	34%
Energy Healing	20	40	6	30%	15	38%	4	20%	12	30%
Guided Imagery	85	97	21	25%	22	23%	23	27%	22	23%
Herbal Medicines	10	9	4	40%	1	11%	3	30%	1	11%
Hypnosis/Hypnotherapy	45	40	5	11%	4	10%	3	7%	5	13%
Massage Therapy	49	52	12	24%	10	19%	9	18%	14	27%
Mindfulness/Other Meditations***	107	153	23	21%	29	19%	28	26%	40	26%
Movement Practices	19	30	2	11%	4	13%	2	11%	12	40%
Music Therapy	64	74	17	27%	17	23%	13	20%	17	23%
Native American Healing Practices	16	21	3	19%	3	14%	3	19%	0	0%
Other Creative Arts Therapy*	NA	59	NA	NA	7	12%	NA	NA	9	15%
Progressive Muscle Relaxation Therapy	78	85	8	10%	13	15%	19	24%	29	34%
Special Diets*	NA	54	NA	NA	23	43%	NA	NA	17	31%
Stress Management, Relaxation Therapy	96	113	15	16%	25	22%	21	22%	29	26%
Sweat Lodge	15	18	3	20%	3	17%	3	20%	1	6%
Tai chi, Qi gong	33	70	2	6%	10	14%	6	18%	23	33%
Yoga	45	101	6	13%	13	13%	7	16%	32	32%
Other	26	38	13	50%	9	24%	14	54%	6	16%
*NIA (Night Agreed in 2011)										

^{*}NA (Not Asked in 2011)

^{**}Dietary/Nutritional Supplements modality in 2015 equates to the Diet-Special and Diet Therapy modalities from 2011's report.

^{***}Mindfulness in 2011 includes Transcendental and Mantram Repetition. For 2015, Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation." "Mindfulness" and "Other Meditations" are combined for comparison purposes.

Grouped by Chronic Disease Management Reasons/Conditions (cont.)

Acupressure	Table A.8.				Coronary	/ Disease		Gastrointestinal Disorders*		
Acupressure 28 32 2 7% 2 6% 3 9% Acupuncture 80 113 3 4% 8 7% 15 13% Animal Assisted Therapy 70 79 11 16% 7 9% 6 8% Aromatherapy 26 60 7 27% 7 12% 9 15% Art Therapy* NA 83 NA NA 7 8% 7 8% Biofeedback 75 80 4 5% 8 10% 9 11% Chiropractic* NA 118 NA NA 2 2% 2 2% Dietary/Nutritional Supplements*** 82 44 43 52% 17 39% 28 64% Energy Healing 20 40 2 1% 6 15% 8 20% Guided Imagery 85 97 14 16% 10		2011	2015	_				_	-	
Acupuncture 80 113 3 4% 8 7% 15 13% Animal Assisted Therapy 70 79 11 16% 7 9% 6 8% Aromatherapy 26 60 7 27% 7 12% 9 15% Art Therapy* NA 83 NA NA 7 8% 7 8% Biofeedback 75 80 4 5% 8 10% 9 11% Chiropractic* NA 118 NA NA 2 2% 2 2% Dietary/Nutritional Supplements*** 82 44 43 52% 17 39% 28 64% Energy Healing 20 40 2 1% 6 15% 8 20% Guided Imagery 85 97 14 16% 10 10% 16 16% Herbal Medicines 10 9 2 20%										
Animal Assisted Therapy 70 79 11 16% 7 9% 6 8% Aromatherapy 26 60 7 27% 7 12% 9 15% Art Therapy* NA 83 NA NA 7 8% 7 8% Biofeedback 75 80 4 5% 8 10% 9 11% Chiropractic* NA 118 NA NA 2 2% 2 2% Dietary/Nutritional Supplements** 82 44 43 52% 17 39% 28 64% Energy Healing 20 40 2 1% 6 15% 8 20% Guided Imagery 85 97 14 16% 10 10% 16 16% Herbal Medicines 10 9 2 20% 0 0% 1 11% Hypnosis/Hypnotherapy 45 40 3 7% 2 5% 3 8% Massage Therapy 49 52 4 8% 7 13% 3 6% Mindfulness Other Meditations *** 107 153 12 11% 11 7% 19 12% Movement Practices 19 30 2 11% 4 13% 6 20% Music Therapy 64 74 7 11% 9 12% 8 11% Native American Healing Practices 016 21 3 19% 1 5% 0 0% Other Creative Arts Therapy* Progressive Muscle Relaxation Therapy 86 113 10 10% 19 17% 21 19% Stress Management, Relaxation Therapy 96 113 10 10% 19 17% 21 19%	•									
Aromatherapy 26 60 7 27% 7 12% 9 15% Art Therapy* NA 83 NA NA 7 8% 7 8% Biofeedback 75 80 4 5% 8 10% 9 11% Chiropractic* NA 118 NA NA 2 2% 2 2% Dietary/Nutritional Supplements*** 82 44 43 52% 17 39% 28 64% Dietary/Nutritional Supplements*** 82 44 43 52% 17 39% 28 64% Energy Healing 20 40 2 1% 6 15% 8 20% Guided Imagery 85 97 14 16% 10 10% 16 16% Herbal Medicines 10 9 2 20% 0 0% 1 11% Hypnosis/Hypnotherapy 45 40 3	•			_		-				
Art Therapy* NA 83 NA NA 7 8% 7 8% Biofeedback 75 80 4 5% 8 10% 9 11% Chiropractic* NA 118 NA NA 2 2% 2 2% 2 2% Dietary/Nutritional Supplements** Energy Healing 20 40 2 1% 6 15% 8 20% Guided Imagery 85 97 14 16% 10 10% 16 16% Herbal Medicines 10 9 2 20% 0 0% 1 11% Hypnosis/Hypnotherapy 45 40 3 7% 2 5% 3 8% Massage Therapy 49 52 4 8% 7 13% 3 6% Mindfulness Other Meditations **** Movement Practices 19 30 2 11% 4 13% 6 20% Music Therapy 64 74 7 11% 9 12% 8 11% Native American Healing Practices Other Creative Arts Therapy* Progressive Muscle Relaxation Therapy 86 113 10 10% 19 17% 21 19% Stress Management, Relaxation Therapy 96 113 10 10% 19 17% 21 19%		70	79	11	16%	7	9%	6	8%	
Biofeedback 75 80 4 5% 8 10% 9 11% Chiropractic* NA 118 NA NA 2 2% 2 2% Dietary/Nutritional Supplements** 82 44 43 52% 17 39% 28 64% Energy Healing 20 40 2 1% 6 15% 8 20% Guided Imagery 85 97 14 16% 10 10% 16 16% Herbal Medicines 10 9 2 20% 0 0% 1 11% Hypnosis/Hypnotherapy 45 40 3 7% 2 5% 3 8% Massage Therapy 49 52 4 8% 7 13% 3 6% Mindfulness Other Meditations **** 107 153 12 11% 1 7% 19 12% Movement Practices 19 30 2 <td></td> <td>26</td> <td>60</td> <td>7</td> <td>27%</td> <td>7</td> <td>12%</td> <td>9</td> <td>15%</td>		26	60	7	27%	7	12%	9	15%	
Chiropractic* NA 118 NA NA 2 2% 2 2% Dietary/Nutritional Supplements** 82 44 43 52% 17 39% 28 64% Energy Healing 20 40 2 1% 6 15% 8 20% Guided Imagery 85 97 14 16% 10 10% 16 16% Herbal Medicines 10 9 2 20% 0 0% 1 11% Hypnosis/Hypnotherapy 45 40 3 7% 2 5% 3 8% Massage Therapy 49 52 4 8% 7 13% 3 6% Mindfulness Other Meditations **** 107 153 12 11% 11 7% 19 12% Movement Practices 19 30 2 11% 4 13% 6 20% Music Therapy 64 74	· ·	NA	83	NA	NA	7	8%	7	8%	
Dietary/Nutritional Supplements** 82 44 43 52% 17 39% 28 64% Energy Healing 20 40 2 1% 6 15% 8 20% Guided Imagery 85 97 14 16% 10 10% 16 16% Herbal Medicines 10 9 2 20% 0 0% 1 11% Hypnosis/Hypnotherapy 45 40 3 7% 2 5% 3 8% Massage Therapy 49 52 4 8% 7 13% 3 6% Mindfulness Other Meditations **** 107 153 12 11% 11 7% 19 12% Movement Practices 19 30 2 11% 4 13% 6 20% Music Therapy 64 74 7 11% 9 12% 8 11% Native American Healing Practices 16 <td< td=""><td>Biofeedback</td><td>75</td><td>80</td><td>4</td><td>5%</td><td>8</td><td>10%</td><td>9</td><td>11%</td></td<>	Biofeedback	75	80	4	5%	8	10%	9	11%	
Supplements** 82 44 43 52% 17 39% 28 64% Energy Healing 20 40 2 1% 6 15% 8 20% Guided Imagery 85 97 14 16% 10 10% 16 16% Herbal Medicines 10 9 2 20% 0 0% 1 11% Hypnosis/Hypnotherapy 45 40 3 7% 2 5% 3 8% Mysnosis/Hypnotherapy 45 40 3 7% 2 5% 3 8% Massage Therapy 49 52 4 8% 7 13% 3 6% Mindfulness Other Meditations **** 107 153 12 11% 11 7% 19 12% Movement Practices 19 30 2 11% 4 13% 6 20% Music Therapy 64 74 7	Chiropractic*	NA	118	NA	NA	2	2%	2	2%	
Guided Imagery 85 97 14 16% 10 10% 16 16% Herbal Medicines 10 9 2 20% 0 0% 1 11% Hypnosis/Hypnotherapy 45 40 3 7% 2 5% 3 8% Massage Therapy 49 52 4 8% 7 13% 3 6% Mindfulness Other Meditations **** 107 153 12 11% 11 7% 19 12% Movement Practices 19 30 2 11% 4 13% 6 20% Music Therapy 64 74 7 11% 9 12% 8 11% Native American Healing Practices 16 21 3 19% 1 5% 0 0% Other Creative Arts Therapy* NA 59 NA NA 5 8% 8 14% Progressive Muscle Relaxation Therapy 78 <td></td> <td>82</td> <td>44</td> <td>43</td> <td>52%</td> <td>17</td> <td>39%</td> <td>28</td> <td>64%</td>		82	44	43	52%	17	39%	28	64%	
Herbal Medicines 10 9 2 20% 0 0% 1 11% Hypnosis/Hypnotherapy 45 40 3 7% 2 5% 3 8% Massage Therapy 49 52 4 8% 7 13% 3 6% Mindfulness Other Meditations *** 107 153 12 11% 11 7% 19 12% Movement Practices 19 30 2 11% 4 13% 6 20% Music Therapy 64 74 7 11% 9 12% 8 11% Native American Healing Practices 16 21 3 19% 1 5% 0 0% Other Creative Arts Therapy* NA 59 NA NA 5 8% 8 14% Progressive Muscle Relaxation Therapy 78 85 7 9% 12 14% 13 15% Stress Management, Relaxation Therapy <td>Energy Healing</td> <td>20</td> <td>40</td> <td>2</td> <td>1%</td> <td>6</td> <td>15%</td> <td>8</td> <td>20%</td>	Energy Healing	20	40	2	1%	6	15%	8	20%	
Hypnosis/Hypnotherapy 45 40 3 7% 2 5% 3 8% Massage Therapy 49 52 4 8% 7 13% 3 6% Mindfulness Other Meditations **** 107 153 12 11% 11 7% 19 12% Movement Practices 19 30 2 11% 4 13% 6 20% Music Therapy 64 74 7 11% 9 12% 8 11% Native American Healing Practices 16 21 3 19% 1 5% 0 0% Other Creative Arts Therapy* NA 59 NA NA 5 8% 8 14% Progressive Muscle Relaxation Therapy 78 85 7 9% 12 14% 13 15% Stress Management, Relaxation Therapy 96 113 10 10% 19 17% 21 19%	Guided Imagery	85	97	14	16%	10	10%	16	16%	
Massage Therapy 49 52 4 8% 7 13% 3 6% Mindfulness Other Meditations *** 107 153 12 11% 11 7% 19 12% Movement Practices 19 30 2 11% 4 13% 6 20% Music Therapy 64 74 7 11% 9 12% 8 11% Native American Healing Practices 16 21 3 19% 1 5% 0 0% Other Creative Arts Therapy* NA 59 NA NA 5 8% 8 14% Progressive Muscle Relaxation Therapy 78 85 7 9% 12 14% 13 15% Special Diets* NA 54 NA NA 28 52% 40 74% Stress Management, Relaxation Therapy 96 113 10 10% 19 17% 21 19%	Herbal Medicines	10	9	2	20%	0	0%	1	11%	
Mindfulness Other Meditations **** 107 153 12 11% 11 7% 19 12% Movement Practices 19 30 2 11% 4 13% 6 20% Music Therapy 64 74 7 11% 9 12% 8 11% Native American Healing Practices 16 21 3 19% 1 5% 0 0% Other Creative Arts Therapy* NA 59 NA NA 5 8% 8 14% Progressive Muscle Relaxation Therapy 78 85 7 9% 12 14% 13 15% Stress Management, Relaxation Therapy 96 113 10 10% 19 17% 21 19%	Hypnosis/Hypnotherapy	45	40	3	7%	2	5%	3	8%	
Meditations *** 107 153 12 11% 11 7% 19 12% Movement Practices 19 30 2 11% 4 13% 6 20% Music Therapy 64 74 7 11% 9 12% 8 11% Native American Healing Practices 16 21 3 19% 1 5% 0 0% Other Creative Arts Therapy* NA 59 NA NA 5 8% 8 14% Progressive Muscle Relaxation Therapy 78 85 7 9% 12 14% 13 15% Special Diets* NA 54 NA NA 28 52% 40 74% Stress Management, Relaxation Therapy 96 113 10 10% 19 17% 21 19%	Massage Therapy	49	52	4	8%	7	13%	3	6%	
Music Therapy 64 74 7 11% 9 12% 8 11% Native American Healing Practices 16 21 3 19% 1 5% 0 0% Other Creative Arts Therapy* NA 59 NA NA 5 8% 8 14% Progressive Muscle Relaxation Therapy 78 85 7 9% 12 14% 13 15% Special Diets* NA 54 NA NA 28 52% 40 74% Stress Management, Relaxation Therapy 96 113 10 10% 19 17% 21 19%		107	153	12	11%	11	7%	19	12%	
Native American Healing Practices 16 21 3 19% 1 5% 0 0% Other Creative Arts Therapy* NA 59 NA NA 5 8% 8 14% Progressive Muscle Relaxation Therapy 78 85 7 9% 12 14% 13 15% Special Diets* NA 54 NA NA 28 52% 40 74% Stress Management, Relaxation Therapy 96 113 10 10% 19 17% 21 19%	Movement Practices	19	30	2	11%	4	13%	6	20%	
Practices 16 21 3 19% 1 5% 0 0% Other Creative Arts Therapy* NA 59 NA NA 5 8% 8 14% Progressive Muscle Relaxation Therapy 78 85 7 9% 12 14% 13 15% Special Diets* NA 54 NA NA 28 52% 40 74% Stress Management, Relaxation Therapy 96 113 10 10% 19 17% 21 19%	Music Therapy	64	74	7	11%	9	12%	8	11%	
Therapy* NA 59 NA NA 5 8% 8 14% Progressive Muscle Relaxation Therapy 78 85 7 9% 12 14% 13 15% Special Diets* NA 54 NA NA 28 52% 40 74% Stress Management, Relaxation Therapy 96 113 10 10% 19 17% 21 19%		16	21	3	19%	1	5%	0	0%	
Relaxation Therapy 78 85 7 9% 12 14% 13 15% Special Diets* NA 54 NA NA 28 52% 40 74% Stress Management, Relaxation Therapy 96 113 10 10% 19 17% 21 19%		NA	59	NA	NA	5	8%	8	14%	
Stress Management, Page 14 Stress Management, Relaxation Therapy 96 113 10 10% 19 17% 21 19%		78	85	7	9%	12	14%	13	15%	
Relaxation Therapy 90 113 10 10% 19 17% 21 19%	Special Diets*	NA	54	NA	NA	28	52%	40	74%	
Sweat Lodge 15 18 2 13% 1 6% 1 6%	Relaxation Therapy	96	113	10	10%	19	17%	21	19%	
		15	18	2	13%	1	6%	1	6%	
Tai chi, Qi gong 33 70 3 9% 9 13% 11 16%	Tai chi, Qi gong	33	70	3	9%	9	13%	11	16%	
Yoga 45 101 4 9% 14 14% 14 14%	_	45	101	4	9%	14	14%	14	14%	
Other 26 38 10 38% 5 13% 4 11%	Other	26	38	10	38%	5	13%	4	11%	

^{*}NA (Not Asked in 2011)

^{**}Dietary/Nutritional Supplements modality in 2015 equates to the Diet-Special and Diet Therapy modalities from 2011's report.

^{***}Mindfulness in 2011 includes Transcendental and Mantram Repetition. For 2015, Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation." "Mindfulness" and "Other Meditations" are combined for comparison purposes.

Grouped by Wellness Reasons/Conditions

Table A.9.				l Health/ Prevention	Optimizir and Wel	
	2011	2015	20	11	20	15
	n=	n=	Count	%	Count	%
Acupressure	28	32	6	21%	15	47%
Acupuncture	80	113	8	10%	37	33%
Animal Assisted Therapy	70	79	41	59%	47	59%
Aromatherapy	26	60	15	58%	39	65%
Art Therapy*	NA	83	NA	NA	53	64%
Biofeedback	75	80	19	25%	34	43%
Chiropractic*	NA	118	NA	NA	30	25%
Dietary/Nutritional Supplements**	82	44	55	67%	31	70%
Energy Healing	20	40	8	40%	25	62%
Guided Imagery	85	97	36	42%	56	58%
Herbal Medicines	10	9	5	50%	6	67%
Hypnosis/Hypnotherapy	45	40	13	29%	17	43%
Massage Therapy	49	52	11	22%	25	48%
Mindfulness/Other Meditations ***	107	153	43	40%	74	48%
Movement Practices	19	30	4	21%	22	73%
Music Therapy	64	74	34	53%	54	73%
Native American Healing Practices	16	21	10	63%	13	62%
Other Creative Arts Therapy*	NA	59	NA	NA	42	71%
Progressive Muscle Relaxation Therapy	78	85	33	42%	60	71%
Special Diets*	NA	54	NA	NA	44	81%
Stress Management, Relaxation Therapy	96	113	41	43%	79	70%
Sweat Lodge	15	18	10	67%	13	72%
Tai chi, Qi gong	33	70	22	67%	54	77%
Yoga	45	101	24	53%	75	74%
Other	26	38	11	42%	20	53%

^{*}NA (Not Asked in 2011)

^{**}Dietary/Nutritional Supplements combines Diet-special; Diet Therapy in 2011

^{***}Mindfulness in 2011 includes Transcendental and Mantram Repetition. For 2015, Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation." "Mindfulness" and "Other Meditations" are combined for comparison purposes.

Grouped by Miscellaneous Reasons/Conditions

Table A.10.					acco idence			Traumatic Brain Injury			
	2011	2015	20	11	20	15	20	11	20	15	
	n=	n=	Count	%	Count	%	Count	%	Count	%	
Acupressure	28	32	3	11%	4	13%	6	21%	8	25%	
Acupuncture	80	113	6	8%	14	12%	8	10%	24	21%	
Animal Assisted Therapy	70	79	4	6%	7	9%	16	21%	16	20%	
Aromatherapy	26	60	2	8%	9	15%	4	15%	17	28%	
Art Therapy*	NA	83	NA	NA	5	6%			17	20%	
Biofeedback	75	80	8	11%	14	18%	16	21%	14	18%	
Chiropractic*	NA	118	NA	NA	2	2%	NA	NA	7	6%	
Dietary/Nutritional Supplements**	82	44	6	7%	3	7%	6	7%	4	9%	
Energy Healing	20	40	1	5%	2	5%	2	10%	9	22%	
Guided Imagery	85	97	10	12%	18	19%	17	20%	18	19%	
Herbal Medicines	10	9	0	0%	0	0%	0	0%	0	0%	
Hypnosis/Hypnotherapy	45	40	15	33%	15	38%	2	4%	4	10%	
Massage Therapy	49	52	3	6%	3	6%	6	12%	8	15%	
Mindfulness Other Meditations ***	107	153	17	16%	29	19%	21	20%	23	15%	
Movement Practices	19	30	1	5%	3	10%	5	26%	7	23%	
Music Therapy	64	74	2	3%	5	7%	11	17%	13	18%	
Native American Healing Practices	16	21	3	19%	1	5%	2	13%	5	24%	
Other Creative Arts Therapy*	NA	59	NA	NA	4	7%	NA	NA	16	27%	
Progressive Muscle Relaxation Therapy	78	85	9	12%	13	15%	17	22%	18	21%	
Special Diets*	NA	54	NA	NA	4	7%	NA	NA	2	4%	
Stress Management, Relaxation Therapy	96	113	14	15%	32	28%	22	23%	33	29%	
Sweat Lodge	15	18	2	13%	2	11%	2	13%	3	17%	
Tai chi, Qi gong	33	70	3	9%	8	11%	7	21%	19	27%	
Yoga	45	101	5	11%	12	12%	10	22%	19	19%	
Other	26	38	4	15%	8	21%	10	38%	9	24%	

^{*}NA (Not Asked in 2011)

^{**}Dietary/Nutritional Supplements combines Diet-special; Diet Therapy in 2011

^{***}Mindfulness in 2011 includes Transcendental and Mantram Repetition. For 2015, Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation" "Mindfulness." and "Other Meditations" are combined for comparison purposes.

Grouped by Miscellaneous Reasons/Conditions (cont.)

Table A.11.		Slee Disord		Other*		
	2015 n=	Count	%	Count	%	
Acupressure	32	10	31%	3	9%	
Acupuncture	113	21	19%	5	4%	
Animal Assisted Therapy	79	10	13%	11	14%	
Aromatherapy	60	26	43%	12	20%	
Art Therapy	83	12	14%	12	14%	
Biofeedback	80	22	28%	2	3%	
Chiropractic	118	8	7%	3	3%	
Dietary/Nutritional Supplements**	44	11	25%	4	9%	
Energy Healing	40	16	40%	6	15%	
Guided Imagery	97	43	44%	7	7%	
Herbal Medicines	9	2	22%	1	11%	
Hypnosis/Hypnotherapy	40	13	33%	2	5%	
Massage Therapy	52	17	33%	5	10%	
Mindfulness/Other Meditations***	153	56	37%	8	5%	
Movement Practices	30	5	17%	4	13%	
Music Therapy	74	12	16%	11	15%	
Native American Healing Practices	21	3	14%	6	29%	
Other Creative Arts Therapy	59	9	15%	10	17%	
Progressive Muscle Relaxation Therapy	85	47	55%	2	2%	
Special Diets	54	11	20%	8	15%	
Stress Management, Relaxation Therapy	113	62	55%	6	5%	
Sweat Lodge	18	3	17%	4	22%	
Tai chi, Qi gong	70	19	27%	13	19%	
Yoga	101	32	32%	10	10%	
Other	38	11	29%	7	18%	

^{*}NA (Not Asked in 2011)

^{**}Dietary/Nutritional Supplements combines Diet-special; Diet Therapy in 2011

^{***}Mindfulness in 2011 includes Transcendental and Mantram Repetition. For 2015, Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation." "Mindfulness" and "Other Meditations" are combined for comparison purposes.

Appendix B

References

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Appendix C

	Appendix C										
	2002, 2011 & 2014 Modality Comparison Provided at VA		Acupressure		Acupuncture			Animal Assisted Therapy			
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Bedford, MA	518									
	Boston HCS-Boston	523		Х		Χ	Χ	X		Χ	
1	Central Western Massachusetts HCS	631						Х		Χ	X
	Connecticut HCS-West Haven	689	Χ	X		Х	Х	Х	Х	Х	Х
	Maine VA HCS	402						Х			X
	Manchester, NH	608								Х	
	Providence, RI	650									
1	White River Junction, VT	405						X		Х	
	TOTALS		1	2	0	2	2	5	1	5	3
	Albany, NY	528A8									X
	Bath, NY	528A6						X			X
	Canandaigua, NY	528A5		Χ			Χ	Х		Χ	X
	Syracuse, NY	528A7					Х	X		Х	Х
2	Western New York HCS	528						Х			Х
	TOTALS		0	1	0	0	2	4	0	2	5
	Bronx, NY	526			X	Χ	Χ	X		Χ	
	Hudson Valley HCS-Montrose	620		Х	Х	Χ	Χ	Х			Х
	New Jersey HCS-East Orange	561				Χ	Χ	X		Χ	X
	New York Harbor HCS-New York	630				Χ	Χ	X			X
3	Northport, NY	632		Χ				X			X
	TOTALS		0	2	2	4	4	5	0	2	4
	Altoona, PA	503									
	Butler, PA	529				ļ			ļ		X
4	Clarksburg, WV	540								.,	
	Coatesville, PA	542		.,				7.7		X	
	Erie, PA	562		Х			Х	Х		Х	7.7
4	Lebanon, PA	595				<u>,,</u>		,,,			X
	Philadelphia, PA	642				Х	X	X		X	X
	Pittsburgh HCS-Univ Dr	646				ļ	Х	X		X	
	Wilkes-Barre, PA	693						X		Χ	
4	Wilmington, DE	460		_	_		_	X		_	_
	TOTALS	040	0	1	0	1	3	5	0	5	3
	Martinsburg, WV	613		X	V	.	\/	V	.	X	Х
	Maryland HCS-Baltimore	512		Х	X		X	X	.	X	
5	Washington, DC	688			X	X	X	X		X	4
	TOTALS		0	2	2	1	2	2	0	3	1
	Asheville, NC	637				-		Х	-		Х
	Beckley, WV Durham, NC	517				-		v	-		v
		558				V		Х	-		Х
	Fayetteville, NC	565				Х			-		
	Hampton, VA	590						~	-		V
	Richmond, VA	652				Х	Х	X	-	X	Х
6	Salem, VA	658				 	Χ	X	-	X	
6	Salisbury, NC	659	0	0	0	2	A	4	0	X	2
	TOTALS		0	0	0	2	1	4	0	3	3

Appendix C

	Appendix C									
	2002, 2011 & 2014 Modality Comparison Provided at VA		Aromatherapy			Art Therapy	Biofeedback			
VISN	LOCATION	Sta No	02	11	14	2014	02	11	14	
1	Bedford, MA	518	02	- ' '	X	X	02	X	X	
1	Boston HCS-Boston	523			X	X	Х	X	X	
1	Central Western Massachusetts HCS	631					X	X		
1	Connecticut HCS-West Haven	689			Х	Х	X			
	Maine VA HCS	402			X			Х		
	Manchester, NH	608		Х	X	Х		X		
1	Providence, RI	650					Х			
1	White River Junction, VT	405				Х	X	Х		
	TOTALS	700	0	1	5	5	5	6	2	
2	Albany, NY	528A8	•	•			X		_	
2	Bath, NY	528A6				Х			Х	
2	Canandaigua, NY	528A5			Х	X		Х		
2	Syracuse, NY	528A7	Χ		X	X		X	Χ	
2	Western New York HCS	528							X	
_	TOTALS	020	1	0	2	3	1	2	3	
3	Bronx, NY	526	•		X	X	X	_	X	
3	Hudson Valley HCS-Montrose	620			X	X	- / (X	
3	New Jersey HCS-East Orange	561	Х	Х	X	X	Х	Х	X	
3	New York Harbor HCS-New York	630			X	X		X		
3	Northport, NY	632			X	Х	Х	X	Х	
	TOTALS	002	1	1	5	4	3	3	4	
4	Altoona, PA	503	-	-		-			-	
4	Butler, PA	529			Х	Χ				
4	Clarksburg, WV	540								
4	Coatesville, PA	542		Х	Х	Х	Х	Х	Х	
4	Erie, PA	562		Х		Х				
4	Lebanon, PA	595			Х	Х	Х		Х	
4	Philadelphia, PA	642			Х	Х				
4	Pittsburgh HCS-Univ Dr	646				Х	Х	Х		
4	Wilkes-Barre, PA	693								
4	Wilmington, DE	460				X	Х			
	TOTALS		0	2	4	7	4	2	2	
5	Martinsburg, WV	613		Х		Х			Х	
5	Maryland HCS-Baltimore	512		Х				Х	Х	
5	Washington, DC	688			Х	Χ		Х	Х	
	TOTALS		0	2	1	2	0	2	3	
6	Asheville, NC	637			Х	Χ	Х			
6	Beckley, WV	517								
6	Durham, NC	558				Χ			Х	
6	Fayetteville, NC	565								
6	Hampton, VA	590			Х	Χ	Χ	Х	Х	
6	Richmond, VA	652				Х	Х		Х	
6	Salem, VA	658				Χ	Χ	Х	Х	
6	Salisbury, NC	659					Χ	Х		
	TOTALS		0	0	2	5	5	3	4	

Appendix C

	Appendix C									
	2002, 2011 & 2014 Modality Comparison Provided at VA		Chiropractic	Dietary/ Nutritional Supplements			Energy Healing			
VISN	LOCATION	Sta No	2014	02	11	14	02	11	14	
1	Bedford, MA	518				Х				
1	Boston HCS-Boston	523			Х				Х	
1	Central Western Massachusetts HCS	631								
1	Connecticut HCS-West Haven	689	Χ		Х	Х				
1	Maine VA HCS	402	Х	Х				Х		
1	Manchester, NH	608							Х	
1	Providence, RI	650								
1	White River Junction, VT	405			Х			Х		
	TOTALS		2	1	3		0	2	2	
2	Albany, NY	528A8	_							
2	Bath, NY	528A6	X				 			
2	Canandaigua, NY	528A5	X				Х	Х		
2	Syracuse, NY	528A7	X		Χ	Х			Х	
2	Western New York HCS	528	X							
	TOTALS	520	4	0	1	1	1	1	1	
3	Bronx, NY	526	X		•	•	•	•	X	
3	Hudson Valley HCS-Montrose	620	Λ						X	
3	New Jersey HCS-East Orange	561				Х		Х	X	
3	New York Harbor HCS-New York	630							X	
3	Northport, NY	632				Х			X	
	TOTALS		1	0	0	2	0	1	5	
4	Altoona, PA	503	ı	X	U		U	-	3	
4	Butler, PA	529	Х	^		Х				
4	Clarksburg, WV	540	^							
4	Coatesville, PA	542			~					
		562			X	Х				
4	Erie, PA				^	^				
	Lebanon, PA	595								
4	Philadelphia, PA	642	V		Х				Х	
4	Pittsburgh HCS-Univ Dr	646	X						^	
4	Wilkes-Barre, PA	693			Х	~				
4	Wilmington, DE	460	•	4		X	_	_	4	
-	TOTALS		2	1	4 X	3 X	0	0	1	
5	Martinsburg, WV	613	X			Α	-	-	X	
5	Maryland HCS-Baltimore	512			X	V	.	ļ	X	
5	Washington, DC	688			X	X			X	
_	TOTALS		1	0	3	2	0	0	3	
6	Asheville, NC	637					.	.	Х	
6	Beckley, WV	517				V				
6	Durham, NC	558				Х	.	.		
6	Fayetteville, NC	565			Х					
6	Hampton, VA	590				7.				
6	Richmond, VA	652		Х		Х				
6	Salem, VA	658								
6	Salisbury, NC	659			X					
	TOTALS		0	1	2	2	0	0	1	

	Appendix 6					1		-			
	2002, 2011 & 2014 Modality Comparison Provided at VA		Guid	led Ima	igery	Herb	al Med	icines		lypnosi onother	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Bedford, MA	518	X		X				- 02	X	
	Boston HCS-Boston	523	X	Χ	X				Х		
1	Central Western Massachusetts HCS	631	X		X				X		Х
1	Connecticut HCS-West Haven	689	X	Х	X					Х	
	Maine VA HCS	402			X						
	Manchester, NH	608	Х	Х	X	1					
	Providence, RI	650		X							
	White River Junction, VT	405		X						Х	
-	TOTALS	700	5	5	6	0	0	0	2	3	1
2	Albany, NY	528A8	X	X	X	U	U	J		3	
2	Bath, NY	528A6	^	_^	X		 			 	
2	Canandaigua, NY	528A5		Х							
2	Syracuse, NY	528A7	Х	X	Х	-	 			Х	
2	Western New York HCS	526A7 528	^	^	X					^	
	TOTALS		2	3	4	0	0	0	0	1	0
2						U	U	U	U	1	U
3	Bronx, NY Hudson Valley HCS-Montrose	526 620		X	X					V	
										Х	
	New Jersey HCS-East Orange	561		X	Х						
3	New York Harbor HCS-New York	630	X	X	V					Χ	X
3	Northport, NY	632	X	X	X				•		Х
	TOTALS		2	5	4	0	0	0	0	2	2
4	Altoona, PA	503									
4	Butler, PA	529									
4	Clarksburg, WV	540									
4	Coatesville, PA	542	Χ		Х				Χ	Х	X
4	Erie, PA	562		Χ	Х					Χ	
4	Lebanon, PA	595	Χ		X				Χ		Х
4	Philadelphia, PA	642		Χ	Х						
	Pittsburgh HCS-Univ Dr	646	Χ	Χ	Χ				Χ		
	Wilkes-Barre, PA	693		Χ							
4	Wilmington, DE	460		Х					Χ		Х
	TOTALS		3	5	5	0	0	0	4	2	3
	Martinsburg, WV	613		Χ	Х						Х
	Maryland HCS-Baltimore	512			X			X		X	
5	Washington, DC	688			Χ						Х
	TOTALS		0	1	3	0	0	1	0	1	2
	Asheville, NC	637			Х						
6	Beckley, WV	517									
6	Durham, NC	558		Х	X		Х	Х	Х	Х	
6	Fayetteville, NC	565		Х							
6	Hampton, VA	590		Х	Х				Х	Х	Х
6	Richmond, VA	652	Χ		Х				Х		
6	Salem, VA	658	Х	Х	Х	Х			Х	Х	Х
6	Salisbury, NC	659	Х	Х					Х	Х	
	TOTALS		3	5	5	1	1	1	5	4	2

	Appendix C		•								
	2002, 2011 & 2014 Modality Comparison Provided at VA			age Th	.,,	Other (Trai M I Re	ndfullne Medita nscend editatio Mantrar epetitio	ations ental n, m			actices
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Bedford, MA	518				Χ		Х			
	Boston HCS-Boston	523		Χ		Х	Χ	Х		Х	
1	Central Western Massachusetts HCS	631		X		Х		Х			
1	Connecticut HCS-West Haven	689	Χ	Х		Х	Χ	Х			
	Maine VA HCS	402						Х			
	Manchester, NH	608		Χ			X	Х			
	Providence, RI	650					X				
1	White River Junction, VT	405		_			Х	Х			
	TOTALS	50010	1	4	0			.,	0	1	0
2	Albany, NY	528A8	Х		Х		Х	X			V
	Bath, NY	528A6				.,	.,	X		.,	X
2	Canandaigua, NY	528A5		Х	Х	Х	X	X		Х	
	Syracuse, NY	528A7					Х	X			
2	Western New York HCS	528	4	4				Х			
	TOTALS	500	1	1	2		V	V	0	1	1
	Bronx, NY	526		Х			Х	X			Х
3	Hudson Valley HCS-Montrose	620						X		Х	
3	New Jersey HCS-East Orange	561	Х				X	X			V
3	New York Harbor HCS-New York	630					Х	X			Х
3	Northport, NY	632	4	4	_	X	•	X		4	
	TOTALS		1	1	0	1 X	3	5	0	1	2
4	Altoona, PA Butler, PA	503 529			Х			Х			
	Clarksburg, WV	540			^			^			
4	Coatesville, PA	542				Х		Х			
	Erie, PA	562		Х	Х	^	Х	X			
4	Lebanon, PA	595		^			^	^			
4	Philadelphia, PA	642			X		Х	Х			
	Pittsburgh HCS-Univ Dr	646			^		X				
	Wilkes-Barre, PA	693					^				
4	Wilmington, DE	460			Х		Х				Х
	TOTALS		0	1	5		^		0	0	1
5	Martinsburg, WV	613	U	X			Х	Х		X	•
5	Maryland HCS-Baltimore	512		X			X	X		X	
	Washington, DC	688		X	Х		X	X		X	Х
J	TOTALS		0	3	1		^		0	3	1
6	Asheville, NC	637	X	X			Х	Х			
	Beckley, WV	517									
6	Durham, NC	558	Х	Х			Х	Х			
6	Fayetteville, NC	565	_^_	_^_			X			 	
6	Hampton, VA	590			Х			Х			
6	Richmond, VA	652			_^_			X			Х
6	Salem, VA	658					Х	X			
6	Salisbury, NC	659					X				
	1	555					· · · ·				

	Appendix C											
	2002, 2011 & 2014 Modality Comparison Provided at VA		Mus	sic Thei	rapy		re Ame		Other Creative Arts Therapy		ogress e Rela	ive xation
VISN	LOCATION	Sta No	02	11	14	02	11	14	2014	02	11	14
1	Bedford, MA	518	Х							Х		Х
1	Boston HCS-Boston	523		Х	Х				Х	Х	Х	Х
1	Central Western Massachusetts HCS	631		Х						Х	Х	Х
1	Connecticut HCS-West Haven	689	Х	Х	Х				Х	Х	Х	Х
	Maine VA HCS	402	Х							Х		Х
	Manchester, NH	608		Х	Х					Х	Х	
	Providence, RI	650		Х							Х	
	White River Junction, VT	405									Х	
	TOTALS		3	5	3	0	0	0	2	6	6	5
2	Albany, NY	528A8	X	X	X					X	X	X
	Bath, NY	528A6			Х			Х	Х			Х
	Canandaigua, NY	528A5		Х	Х				Х		Χ	Х
	Syracuse, NY	528A7	Χ		Х					Х		
	Western New York HCS	528										
_	TOTALS		2	2	4	0	0	1	2	2	2	3
3	Bronx, NY	526			Х		X	-			X	
	Hudson Valley HCS-Montrose	620	Χ	Х	X		- , ,				-,	
	New Jersey HCS-East Orange	561	X	X	X				Х	Х	Х	Х
	New York Harbor HCS-New York	630										
	Northport, NY	632		Х	Х				Х	Х	Х	Х
	TOTALS		2	3	4	0	1	0	2	2	3	2
4	Altoona, PA	503		_	-	Ť	•		_	X	_	_
	Butler, PA	529			Х				Х	_^		
	Clarksburg, WV	540										
	Coatesville, PA	542		Х	Х					Х		Х
	Erie, PA	562		X	_^					_^	Х	X
	Lebanon, PA	595			Х			Х	Х	Х	_^	_^
	Philadelphia, PA	642		Х				_^	_ ^	_^	Х	Х
	Pittsburgh HCS-Univ Dr	646	Х	X	Х				Х	Х	X	_^
	Wilkes-Barre, PA	693		^					^	^	^	
	Wilmington, DE	460		Х							Х	Х
7	TOTALS		1	5	4	0	0	1	3	4	4	4
5	Martinsburg, WV	613		X		-	X	<u> </u>	X	7	X	X
	Maryland HCS-Baltimore	512		X	Х		^		^	 	X	X
	Washington, DC	688	Х	X	X				Х			X
Ü	TOTALS		1	3	2	0	1	0	2	0	2	3
6	Asheville, NC	637		3	X	U		U	X	U		X
	Beckley, WV	517		1					_ ^	 		
	Durham, NC	558		Х	Х				Х	Х	Х	Х
	Fayetteville, NC	565		 ^					^		X	_^
6	Hampton, VA	590									^	Х
	Richmond, VA			Х						Х		X
		652	Х	X	Х					X	~	X
	Salem, VA Salisbury, NC	658	^	X	^					_ ^	X	^
0		659	4		2		^	0	2	2		F
	TOTALS		1	4	3	0	0	0	2	3	4	5

	Appendix C	ı	Т			Т			ı		
	2002, 2011 & 2014 Modality Comparison Provided at VA		Sp	ecial D	iets		Stress nagem ation Ti	ent,	Sw	eat Loo	dge
VISN	LOCATION	Sta No	02	11	2014	02	11	14	02	11	14
1	Bedford, MA	518			Х	Χ		Х			
	Boston HCS-Boston	523		Х	Х	Χ	Х	Х			
1	Central Western Massachusetts HCS	631			Х	Χ	Х	Х			
1	Connecticut HCS-West Haven	689		Х		Х	Х	Х			
1	Maine VA HCS	402				Х	Х	Х			
	Manchester, NH	608				Х	Х				
	Providence, RI	650				Х	Х				
1	White River Junction, VT	405					Х				
	TOTALS		0	2	3	7	7	5	0	0	0
	Albany, NY	528A8				Х	Х	Х			
	Bath, NY	528A6			X			Х			
	Canandaigua, NY	528A5			Х		Х				
	Syracuse, NY	528A7			X	Х	Х	Х			
2	Western New York HCS	528									
	TOTALS		0	0	3	2	3	3	0	0	0
	Bronx, NY	526					Χ	Х			
	Hudson Valley HCS-Montrose	620				Х	Χ	Χ			
	New Jersey HCS-East Orange	561			Χ	Χ	Χ	Х			
	New York Harbor HCS-New York	630				Χ		Х			
3	Northport, NY	632		Х	Х	Х	Χ	Х			
	TOTALS		0	1	2	4	4	5	0	0	0
	Altoona, PA	503	Χ								
	Butler, PA	529						Х			
4	Clarksburg, WV	540						Х			
	Coatesville, PA	542			Х	Χ		Х			
	Erie, PA	562		Χ	Х		Χ	X			
4	Lebanon, PA	595				Χ		X			
	Philadelphia, PA	642		Χ	Χ		Х	X			
	Pittsburgh HCS-Univ Dr	646				Х	X	Х			
	Wilkes-Barre, PA	693				.	X	V		.	
4	Wilmington, DE	460	4	_		_	X	X	_		
_	TOTALS		1	2	3	3	5	8	0	0	0
	Martinsburg, WV	613		X	Х		X	X		V	
	Maryland HCS-Baltimore	512		Х	V	-	X	X		Х	
5	Washington, DC	688		_	X		X	X	_	_	
-	TOTALS		0	2	2	0	3	3	0	1	0
	Asheville, NC	637 517				X		Х			
	Beckley, WV				Х	X		Х		 	
	Durham, NC	558 565		Х	٨	Х	X	٨		 	
	Fayetteville, NC	565		Λ			X	Х		 	
	Hampton, VA	590				X	_ ^			 	
	Richmond, VA	652				X	V	X		-	
6	Salem, VA	658				X	X	٨		-	
6	Salisbury, NC	659	_	4	4		5	F	^	_	0
	TOTALS		0	1	1	7	Э	5	0	0	0

	Appendix C										
	2002, 2011 & 2014 Modality Comparison Provided at VA		Tai (Chi, Qiç	gong		Yoga			Other	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Bedford, MA	518						Х			Х
1	Boston HCS-Boston	523		Х	Х		Х	Х	3X	Х	
1	Central Western Massachusetts HCS	631									
1	Connecticut HCS-West Haven	689						Х	2X		Х
1	Maine VA HCS	402						Х			
1	Manchester, NH	608									
1	Providence, RI	650		Х							
1	White River Junction, VT	405					Χ	Х			
	TOTALS		0	2	1	0	2	5	0	1	2
	Albany, NY	528A8			Х			Х			
	Bath, NY	528A6	Χ		Х			Х			
	Canandaigua, NY	528A5	Χ			Χ		Х			
	Syracuse, NY	528A7	Х		Х	Х		Х			Х
2	Western New York HCS	528			Х			Х			Х
	TOTALS		3	0	4	2	0	5	0	0	2
	Bronx, NY	526	X		Х	Х		Х			
	Hudson Valley HCS-Montrose	620			Х			Х		Χ	
3	New Jersey HCS-East Orange	561					Χ	Х			X
	New York Harbor HCS-New York	630	Х	Χ	X						
3	Northport, NY	632			X			X			
	TOTALS		2	1	4	1	1	4	0	1	1
	Altoona, PA	503									
4	Butler, PA	529						Х			
4	Clarksburg, WV	540									
	Coatesville, PA	542			X			X			
	Erie, PA	562						Х			
4	Lebanon, PA	595									
	Philadelphia, PA	642						Х			
	Pittsburgh HCS-Univ Dr	646		Х	Х			Х			
	Wilkes-Barre, PA	693		Χ							
4	Wilmington, DE	460			Х		Х				
	TOTALS		0	2	3	0	1	5	0	0	0
5	Martinsburg, WV	613						X			
	Maryland HCS-Baltimore	512			Х		Х	Х			
5	Washington, DC	688		Χ	Х			Х			Х
	TOTALS		0	1	2	0	1	3	0	0	1
6	Asheville, NC	637			Х			Х			Х
	Beckley, WV	517							Χ		
	Durham, NC	558						Х			
	Fayetteville, NC	565									
	Hampton, VA	590						Х			
	Richmond, VA	652			Х			Х			Х
6	Salem, VA	658						Х			
6	Salisbury, NC	659		Χ			Χ			Χ	
	TOTALS		0	1	2	0	1	5	1	1	2

	Appendix C					1					
	2002, 2011 & 2014 Modality Comparison Provided at VA		Ac	upress	ure	Ac	upunct	ure		nal Ass Therap	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Augusta, GA	509	02	· · ·	17	X	Х	X	02		17
	Birmingham, AL	521				X		X			
7	Central Alabama HCS-Montgomery	619									
7	Charleston, SC	534		Х			Χ				
7	Columbia, SC	544					- ,				Х
	Decatur, GA	508			Х		Χ	Х			X
7	Dublin, GA	557					- ,			Χ	
7	Tuscaloosa, AL	679						Х			Х
	TOTA		0	1	1	2	3	4	0	1	3
8	Bay Pines HCS	516	X	•		_	X	X	X	Х	X
8	Caribbean HCS-San Juan	672		i	Х		X	X	<u> </u>	X	X
	Miami HCS	546		Х			X	X		X	X
	N Florida-S Georgia HCS-Gainesville	573		- ^``		Χ				X	
8	Orlando, FL	675		i		- ` `	Χ				
8	Tampa, FL	673			Х	Χ		Х		Х	Х
8	West Palm Beach, FL	548	Χ			X	Χ	X	Х	,	X
	TOTA		2	1	2	3	5	5	2	5	5
9	Huntington, WV	581		-	_			X			X
9	Lexington, KY-Cooper Dr	596A4					Χ	Х			
9	Louisville, KY	603			Х			X			
9	Memphis, TN	614								Х	Х
	Mountain Home, TN	621									
9	Tennessee Valley HCS-Nashville	626			Х		Χ	Х		Х	Х
	TOTA		0	0	2	0	2	4	0	2	3
10	Chillicothe, OH	538		Х	Х		Х	Х		Х	Х
	Cincinnati, OH	539	Χ	Х	Х	Х	Χ	Х	Х	Х	Х
10	Cleveland, OH-Wade Park	541									Х
10	Columbus, OH	757						Х			
	Dayton, OH	552					Χ	X		Х	
	TOTA		1	2	2	1	3	4	1	3	3
11	Ann Arbor HCS	506	-							X	
	Battle Creek, MI	515					Χ	Х		X	Х
	Detroit, MI	553								Х	
	Illiana HCS	550	Χ	Х	Х	Х	Χ	Х	Х	Х	
	Indianapolis, IN	583									Х
	Northern Indiana HCS-Marion	610								Х	
11	Saginaw, MI	655								Х	Х
	TOTA		1	1	1	1	2	2	1	6	3
	Chicago HCS	537			Х		Χ	Х		Х	Х
	Hines, IL	578						Х		Х	Х
	Iron Mountain, MI	585									
	Madison, WI	607			Х		Χ				
	Milwaukee, WI	695				Х	Х	Х		Х	
12	North Chicago, IL	556					Χ			Х	
12	Tomah, WI	676								Х	
	TOTA	ALS	0	0	2	1	4	3	0	5	2

VISN 7	2002, 2011 & 2014 Modality Comparison Provided at VA	ı								
7				Aro	mather	ару	Art Therapy	Bio	ofeedba	ack
7	LOCATION		Sta No	02	11	14	2014	02	11	14
	Augusta, GA		509	02	- ' '	14	2014	X	X	14
7	Birmingham, AL		521							
7	Central Alabama HCS-Montgomery		619		Χ				Х	Х
7	Charleston, SC		534						X	
7	Columbia, SC		544				Х		X	
7	Decatur, GA		508			Х	X		X	Х
7	Dublin, GA		557						X	
7	Tuscaloosa, AL		679							
	TC	OTALS	073	0	1	1	2	1	6	2
8	Bay Pines HCS		516	X	X	X	X	-	X	_
8	Caribbean HCS-San Juan		672	^	_^_		,\		X	Х
8	Miami HCS		546				Х	Х		
8	N Florida-S Georgia HCS-Gainesville		573				X	X	Х	Х
8	Orlando, FL		675				X			X
8	Tampa, FL		673				X		Х	X
8	West Palm Beach, FL		548				X	Х		
		OTALS	540	1	1	1	6	3	4	4
9	Huntington, WV		581	•		•	X	3	X	X
9	Lexington, KY-Cooper Dr		596A4			Х				
9	Louisville, KY		603				Х			
9	Memphis, TN		614			Х	X	Х		
9	Mountain Home, TN		621			X		X		
9	Tennessee Valley HCS-Nashville		626				Х	X	Х	Х
		OTALS	020	0	0	3	4	3	2	2
10	Chillicothe, OH		538	•		X	X	X		X
10	Cincinnati, OH		539					X	Х	X
10	Cleveland, OH-Wade Park		541			Х	Х			X
10	Columbus, OH		757					Х		
10	Dayton, OH		552				Х		Х	Х
-10		OTALS	33 <u>2</u>	0	0	2	3	3	2	4
11	Ann Arbor HCS		506	,	,		,	3		7
11	Battle Creek, MI		515				Х		Х	Х
11	Detroit, MI		553		Х	Х	X			X
11	Illiana HCS		550			-,	,,	Χ	Х	
	Indianapolis, IN		583						^\	Х
	Northern Indiana HCS-Marion		610			Х	Х	Х		X
11	Saginaw, MI		655		Х	X	,\	^	Х	X
		OTALS	-	0	2	3	3	2	3	5
12	Chicago HCS		537	•	_	X	X	X	X	X
12	Hines, IL		578				X	- ` `		X
12	Iron Mountain, MI		585				,,			- `
12	Madison, WI		607				Х		Χ	Х
12	Milwaukee, WI		695		Χ	Х	X	Χ	X	- `
12	North Chicago, IL		556			- `	,,	- ` `		
12	Tomah, WI		676		Χ	Х	Х		Χ	Х
		OTALS		0	2	3	5	2	4	4

	2002, 2011 & 2014 Modality Comparison		Ohiosossatis		Dietary		F==	nov. 1 1 0 0	
	Provided at VA		Chiropractic		lutrition ppleme		Ene	rgy Hea	aling
VISN	LOCATION	Sta No	2014	02	11	14	02	11	14
7	Augusta, GA	509	X						
7	Birmingham, AL	521							Х
7	Central Alabama HCS-Montgomery	619				Х		Х	
7	Charleston, SC	534							
7	Columbia, SC	544							
7	Decatur, GA	508			Х	Х		Х	Х
7	Dublin, GA	557							
7	Tuscaloosa, AL	679							
	TOTALS		1	0	1	2	0	2	2
8	Bay Pines HCS	516	Х			Х	Х		Х
8	Caribbean HCS-San Juan	672							
8	Miami HCS	546	Х	Х					
8	N Florida-S Georgia HCS-Gainesville	573		X					
8	Orlando, FL	675							
8	Tampa, FL	673	Х	Х	Х	Х		Х	
8	West Palm Beach, FL	548	X	X		X			
	TOTALS		4	4	1	3	1	1	1
9	Huntington, WV	581	7	7			•	•	<u> </u>
9	Lexington, KY-Cooper Dr	596A4							Х
9	Louisville, KY	603							-^-
9	Memphis, TN	614		Х					†
9	Mountain Home, TN	621	Х	^	Х				
9	Tennessee Valley HCS-Nashville	626	^		X				
9	TOTALS		1	1	2	0	0	0	1
10	Chillicothe, OH	538	X			X	U	U	-
10	Cincinnati, OH	539	X		Х	^		Х	
					^				-
10	Cleveland, OH-Wade Park	541	X					Х	1
10	Columbus, OH	757	Х						
10	Dayton, OH	552		_	X	4		•	
11	TOTALS		4	0	2	1 X	0	2	0 X
11	Ann Arbor HCS	506		-	V	Α	-		
11	Battle Creek, MI	515	V	.	Х		.		V
11	Detroit, MI	553	X		.,			Х	Х
11	Illiana HCS	550	X		Χ	X			- V
11	Indianapolis, IN	583	Х			X			Х
	Northern Indiana HCS-Marion	610			ļ.,.	X			
11	Saginaw, MI	655			Х	X			Х
	TOTALS		3	0	3	5	0	1	4
12	Chicago HCS	537			Χ			Χ	Х
12	Hines, IL	578							Х
12	Iron Mountain, MI	585	X						
12	Madison, WI	607							
12	Milwaukee, WI	695			Х			Х	Х
12	North Chicago, IL	556			Χ				
12	Tomah, WI	676	X	Х	Х	Х		Х	Х
	TOTALS		2	1	4	1	0	3	4

	Appendix 0					1					
	2002, 2011 & 2014 Modality Comparison Provided at VA		Guic	led Ima	igery	Herb	al Medi	cines		lypnosi onother	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Augusta, GA	509		X		<u> </u>				X	
	Birmingham, AL	521	Х	X	Х				Χ		
7	Central Alabama HCS-Montgomery	619		X	X			Х		Χ	Х
	Charleston, SC	534		X							
	Columbia, SC	544									
7	Decatur, GA	508		Χ	Х			Х			Х
	Dublin, GA	557	Χ	X	X						X
7	Tuscaloosa, AL	679	X			1			Х		
,	TOTAL		3	6	4	0	0	2	2	2	3
8	Bay Pines HCS	516	X	X	X				X	_	Ŭ
8	Caribbean HCS-San Juan	672								Χ	Х
	Miami HCS	546	Х	Х	Х	1					<u> </u>
	N Florida-S Georgia HCS-Gainesville	573	X	X	X	1					Х
8	Orlando, FL	675			X	1					X
8	Tampa, FL	673		Х	X						
8	West Palm Beach, FL	548	Х		X				Х		
	TOTAL		4	4	6	0	0	0	2	1	3
9	Huntington, WV	581	-	-	X	_	_	_ <u> </u>		X	
9	Lexington, KY-Cooper Dr	596A4			X						
9	Louisville, KY	603			X	1					
	Memphis, TN	614	Х	Х		1					
	Mountain Home, TN	621	X	X							
9	Tennessee Valley HCS-Nashville	626	X		Х						Х
9	TOTAL		3	2	4	0	0	0	0	1	1
10	Chillicothe, OH	538	<u> </u>	X	X	U	-	•	U	•	
	Cincinnati, OH	539	Х	X							
	Cleveland, OH-Wade Park	541	^	X	Х						Х
	Columbus, OH	757		^	X				Х	Х	X
	Dayton, OH	552	Х	Х					_^	_^	
10	TOTAL		2	4	3	0	0	0	1	1	2
11	Ann Arbor HCS	506	X	X	X	U	X	U	X		
	Battle Creek, MI	515	X	X	X		^		_^	Х	
	Detroit, MI	553	X	X	X						
	Illiana HCS	550	^	X						Х	Х
	Indianapolis, IN	583	Х		Х	-	 				
	Northern Indiana HCS-Marion	610	X		X	-	 	Х			Х
	Saginaw, MI	655	_^	Х	X		l	^		Х	X
- 1 1	TOTA		5	5	6	0	1	1	1	3	3
12	Chicago HCS	537	X	X	X	U			X	X	X
	Hines, IL	578	X	X	X		l		X	_^	
	Iron Mountain, MI	585	^	_^	^				_^		
	Madison, WI	607		Х	Х	-	 				
	Milwaukee, WI	695		X	X	-	Х		Х	Х	
	North Chicago, IL	556	Х			-	- ^-		X		
12	Tomah, WI	676	_^	Х	Х		-		_^		
12	TOTAL	010	3	5	5	0	1	0	4	2	1
	TOTAL	LO	ა	J	J	U		U	4		

	2002, 2011 & 2014 Modality Comparison Provided at VA			age Th		Other (Trai M I R	ndfullne Medita nscend editatio Mantrar epetitio	ations ental n, m n)			actices
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Augusta, GA	509					Χ				
	Birmingham, AL	521					Χ	X			
7	Central Alabama HCS-Montgomery	619					Х	Х			X
	Charleston, SC	534				Χ	Χ				
	Columbia, SC	544		Χ							
7	Decatur, GA	508			Х			X			
7	Dublin, GA	557					Χ	X			
7	Tuscaloosa, AL	679									
	TOTA		0	1	1	1	5	4	0	0	1
	Bay Pines HCS	516	Х	Х		Х		Х			
8	Caribbean HCS-San Juan	672		Χ	X	Χ					
	Miami HCS	546		Χ		Х	Χ	Χ		Χ	
	N Florida-S Georgia HCS-Gainesville	573	Х			Х	Х	Χ			
8	Orlando, FL	675						Х			Х
8	Tampa, FL	673						Х		Χ	Х
8	West Palm Beach, FL	548				Х		Х			
	TOTA		2	3	1				0	2	2
	Huntington, WV	581		Χ			Х	Х			
9	Lexington, KY-Cooper Dr	596A4						Х			
9	Louisville, KY	603						Х			
	Memphis, TN	614	Χ				Х	Х		Х	
	Mountain Home, TN	621					Х	Х			
9	Tennessee Valley HCS-Nashville	626		Χ				Х			
	TOTA		1	2	0				0	1	0
	Chillicothe, OH	538					Х	Х			
	Cincinnati, OH	539	Χ	Χ	X		Х				
10	Cleveland, OH-Wade Park	541						X			
	Columbus, OH	757		Χ			Χ	Х		Χ	
10	Dayton, OH	552				Х					
	TOTA		1	2	1				0	1	0
	Ann Arbor HCS	506	Χ	Χ	Х		Х	Х		Χ	
	Battle Creek, MI	515		Х	Х		Х	Х			
	Detroit, MI	553					Χ	Х			
	Illiana HCS	550	Х	Х	Х		Χ	Х			
	Indianapolis, IN	583				Х		Х			
	Northern Indiana HCS-Marion	610					Х	Χ			
11	Saginaw, MI	655		Х	Х		Х	Х			Х
	TOTA		2	4	4				0	1	1
12	Chicago HCS	537					Х	Х			Х
	Hines, IL	578				Х	Χ	Х			
	Iron Mountain, MI	585									
	Madison, WI	607					Х	Х			
	Milwaukee, WI	695		Χ			Χ				
	North Chicago, IL	556				Х					
12	Tomah, WI	676		Х				Х			
	TOTA	ALS	0	2	0				0	0	1

VISN		Appelluix 0					_			1			
T Augusta, GA 509 X X X X X X X X X			on	Mu	sic The	rapy				Creative Arts			
T Augusta, GA 509 X X X X X X X X X	VISN	LOCATION	Sta No	02	11	14	02	11	14	2014	02	11	14
T Birmingham, AL S21 X X X X T Central Alabama HCS-Montgomery 619 X X X X T Central Alabama HCS-Montgomery 619 X X X X X X X X X							<u> </u>				<u> </u>		
T Central Alabama HCS-Montgomery 619					<u> </u>						Х		Х
T. Charleston, SC						Х							
To Columbia SC S44				Х							Х		
To Decatur, GA				,		Х				Х	,	- , .	Х
To Dublin, GA S57													
T Tuscaloosa, AL				Х			X			, ,	Х		
Name					Х								
8 Bay Pines HCS 516 X						5	1	0	0	2		4	5
8 Caribbean HCS-San Juan 672 X <td>8</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>•</td> <td></td> <td></td> <td>_</td> <td></td> <td></td> <td></td>	8						•			_			
8 Milami HCS 546 X <t< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>													
8 N Florida-S Georgia HCS-Gainesville 573 X										Х			Х
B												Х	
8 Tampa, FL 673 X <td< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td>, ,</td><td>,</td><td>- , .</td><td></td></td<>										, ,	,	- , .	
8 West Palm Beach, FL 548 X X X X X X Y X								Х		Х			Х
TOTALS						X					X		
9 Huntington, WV 581	Ů			3	3		0	1	0	3		2	
9 Lexington, KY-Cooper Dr 596A4 9 Louisville, KY 603 X	9							-					
9 Louisville, KY 603 X X X X X Y 9 Memphis, TN 614 X X X X X X Y Mountain Home, TN 621 X X X X X X X X X						<u> </u>							
9 Memphis, TN	_					Х							Х
9 Mountain Home, TN 621				Х							Х	Х	
9 Tennessee Valley HCS-Nashville													
TOTALS 2				Х	Х	Х				Х	Х		Х
10 Chillicothe, OH							0	0	0			3	
10 Cincinnati, OH	10				_								
10 Cleveland, OH-Wade Park 541											X		
10 Columbus, OH 757													х
10 Dayton, OH						<u> </u>						X	
TOTALS				X		Х				Х	X		
11 Ann Arbor HCS 506 X	-10						0	0	0				2
11 Battle Creek, MI 515 X	11			•				,			_		
11 Detroit, MI 553 X X X 11 Illiana HCS 550 X X X X 11 Indianapolis, IN 583 X X X X X 11 Northern Indiana HCS-Marion 610 X				Х	Х	Х					Х		
11 Illiana HCS 550 X										.,		Х	
11 Indianapolis, IN 583 X				Х	Х	Х							
11 Northern Indiana HCS-Marion 610 X <td< td=""><td></td><td></td><td></td><td>- ` `</td><td><u> </u></td><td></td><td></td><td></td><td></td><td>Х</td><td>Х</td><td><u> </u></td><td>Х</td></td<>				- ` `	<u> </u>					Х	Х	<u> </u>	Х
11 Saginaw, MI 655 X					Х	Х							
TOTALS 2 4 3 0 0 1 4 3 4 6									Х			Х	
12 Chicago HCS 537 X				2		3	0	0		4	3		
12 Hines, IL 578 X <t< td=""><td>12</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>	12												
12 Iron Mountain, MI 585 X Image: Control of the c									Х		Х		
12 Madison, WI 607 X X X 12 Milwaukee, WI 695 X X X X X 12 North Chicago, IL 556 X X X X 12 Tomah, WI 676 X X X X X					<u> </u>					.,	<u> </u>		
12 Milwaukee, WI 695 X X X X X 12 North Chicago, IL 556 X X X X 12 Tomah, WI 676 X X X X X										Х		Х	Х
12 North Chicago, IL 556 X X X 12 Tomah, WI 676 X X X X X				Х	Х	Х				X			
12 Tomah, WI 676 X X X X X X X X				- ` `						,	Х	<u> </u>	-`
				Х		Х		Х			<u> </u>	Х	Х
			TOTALS	3	5	5	0	1	1	4	2	4	4

	Appendix C		ı			Т			ı		
	2002, 2011 & 2014 Modality Comparison Provided at VA		Sp	ecial D	iets		Stress nagemation TI	ent,	Sw	eat Loo	dge
VISN	LOCATION	Sta No	02	11	2014	02	11	14	02	11	14
	Augusta, GA	509					Χ				
	Birmingham, AL	521				Х	X	Х			
	Central Alabama HCS-Montgomery	619					Х	Х			
7	Charleston, SC	534				Х	X				
7	Columbia, SC	544						Х			
	Decatur, GA	508			Х			X			
	Dublin, GA	557				Х		X			
7	Tuscaloosa, AL	679				X	Х			1	
-	TOTA		0	0	1	4	5	5	0	0	0
8	Bay Pines HCS	516	<u> </u>		X	X	X	X			
8	Caribbean HCS-San Juan	672				X	X			t	
	Miami HCS	546				X	_^	Х		1	
	N Florida-S Georgia HCS-Gainesville	573	Х			X	Х	X			
8	Orlando, FL	675						X			
8	Tampa, FL	673		Х	Х	Х		X			
8	West Palm Beach, FL	548			X	X		X			
-	TOTA		1	1	3	6	3	6	0	0	0
9	Huntington, WV	581			3	0	X	X		-	U
9	Lexington, KY-Cooper Dr	596A4					^	X			
9	Louisville, KY	603						X			
	Memphis, TN	614	Х			Х	Х	X		1	
	Mountain Home, TN	621	^			X	X	^			
9						X	X	Х			
9	Tennessee Valley HCS-Nashville	626		X 1	0	3			0	0	0
10	TOTA			1		3	4	5	U	U	U
	Chillicothe, OH	538			Х		X	X			
	Cincinnati, OH	539				Х	X	X			
10	Cleveland, OH-Wade Park	541					X	Х			
	Columbus, OH	757				X	Х				
10	Dayton, OH	552				Х	X				
4.1	TOTA		0	0	1	3	5	3	0	0	0
	Ann Arbor HCS	506			X	,,	X	X			
	Battle Creek, MI	515			Χ	X	X	X			
	Detroit, MI	553		,,	, ,	Χ	X	X		Х	
	Illiana HCS	550		Χ	X	ļ.,.	Χ	X		ļ	
	Indianapolis, IN	583			X	Х		X			
	Northern Indiana HCS-Marion	610			Х	Χ		Х		ļ	
11	Saginaw, MI	655		Χ	Х		Χ	Х			
	TOTA		0	2	6	4	5	7	0	1	0
	Chicago HCS	537		Χ	Χ	Χ		Х			
	Hines, IL	578				Χ	Χ	Х			
	Iron Mountain, MI	585						Χ			
	Madison, WI	607					Χ	Х			
	Milwaukee, WI	695					Χ	Χ			
	North Chicago, IL	556		Χ		Χ					
12	Tomah, WI	676		Χ	Х	Χ	Χ	Χ			
	TOTA	ALS	0	3	2	4	4	6	0	0	0

	Appendix C								•		
	2002, 2011 & 2014 Modality Comparison Provided at VA		Tai	Chi, Qi	gong		Yoga			Other	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
7	Augusta, GA	509					Х	Х			
7	Birmingham, AL	521						Х			
7	Central Alabama HCS-Montgomery	619		Х	Х		Х	Х			
7	Charleston, SC	534					Х			Х	
7	Columbia, SC	544		Х	Х			Х			Х
7	Decatur, GA	508			Х		Х	Х			Х
7	Dublin, GA	557				Х				Х	
7	Tuscaloosa, AL	679									
-	TOTAL		0	2	3	1	4	5	0	2	2
8	Bay Pines HCS	516	X			X	X	X			
8	Caribbean HCS-San Juan	672		Х						Х	
8	Miami HCS	546		X			Х		Х	,	
8	N Florida-S Georgia HCS-Gainesville	573	Χ					Х			
8	Orlando, FL	675			Х			X			
8	Tampa, FL	673			X		Х	X	1	1	
8	West Palm Beach, FL	548						X			Х
_	TOTAL:		2	2	2	1	3	5	1	1	1
9	Huntington, WV	581					,	-	•		
9	Lexington, KY-Cooper Dr	596A4						Х			
9	Louisville, KY	603		Х			Х	^			
9	Memphis, TN	614	Х	X	Х		X	Х			Х
9	Mountain Home, TN	621	^		^		_ ^	X			X
9	Tennessee Valley HCS-Nashville	626			Х			X			^
9			4	-		_	-		_	•	2
10	TOTAL:		1	2	2 X	0	2	4	0	0	2 X
10	Chillicothe, OH	538			X		V	V			X
	Cincinnati, OH	539			V		Х	X			
10	Cleveland, OH-Wade Park	541			Х			X			
10	Columbus, OH	757					Х	X			V
10	Dayton, OH	552	•					X		X	X
44	TOTAL		0	0	2	0	2	4	0	1	2
	Ann Arbor HCS	506					Х				
	Battle Creek, MI	515	Х	X				X			
	Detroit, MI	553		Х	.,			Х			
	Illiana HCS	550		ļ	X						
	Indianapolis, IN	583			Х			X	,,		
	Northern Indiana HCS-Marion	610		ļ			,,,		Х		
11	Saginaw, MI	655			Х	_	Х				X
4 =	TOTAL		1	2	3	0	2	3	1	0	1
12	Chicago HCS	537		ļ	Х		Х	Х		X	
	Hines, IL	578					Χ	X		Χ	
12	Iron Mountain, MI	585		L.,			L				
	Madison, WI	607		Х	Х		Х	Х			
	Milwaukee, WI	695		Χ	Х		Χ	Х			
12	North Chicago, IL	556									
12	Tomah, WI	676		Χ	Х		Χ	Х			Х
	TOTAL	S	0	3	4	0	5	5	0	2	1

	Appendix 0										
	2002, 2011 & 2014 Modality Comparison Provided at VA		Ac	upress	ure	Ac	upunct	ure		nal Ass Therap	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
15	Columbia, MO	589A4			Х			Х			
15	Eastern Kansas HCS-Topeka	589A5						Х			
	Kansas City, MO	589					Х	Х			
	Marion, IL	657A5									
	Poplar Bluff, MO	657A4						Х			
	St. Louis, MO-John Cochran	657			Х		Χ	X			Х
	Wichita, KS	589A7				Χ	X	X			
-10	TOTALS		0	0	2	1	3	6	0	0	1
16	Alexandria, LA	502		_		•	_			_	Х
	Central Arkansas HCS-Little Rock	598		Х		Χ	Х	Χ		Х	X
	Fayetteville, AR	564					X			X	X
	Gulf Coast HCS	520								X	X
	Houston, TX	580				Х		Х			
	Jackson, MS	586	Х	Х		X	Х	X	Х		Х
	Muskogee, OK	623			Х		X	X			
	Oklahoma City, OK	635		Х			X	^		Х	Х
	Shreveport, LA	667	Х	^				Х	Х	^	X
	Southeast Louisiana HCS	629	_^				Х	X	^		^
10	TOTALS		2	3	1	3	6	6	2	4	7
17	Central Texas HCS	674		3	1	3	X	0		X	-
	North Texas HCS	549						Х			
	South Texas HCS	671			Х		Х	^		X	Х
		740			^	Х				Х	
17	Texas Valley Coastal Bend - Harlingen HCS		0	0	1	1	•	1		_	1
40	TOTALS		U	U	X	1	2	1	0	3	1
	Amarillo HCS	504			Х						
	El Paso HCS	756									
	New Mexico HCS	501		Х							Х
	Northern Arizona HCS	649								X	· ·
	Phoenix, AZ	644						Х		Х	X
	Southern Arizona HCS	678					Х			<u> </u>	Х
18	West Texas HCS	519								X	
40	TOTALS		0	1	1	0	1	1	0	3	3
19	Cheyenne, WY	442					Χ		<u> </u>	<u> </u>	
	Eastern Colorado HCS	554	Χ						Х	Χ	X
	Grand Junction, CO	575			X		Χ				X
	Montana HCS	436									Χ
19	Salt Lake City HCS	660		Χ	Х	Χ	Х	Х			Х
19	Sheridan, WY	666									
	TOTALS		1	1	2	1	3	1	1	1	4

	Appendix C								
	2002, 2011 & 2014 Modality Comparison Provided at VA		Aro	mather	гару	Art Therapy	Bio	ofeedba	ack
VISN	LOCATION	Sta No	02	11	14	2014	02	11	14
15	Columbia, MO	589A4							
15	Eastern Kansas HCS-Topeka	589A5				X	Х	Х	Х
15	Kansas City, MO	589					Х		
15	Marion, IL	657A5			X	X	Х		Х
15	Poplar Bluff, MO	657A4							Х
15	St. Louis, MO-John Cochran	657		Х	Х	X		Х	
15	Wichita, KS	589A7						Х	Х
	TOTALS		0	1	2	3	3	3	4
16	Alexandria, LA	502			Х	X	Х	Х	X
16	Central Arkansas HCS-Little Rock	598			X	Χ	Х	Х	Х
16	Fayetteville, AR	564					Χ		Х
16	Gulf Coast HCS	520			Х	X		Х	Х
16	Houston, TX	580				X	Х	X	
16	Jackson, MS	586				X		X	
16	Muskogee, OK	623				X	Х	Х	X
16	Oklahoma City, OK	635				X			X
16	Shreveport, LA	667				Х	Х	V	Х
16	Southeast Louisiana HCS TOTALS	629	0	0	3	8	6	X 7	7
17	Central Texas HCS	674	U	U	3	8	ь	-	
17	North Texas HCS	549			Х		Х		
17	South Texas HCS	671		X	^		^	X	Х
17	Texas Valley Coastal Bend - Harlingen HCS	740		^				^	
- 17	TOTALS	740	0	2	1	0	1	2	1
18	Amarillo HCS	504	U			0	•		X
18	El Paso HCS	756					Х		
18	New Mexico HCS	501			Х	Х	X	Х	Х
18	Northern Arizona HCS	649		Х	X	X			X
18	Phoenix, AZ	644				X	Х	Х	X
18	Southern Arizona HCS	678			Х	X	X	X	X
18	West Texas HCS	519		Х		X		<u> </u>	,
	TOTALS	3 10	0	2	3	5	4	3	5
19	Cheyenne, WY	442		_	X	X	•	X	X
19	Eastern Colorado HCS	554				X	Χ	X	X
19	Grand Junction, CO	575				X			
19	Montana HCS	436			Х	X		i e	
19	Salt Lake City HCS	660				X		Х	Х
19	Sheridan, WY	666					Χ		
	TOTALS		0	0	2	5	2	3	3

	Appendix 0						1		
	2002, 2011 & 2014 Modality Comparison Provided at VA		Chiropractic	N	Dietary lutrition ppleme	al	Ene	rgy Hea	aling
VISN	LOCATION	Sta No	2014	02	11	14	02	11	14
_	Columbia, MO	589A4							X
	Eastern Kansas HCS-Topeka	589A5	Х			Х			
	Kansas City, MO	589	X						
	Marion, IL	657A5							
_	Poplar Bluff, MO	657A4	Х			Х			Х
	St. Louis, MO-John Cochran	657	X		Х				X
	Wichita, KS	589A7	,,		X				
-10	TOTALS	000/1/	4	0	2	2	0	0	3
16	Alexandria, LA	502	7		_	X	_		
	Central Arkansas HCS-Little Rock	598			Х	X			
	Fayetteville, AR	564							
	Gulf Coast HCS	520			Х	Х			
	Houston, TX	580							
	Jackson, MS	586	Х						
	Muskogee, OK	623	X					Х	Х
	Oklahoma City, OK	635						X	^
	Shreveport, LA	667	Х						
	Southeast Louisiana HCS	629							
10	TOTALS	023	3	0	2	3	0	2	1
17	Central Texas HCS	674	3	U		3	U		
	North Texas HCS	549	Х	Х	Х				
	South Texas HCS	671	X	^	^				
	Texas Valley Coastal Bend - Harlingen HCS	740	^						
17	TOTALS	740	2	1	1	0	0	0	0
18	Amarillo HCS	504		1	1	U	X	U	U
	El Paso HCS	756		Х			^		
		501	Х	^	V	Х			Х
	New Mexico HCS		, A		X				Λ
	Northern Arizona HCS	649	V	Х	Х	V			V
	Phoenix, AZ	644	X	.	· ·	Х			X
	Southern Arizona HCS	678		.	Х	V	Х		Х
18	West Texas HCS	519			_	X	_		•
40	TOTALS	4.40	2	2	3	3	2	0	3
	Cheyenne, WY	442			Х	X			
	Eastern Colorado HCS	554				X	Х		
	Grand Junction, CO	575	.,	ļ	Χ	X			
	Montana HCS	436	X	ļ					
19	Salt Lake City HCS	660	Х		Х				
19	Sheridan, WY	666						_	
	TOTALS		2	0	3	3	1	0	0

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	2002, 2011 & 2014 Modality Comparison Provided at VA		Guid	ded Ima	agery	Herb	al Medi	cines		lypnosi: onother	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
15	Columbia, MO	589A4		Х	Х						
15	Eastern Kansas HCS-Topeka	589A5		Х	Х			Х			
	Kansas City, MO	589	Х								
	Marion, IL	657A5	Х		Х				Х		
	Poplar Bluff, MO	657A4			Х						
	St. Louis, MO-John Cochran	657			Х						
15	Wichita, KS	589A7			X						
	TOTALS		2	2	6	0	0	1	1	0	0
16	Alexandria, LA	502		X	Х		-		X	X	X
	Central Arkansas HCS-Little Rock	598	Х	X	X	Χ		Х	X	X	X
	Fayetteville, AR	564	X	<u> </u>					X	- / \	
16	Gulf Coast HCS	520	- , ,	Χ	Х				,,		
	Houston, TX	580		X					Х	Х	
	Jackson, MS	586									
	Muskogee, OK	623	Χ		Х				Х		
	Oklahoma City, OK	635	,,						,,		
	Shreveport, LA	667		Х					Х	Χ	
16	Southeast Louisiana HCS	629		X	Х				,,	X	Х
	TOTALS		3	6	5	1	0	1	6	5	3
17	Central Texas HCS	674		X		•		•			
	North Texas HCS	549	Х	X							
17	South Texas HCS	671		X	Х					Х	
17	Texas Valley Coastal Bend - Harlingen HCS	740		_^							
- ' '	TOTALS	740	1	3	1	0	0	0	0	1	0
18	Amarillo HCS	504	X		•				U	•	
	El Paso HCS	756									
	New Mexico HCS	501	Х	Х	Х						
	Northern Arizona HCS	649		X	X		Х				Χ
	Phoenix, AZ	644	Х	X	X		_^_				X
	Southern Arizona HCS	678	X	X	X				Х	Х	X
	West Texas HCS	519		_^					^		
10	TOTALS	515	4	4	4	0	1	0	1	1	3
19	Cheyenne, WY	442	-	7	X	,	X	,	X		J
19	Eastern Colorado HCS	554	Х	Х	X		_^_	Х	X	Х	Х
	Grand Junction, CO	575		_^	X			^	^	^	^
	Montana HCS	436			X						
19	Salt Lake City HCS	660	Х	Х	X	Х			Х	Х	Χ
19	Sheridan, WY	666	X	_^	^	_^			X	X	^
18	TOTALS		3	2	5	1	1	1	4	3	2
	TOTALS		3		J				4	3	

	2002, 2011 & 2014 Modality Comparison Provided at VA		Mass	age Th	erapy	Other (Trai M	ndfullne Medita nscend editatio Mantrar epetitio	ations ental on, m	Moven	nent Pr	actices
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Columbia, MO	589A4					Х	Х			
	Eastern Kansas HCS-Topeka	589A5					Х	X			
15	Kansas City, MO	589				Χ					
	Marion, IL	657A5				Х		Х			Х
15	Poplar Bluff, MO	657A4					Х	Х			
15	St. Louis, MO-John Cochran	657					Х	Х			
15	Wichita, KS	589A7					Х	Х			
	TOTALS		0	0	0				0	0	1
16	Alexandria, LA	502					Х	Х			
	Central Arkansas HCS-Little Rock	598		Х	Х		Х	Х			
16	Fayetteville, AR	564									
	Gulf Coast HCS	520					Х	Х			
	Houston, TX	580					Х	Х			
	Jackson, MS	586									
	Muskogee, OK	623	Х					Х			Х
	Oklahoma City, OK	635						X		Х	
	Shreveport, LA	667	Х				Х				Х
	Southeast Louisiana HCS	629		Х			X	Х			
. •	TOTALS	V=V	2	2	1		,		0	1	2
17	Central Texas HCS	674	_		-				-		
	North Texas HCS	549	Χ		Х		Х	Х			Х
17	South Texas HCS	671	X				X	X			
17	Texas Valley Coastal Bend - Harlingen HCS	740									
	TOTALS		2	0	1				0	0	1
18	Amarillo HCS	504	_		•	Х					
	El Paso HCS	756									
	New Mexico HCS	501				Х	Х	Х		Х	Х
	Northern Arizona HCS	649					X	X			
	Phoenix, AZ	644					- ^`	X			Х
	Southern Arizona HCS	678	Х		Х		Х	X			X
18	West Texas HCS	519	_^_	Х		 	- ^-	X		 	<u> </u>
.0	TOTALS	5.0	1	1	1				0	1	3
19	Cheyenne, WY	442	•	X	•			Х		-	X
	Eastern Colorado HCS	554	Х	_^_	Х	Х	Х	X		1	
	Grand Junction, CO	575		Х	^	 ^`	- ^-	X		Х	Х
	Montana HCS	436		 ^		 	l	X		 ^	
	Salt Lake City HCS	660		Х	Х	Х	Х	X		Х	Х
19	Sheridan, WY	666		X	X	X	X	X		- ^-	
15	TOTALS		1	4	3	_^	_^		0	2	3

	2002, 2011 & 2014 Modality Comparison Provided at VA		Mus	sic The	rapy		re Ame		Other Creative Arts Therapy		ogress e Rela	ive ixation
VISN	LOCATION	Sta No	02	11	14	02	11	14	2014	02	11	14
	Columbia, MO	589A4							X		Χ	Х
	Eastern Kansas HCS-Topeka	589A5	Х	Х	Х				Х		Χ	Х
	Kansas City, MO	589								Χ	Χ	
	Marion, IL	657A5			Х				Х	Х		Х
15	Poplar Bluff, MO	657A4			Х							Х
15	St. Louis, MO-John Cochran	657									Х	
15	Wichita, KS	589A7										Х
	TOTALS		1	1	3	0	0	0	3	2	4	5
16	Alexandria, LA	502		Х	Х				X	Х	Χ	Х
	Central Arkansas HCS-Little Rock	598		Х	Х				Х	Χ	Χ	Х
	Fayetteville, AR	564	Х	Х						Х	Χ	
	Gulf Coast HCS	520		Х	Х				Х		Χ	Х
	Houston, TX	580									X	
	Jackson, MS	586										
	Muskogee, OK	623			Х			Х	Х	Х		Х
	Oklahoma City, OK	635			Х				Х			
	Shreveport, LA	667							Х	Х	Χ	
16	Southeast Louisiana HCS	629									Χ	Х
	TOTALS		1	4	5	0	0	1	6	5	7	5
17	Central Texas HCS	674									Х	
	North Texas HCS	549		Х						Х	X	Х
	South Texas HCS	671		Х					Х		Х	Х
17	Texas Valley Coastal Bend - Harlingen HCS	740										
	TOTALS		0	2	0	0	0	0	1	1	3	2
18	Amarillo HCS	504			Х							Х
	El Paso HCS	756								Х		
	New Mexico HCS	501			Х		Х	Х	Х	Х	Х	Х
	Northern Arizona HCS	649		Х		Х						Х
	Phoenix, AZ	644		Х	Х				Х			Х
	Southern Arizona HCS	678	Χ	X	Х	Х	Χ	Х	Х	Х		Х
	West Texas HCS	519		X							Χ	
	TOTALS		1	4	4	2	2	2	3	3	2	5
19	Cheyenne, WY	442								Χ	Х	Х
19	Eastern Colorado HCS	554							Х	Χ	Χ	Х
19	Grand Junction, CO	575			Х				Х			Х
	Montana HCS	436			Х			Х	Х			Х
19	Salt Lake City HCS	660			Х	Х	Χ	Х	Х	Χ	Χ	Х
19	Sheridan, WY	666						Χ		Χ	Χ	
	TOTALS		0	0	3	1	1	3	4	4	4	5

	Appendix C										
	2002, 2011 & 2014 Modality Comparison Provided at VA		Sp	ecial Di	iets		Stress nagemation TI	ent,	Sw	eat Loc	dge
VISN	LOCATION	Sta No	02	11	2014	02	11	14	02	11	14
	Columbia, MO	589A4					Х	Х			
	Eastern Kansas HCS-Topeka	589A5			Χ		Χ	Х			
15	Kansas City, MO	589				Χ	Х				
	Marion, IL	657A5			Χ			Х			
15	Poplar Bluff, MO	657A4			Х			Х			
	St. Louis, MO-John Cochran	657					Х	Х			
15	Wichita, KS	589A7			Х		Х	Х		Х	Х
	TOTALS		0	0	4	1	5	6	0	1	1
	Alexandria, LA	502			Χ	Χ	Х	Χ			
16	Central Arkansas HCS-Little Rock	598		Х	Х	Х	Х	Х			
16	Fayetteville, AR	564				Х	Х				
	Gulf Coast HCS	520		Х	Х		Х	Х			
	Houston, TX	580				Х	Х	Х			
16	Jackson, MS	586				Х	Х				
16	Muskogee, OK	623				Х		Х			Х
16	Oklahoma City, OK	635					Χ	Х			
16	Shreveport, LA	667				Х	Χ				
16	Southeast Louisiana HCS	629					Х	Х			
	TOTALS		0	2	3	7	9	7	0	0	1
	Central Texas HCS	674					Х				
17	North Texas HCS	549	Х			Х	Х	Х			
17	South Texas HCS	671					Х	Х			
17	Texas Valley Coastal Bend - Harlingen HCS	740			Х			Х			
	TOTALS		1	0	1	1	3	3	0	0	0
18	Amarillo HCS	504			Х			Х			
18	El Paso HCS	756				Х					
18	New Mexico HCS	501			Х	Х	Х	Х		Х	Х
18	Northern Arizona HCS	649		Х				Х			
	Phoenix, AZ	644			Х	Х	Х	Х			
	Southern Arizona HCS	678	Х		Х	Х	Х	Х			
	West Texas HCS	519		Х			Х	Х			
	TOTALS		1	2	4	4	4	6	0	1	1
19	Cheyenne, WY	442		Х	Х	Х	Х	Х			
	Eastern Colorado HCS	554				Х	Х	Х			
19	Grand Junction, CO	575			Х			Х			
	Montana HCS	436			Х			Х			Х
	Salt Lake City HCS	660	Х	Х		Х	Х	Х		Х	Х
	Sheridan, WY	666				Х	Х				Х
	TOTALS		1	2	3	4	4	5	0	1	3

	Appendix C										
	2002, 2011 & 2014 Modality Comparison Provided at VA		Tai (Chi, Qiç	gong		Yoga			Other	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Columbia, MO	589A4			Х			Х			
15	Eastern Kansas HCS-Topeka	589A5									
	Kansas City, MO	589									
	Marion, IL	657A5			Х			Х			Х
	Poplar Bluff, MO	657A4						Х			
	St. Louis, MO-John Cochran	657						Х			
	Wichita, KS	589A7						X			
	TOTALS		0	0	2	0	0	5	0	0	1
16	Alexandria, LA	502						X			•
	Central Arkansas HCS-Little Rock	598						X			
	Fayetteville, AR	564			Х			X	Х		
	Gulf Coast HCS	520			X			X			
	Houston, TX	580								Х	Х
	Jackson, MS	586					Χ				
	Muskogee, OK	623			Х			Х			Х
	Oklahoma City, OK	635		Х							
	Shreveport, LA	667			Х			Х			
	Southeast Louisiana HCS	629			X		Х	X			
10	TOTALS	029	0	1	5	0	2	7	1	1	2
17	Central Texas HCS	674	U	X	3	U		-			
	North Texas HCS	549		^	Х						
	South Texas HCS	671		Х	X		X	Х		Х	-
	Texas Valley Coastal Bend - Harlingen HCS	740			^			^		Λ	
17		740	0	2	2	0	2	1	0	1	
40	TOTALS	504	U	2	2	U	2	1	0	1	0
	Amarillo HCS	504									-
	El Paso HCS	756							0)/		
	New Mexico HCS	501		X	X		Х	X	2X	X	Х
	Northern Arizona HCS	649		Х	X			X			
	Phoenix, AZ	644			X		.,	X			X
	Southern Arizona HCS	678			Х		Х	Х			Х
18	West Texas HCS	519									
	TOTALS		0	2	4	0	2	4	0	1	3
19	Cheyenne, WY	442						X	Χ	Χ	
	Eastern Colorado HCS	554			Х		X	X			Х
	Grand Junction, CO	575					Χ	X			
	Montana HCS	436									
	Salt Lake City HCS	660	Χ	Х	Х	Χ	Х	X		Х	Х
19	Sheridan, WY	666									
	TOTALS		1	1	2	1	3	4	1	2	2

	Appendix 0										
	2002, 2011 & 2014 Modality Comparison Provided at VA		Ac	upressi	ure	Ac	upunct	ure		nal Assi Therapy	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
20	Alaska HCS	463									
20	Boise, ID	531									
20	Portland, OR	648					Х	Х		Х	
20	Puget Sound HCS-Seattle	663			Х	Х		Х			
20	Roseburg HCS	653									Х
	Spokane, WA	668						Х			
	Walla Walla, WA	687		Х							
20	White City, OR	692						Х		Х	Х
	TOTALS		0	1	1	1	1	4	0	2	2
21	Central California HCS	570								Х	
21	Manila, PI	358									
21	Northern California HCS	612A4						Х			Х
21	Pacific Islands HCS	459									
21	Palo Alto HCS-Palo Alto	640		Х		Х	Х	Х		Х	Х
21	San Francisco, CA	662		Х							
21	Sierra Nevada HCS	654	Х			Х			Х	Х	
	TOTALS		1	2	0	2	1	2	1	3	2
22	Greater Los Angeles HCS	691					Х	Х		Х	Х
22	Loma Linda HCS	605		Х			Х	Х		Х	Х
22	Long Beach HCS	600		Х	Х		Х	Х		Х	Х
22	San Diego HCS	664	Х	Х		Х	Χ	Х	Х	Х	
22	Southern Nevada HCS	593					Х	Х			
	TOTALS		1	3	1	1	5	5	1	4	3
23	Black Hills HCS-Fort Meade	568					Х				Х
23	Central Iowa HCS	636A6				Х	Х	Х		Х	Х
23	Fargo VA HCS	437									Х
23	Iowa City VA HCS	636A8					Х	Х			Х
23	Minneapolis VA HCS	618	Χ		Х		Χ	Х	Χ	Χ	Χ
23	Nebraska-Western Iowa HCS-Omaha	636						Х			
23	Sioux Falls VA HCS	438	Х		Х			Х	Х		Х
23	St Cloud VA HCS	656						Х		Х	Х
	TOTALS		2	0	2	1	4	6	2	3	7
	NATIONAL TOTALS		12	24	25	29	59	79	12	65	68

	Appendix C								
	2002, 2011 & 2014 Modality Comparison Provided at VA		Aro	mather	ару	Art Therapy	Bio	ofeedba	ack
VISN	LOCATION	Sta No	02	11	14	2014	02	11	14
	Alaska HCS	463							
20	Boise, ID	531				X	Χ	Χ	X
20	Portland, OR	648					Χ		
20	Puget Sound HCS-Seattle	663			Х		Х		
20	Roseburg HCS	653			Х	X	Х		
	Spokane, WA	668							
20	Walla Walla, WA	687			Х	X		Х	
20	White City, OR	692						Х	
	TOTALS		0	0	3	3	4	3	1
21	Central California HCS	570		Χ				Х	
21	Manila, PI	358							
21	Northern California HCS	612A4			Х	X			Х
21	Pacific Islands HCS	459					Χ	Х	Х
21	Palo Alto HCS-Palo Alto	640	Χ	Х	Х	X		Х	Х
21	San Francisco, CA	662		Х		X	Х	Х	Х
21	Sierra Nevada HCS	654		Χ		Х	Х	Х	
	TOTALS		1	4	2	4	3	5	4
22	Greater Los Angeles HCS	691		Х	Х		Х	Х	Х
22	Loma Linda HCS	605					Х	Х	Х
22	Long Beach HCS	600			Х	X		Х	Х
22	San Diego HCS	664		Χ	X		Χ		
22	Southern Nevada HCS	593			X		Χ		X
	TOTALS		0	2	4	1	4	3	4
	Black Hills HCS-Fort Meade	568		Х	Х	X		Χ	X
23	Central Iowa HCS	636A6		Χ		Χ	Х		
	Fargo VA HCS	437			Х		Х		
23	Iowa City VA HCS	636A8							
	Minneapolis VA HCS	618		Χ	Х	Χ	Χ	Х	Χ
	Nebraska-Western Iowa HCS-Omaha	636			Х				
	Sioux Falls VA HCS	438			Х		Х		X
23	St Cloud VA HCS	656			Х	Χ		Х	
	TOTALS		0	3	6	4	4	3	3
	NATIONAL TOTALS		4	26	58	82	63	71	71

	Appendix C								
	2002, 2011 & 2014 Modality Comparison Provided at VA		Chiropractic	N	Dietary Iutrition ppleme	al	Ene	rgy Hea	aling
VISN	LOCATION	Sta No	2014	02	11	14	02	11	14
20	Alaska HCS	463							
20	Boise, ID	531							
20	Portland, OR	648			Х				
20	Puget Sound HCS-Seattle	663	Х				Х		
20	Roseburg HCS	653		Х	Х	Х			
20	Spokane, WA	668	Х						
20	Walla Walla, WA	687							
20	White City, OR	692							
	TOTALS		2	1	2	1	1	0	0
21	Central California HCS	570		Х	Х				
21	Manila, PI	358							
21	Northern California HCS	612A4	X						Х
21	Pacific Islands HCS	459				Х		Х	
21	Palo Alto HCS-Palo Alto	640					Х	Х	
21	San Francisco, CA	662						Х	
21	Sierra Nevada HCS	654		Х					
	TOTALS		1	2	1	1	1	3	1
22	Greater Los Angeles HCS	691	Χ	Х		Х			Х
22	Loma Linda HCS	605	Χ		Х				
22	Long Beach HCS	600	X						Х
22	San Diego HCS	664					Х		
22	Southern Nevada HCS	593	X		Х	X			X
	TOTALS		4	1	2	2	1	0	3
23	Black Hills HCS-Fort Meade	568			Х	X	Χ		
23	Central Iowa HCS	636A6	X		Х				Χ
23	Fargo VA HCS	437		Х					
23	Iowa City VA HCS	636A8	Х		Х				
23	Minneapolis VA HCS	618	X			Х		Х	Х
	Nebraska-Western Iowa HCS-Omaha	636				Х			
	Sioux Falls VA HCS	438	Х			Х			Х
23	St Cloud VA HCS	656							
	TOTALS		4	1	3	4	1	1	3
	NATIONAL TOTALS		49	17	45	41	9	19	39

	Appendix C										
	2002, 2011 & 2014 Modality Comparison Provided at VA		Guid	ded Ima	gery	Herb	al Medi	cines		lypnosi: onother	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
20	Alaska HCS	463		Χ	Х						
	Boise, ID	531	Χ		Х				Χ	Χ	X
	Portland, OR	648	Χ		Х						
	Puget Sound HCS-Seattle	663	Χ	Χ	Х		Χ		Χ	Х	
	Roseburg HCS	653	Χ		Х				Χ		
	Spokane, WA	668									
20	Walla Walla, WA	687		Х	Х	Χ					
20	White City, OR	692		Χ	Х						
	TOTALS		4	4	7	1	1	0	3	2	1
	Central California HCS	570							Χ		
	Manila, PI	358									
	Northern California HCS	612A4			Х						
	Pacific Islands HCS	459	Х	Х							
	Palo Alto HCS-Palo Alto	640	Χ	Х	Х				Χ	Х	X
	San Francisco, CA	662	Х	Х	Х				Χ		X
21	Sierra Nevada HCS	654	Χ	Х	Х				Χ	Х	
	TOTALS		4	4	4	0	0	0	4	2	2
22	Greater Los Angeles HCS	691	Х	Х	Χ					Х	X
	Loma Linda HCS	605		Х	Х		Х			Х	
	Long Beach HCS	600		Χ	Х					Χ	
	San Diego HCS	664			Χ				Χ		
22	Southern Nevada HCS	593			Х						Х
	TOTALS		1	3	5	0	1	0	1	3	2
	Black Hills HCS-Fort Meade	568	Χ	Х	Х						Х
23	Central Iowa HCS	636A6	Χ	Х					X		
	Fargo VA HCS	437							Χ		
23	Iowa City VA HCS	636A8			Х						
	Minneapolis VA HCS	618		Х	Х				Χ	Χ	Х
	Nebraska-Western Iowa HCS-Omaha	636			Х						
	Sioux Falls VA HCS	438	Χ		X				Χ		
23	St Cloud VA HCS	656		Х			Х				
	TOTALS		3	4	5	0	1	0	4	1	2
	NATIONAL TOTALS		60	82	97	4	8	8	45	41	38

	Appendix C										
	2002, 2011 & 2014 Modality Comparison Provided at VA		Mass	age Th	erapy	Other (Trai M I	ndfullne Medita nscend editatio Mantrar epetitio	ations ental en, m	Moven	nent Pr	actices
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Alaska HCS	463					Χ	Х			
	Boise, ID	531				Χ	Χ	Х			
	Portland, OR	648	Х	Χ				X			
	Puget Sound HCS-Seattle	663	Χ	Х	Х	Χ	Χ	X			X
	Roseburg HCS	653			Х		Χ	Х			
20	Spokane, WA	668						Х			
	Walla Walla, WA	687					Χ	X			
20	White City, OR	692					Χ	Х			
	TOTALS		2	2	2	2	6	8	0	0	1
21	Central California HCS	570						Х			
	Manila, PI	358									
21	Northern California HCS	612A4					Χ	X			X
21	Pacific Islands HCS	459					Χ				
21	Palo Alto HCS-Palo Alto	640	Х	Х	Х	Χ	Х	X		Х	X
21	San Francisco, CA	662		Х	Х	Χ	Х	X			X
21	Sierra Nevada HCS	654				Χ	Х	X			
	TOTALS		1	2	2				0	1	3
22	Greater Los Angeles HCS	691					Χ	X			
22	Loma Linda HCS	605					Χ	Х			
22	Long Beach HCS	600		Х	Х		Х	X			
22	San Diego HCS	664				Х	Х				
22	Southern Nevada HCS	593			Х			Х			Х
	TOTALS		0	1	2				0	0	1
23	Black Hills HCS-Fort Meade	568			Х	Х	Х	Х			X
23	Central Iowa HCS	636A6				X	Χ			Х	
23	Fargo VA HCS	437						Х			
23	Iowa City VA HCS	636A8					Х	Х			
23	Minneapolis VA HCS	618		Х	Х	Х	X	Х		Χ	Х
23	Nebraska-Western Iowa HCS-Omaha	636						Х			
23	Sioux Falls VA HCS	438	Х		Х	Х		Х			
23	St Cloud VA HCS	656			Х			Х			
	TOTALS		1	1	4	4	4	7	0	2	2
	NATIONAL TOTALS		21	39	32	8	18	24	0	18	28

	2002, 2011 & 2014 Modality Comparis Provided at VA				sic Ther	ару	Heali	re Ame		Other Creative Arts Therapy	Muscl		exation
VISN	LOCATION		a No	02	11	14	02	11	14	2014	02	11	14
	Alaska HCS	463										Χ	X
	Boise, ID	531		Χ	Χ	X	Х	Х	Х		Χ		
	Portland, OR	648				X					Χ	X	
	Puget Sound HCS-Seattle	663				X			X	Χ	Χ		X
20	Roseburg HCS	653	3	Χ		X			X	Χ			
	Spokane, WA	668											Х
	Walla Walla, WA	687								Χ		Χ	Х
20	White City, OR	692	2		Χ			Χ	Х	Χ			Х
		TOTALS		2	2	4	1	2	4	4	3	3	5
21	Central California HCS	570	0		Χ								
21	Manila, PI	358	8										
21	Northern California HCS	612	2A4										Х
21	Pacific Islands HCS	459	9	Χ							Х	Х	
	Palo Alto HCS-Palo Alto	640	0	Χ	Х	Х	Х			Χ	Х	Х	Х
21	San Francisco, CA	662	2	Χ						Χ	Х	Х	Х
21	Sierra Nevada HCS	654	4		Х			Х			Х	Х	Х
		TOTALS		3	3	1	1	1	0	2	4	4	4
22	Greater Los Angeles HCS	691						Χ			Χ	Х	X
22	Loma Linda HCS	605	5			Х			Х		Х	Х	
22	Long Beach HCS	600			Х	Х				Х		Х	Х
	San Diego HCS	664			Χ								
22	Southern Nevada HCS	593	3			Х				Χ			Х
		TOTALS		0	2	3	0	1	1	2	2	3	3
	Black Hills HCS-Fort Meade	568	_	Χ	Χ		Х		Χ	Χ	Χ		
_	Central Iowa HCS		6A6	Χ	Χ	X					Χ	X	
	Fargo VA HCS	437							Χ				
	Iowa City VA HCS		6A8										Х
	Minneapolis VA HCS	618	-	Χ	Χ	Х		Х		Χ	Χ	Χ	Х
	Nebraska-Western Iowa HCS-Omaha	636											Х
_	Sioux Falls VA HCS	438		Χ		Х					Χ		Х
23	St Cloud VA HCS	656	6		Χ	Х				Χ		Χ	
		TOTALS		4	4	4	1	1	2	3	4	3	4
	NATIONAL TOTALS			37	64	72	7	12	17	58	63	75	85

	Appelluix 0										
	2002, 2011 & 2014 Modality Comparison Provided at VA		Sp	ecial Di	ets		Stress nagemation TI	ent,	Sw	eat Loc	dge
VISN	LOCATION	Sta No	02	11	2014	02	11	14	02	11	14
20	Alaska HCS	463		Х			Х	Х			
20	Boise, ID	531			Х	Х		Х		Х	Х
	Portland, OR	648		Х		Х	Х				
20	Puget Sound HCS-Seattle	663				Х		Х			Х
	Roseburg HCS	653		Х	Х			Х		Х	
20	Spokane, WA	668						Х			Х
	Walla Walla, WA	687			Х		Х	Х			
20	White City, OR	692			Х			Х		Х	Х
	TOTALS		0	3	4	3	3	7	0	3	4
21	Central California HCS	570	Х	Х	Х			Х			
21	Manila, PI	358									
	Northern California HCS	612A4			Х			Х			
21	Pacific Islands HCS	459				Х	Х	Х			
21	Palo Alto HCS-Palo Alto	640	Х			Х	Х	Х			
21	San Francisco, CA	662				Х	Х	Х			
21	Sierra Nevada HCS	654				Х	Х	Х			
	TOTALS		2	1	2	4	4	6	0	0	0
22	Greater Los Angeles HCS	691				Х	Х	Х			
	Loma Linda HCS	605		Х	Х	Х	Х	Х			
22	Long Beach HCS	600					Х	Х			
22	San Diego HCS	664	Χ			Х	Х				
22	Southern Nevada HCS	593	Χ	Х	Х	Х	Х	Х			
	TOTALS		2	2	2	4	5	4	0	0	0
23	Black Hills HCS-Fort Meade	568		Х		Х		Х		Х	Х
	Central Iowa HCS	636A6		Х		Х	Х				
23	Fargo VA HCS	437	Х					Х			Х
23	Iowa City VA HCS	636A8		Х	Х			Х			
23	Minneapolis VA HCS	618			Х	Х	Χ	Х			
	Nebraska-Western Iowa HCS-Omaha	636						Х			
23	Sioux Falls VA HCS	438			Х	Х		Х			
23	St Cloud VA HCS	656		Χ	Х		Χ	Х		Х	Х
	TOTALS		1	4	4	4	3	7	0	2	3
	NATIONAL TOTALS		10	31	54	79	93	112	0	10	13

	Appendix C										
	2002, 2011 & 2014 Modality Comparison Provided at VA		Tai (Chi, Qiç	gong		Yoga		Other 02 11 14		
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
20	Alaska HCS	463						Х			
20	Boise, ID	531					Х	Х			
20	Portland, OR	648	Х		Х		Х	Х			
20	Puget Sound HCS-Seattle	663						Х			Х
20	Roseburg HCS	653									
	Spokane, WA	668						Х			Х
20	Walla Walla, WA	687			Х			Х			
20	White City, OR	692		Х			Х	Х			Х
	TOTALS		1	1	2	0	3	7	0	0	3
21	Central California HCS	570			Х						Х
21	Manila, PI	358									
21	Northern California HCS	612A4			Х			Х			
21	Pacific Islands HCS	459		Х	Х			Х		Х	
21	Palo Alto HCS-Palo Alto	640		Х	Х		Х	Х		Х	
21	San Francisco, CA	662						Х	Х		
21	Sierra Nevada HCS	654			Х		Х	Х			
	TOTALS		0	2	5	0	2	5	1	2	1
22	Greater Los Angeles HCS	691	Х	Х	Х		Х	Х			
22	Loma Linda HCS	605		Х							
22	Long Beach HCS	600			Х		Х	Х			
22	San Diego HCS	664				Χ	Χ				
22	Southern Nevada HCS	593	Χ	Χ	Х		Χ	Х			
	TOTALS		2	3	3	1	4	3	0	0	0
23	Black Hills HCS-Fort Meade	568			Х			Х			
23	Central Iowa HCS	636A6			Х			Х			
	Fargo VA HCS	437			Х						
	Iowa City VA HCS	636A8			Х			Х			
	Minneapolis VA HCS	618		Х	Х		Х	Х		Х	
	Nebraska-Western Iowa HCS-Omaha	636						Х			
	Sioux Falls VA HCS	438			Х			Х			
23	St Cloud VA HCS	656		Х	Х		Х	Х			
	TOTALS		0	2	7	0	2	7	0	1	0
	NATIONAL TOTALS		13	32	64	7	44	96	6	17	29

	Appendix D		•								
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Ac	upress	ure	Ac	upunct	ure		nal Ass Therapy	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
1	Bedford, MA	518					Х				
	Boston HCS-Boston	523								Х	
1	Central Western Massachusetts HCS	631						Х			
	Connecticut HCS-West Haven	689									Х
1	Maine VA HCS	402					Х	Х			
1	Manchester, NH	608						Х			
	Providence, RI	650									
1	White River Junction, VT	405					Х	Х			Х
	TOTALS		0	0	0	0	3	4	0	1	2
2	Albany, NY	528A8				Х		Х			
2	Bath, NY	528A6									
	Canandaigua, NY	528A5					Х			Х	
	Syracuse, NY	528A7						Х			
2	Western New York HCS	528									
	TOTALS		0	0	0	1	1	2	0	1	0
	Bronx, NY	526									
	Hudson Valley HCS-Montrose	620									
	New Jersey HCS-East Orange	561						X			X
	New York Harbor HCS-New York	630									
3	Northport, NY	632						Х			
	TOTALS		0	0	0	0	0	2	0	0	1
	Altoona, PA	503									
	Butler, PA	529						X			
	Clarksburg, WV	540						Χ			
	Coatesville, PA	542					Χ	X		Х	
	Erie, PA	562						Χ			
	Lebanon, PA	595						X			
	Philadelphia, PA	642									
	Pittsburgh HCS-Univ Dr	646						X			
	Wilkes-Barre, PA	693					Х	X			
4	Wilmington, DE	460						_			
	TOTALS	040	0	0	0	0	2	7	0	1	0
	Martinsburg, WV	613					Х	X			
	Maryland HCS-Baltimore	512					.,	Х			X
5	Washington, DC	688					X				
	TOTALS		0	0	0	0	2	2	0	0	1
6	Asheville, NC	637						X		1	
	Beckley, WV	517				V				-	
	Durham, NC	558				Х				1	
	Fayetteville, NC	565			v			v		1	
	Hampton, VA Richmond, VA	590			X			X		 	
	Salem, VA	652 658						X			Х
	Salisbury, NC	659						Α		Х	^
0	TOTALS		0	0	1	1	0	4	0	1	1
	TOTALS		U	U			U	4	U		

	Appendix D								
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Aro	mather	гару	Art Therapy	Bio	ofeedba	ack
VISN	LOCATION	Sta No	02	11	14	2014	02	11	14
1	Bedford, MA	518							
1	Boston HCS-Boston	523							
1	Central Western Massachusetts HCS	631							
1	Connecticut HCS-West Haven	689							
1	Maine VA HCS	402						Х	
1	Manchester, NH	608							Х
1	Providence, RI	650							
1	White River Junction, VT	405							
	TOTALS		0	0	0	0	0	1	1
2	Albany, NY	528A8							
2	Bath, NY	528A6							
2	Canandaigua, NY	528A5							
2	Syracuse, NY	528A7							
2	Western New York HCS	528							
	TOTALS		0	0	0	0	0	0	0
	Bronx, NY	526							
	Hudson Valley HCS-Montrose	620							
	New Jersey HCS-East Orange	561							
	New York Harbor HCS-New York	630							
3	Northport, NY	632		_		_	_		
	TOTALS		0	0	0	0	0	0	0
	Altoona, PA	503							
	Butler, PA	529							X
4	Clarksburg, WV	540							
4	Coatesville, PA	542							
4	Erie, PA	562							
	Lebanon, PA	595							
	Philadelphia, PA Pittsburgh HCS-Univ Dr	642 646							
		693							
4	Wilkes-Barre, PA Wilmington, DE	460							
-	TOTALS	700	0	0	0	0	0	0	1
5	Martinsburg, WV	613	J	J	3	J	J	U	•
	Maryland HCS-Baltimore	512							
	Washington, DC	688							
	TOTALS	300	0	0	0	0	0	0	0
6	Asheville, NC	637		•			•		X
6	Beckley, WV	517							
6	Durham, NC	558							
6	Fayetteville, NC	565							
6	Hampton, VA	590							
6	Richmond, VA	652							
6	Salem, VA	658			Х				
6	Salisbury, NC	659							
	TOTALS		0	0	1	0	0	0	1

	Appendix D								
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Chiropractic		ry/Nutri ppleme		Ene	rgy Hea	aling
VISN	LOCATION	Sta No	2014	02	11	14	02	11	14
	Bedford, MA	518	2014	02	'''	14	02	- ' '	14
1	Boston HCS-Boston	523	Х						
	Central Western Massachusetts HCS	631	X						
1	Connecticut HCS-West Haven	689	^						
	Maine VA HCS	402	Х						
	Manchester, NH	608	X						
	Providence, RI	650	^						
1	White River Junction, VT	405	Х						
-	TOTALS	403	5	0	0	0	0	0	0
2	Albany, NY	528A8	X	U	U	U	U	U	U
2	Bath, NY	528A6	^						
2	Canandaigua, NY	528A5							
	Syracuse, NY	528A7	Х						
2	Western New York HCS	528A7	^						
	TOTALS	320	2	0	0	0	0	0	0
3	Bronx, NY	526		U	U	U	U	U	U
	Hudson Valley HCS-Montrose	620	Х						
		561	X						
	New Jersey HCS-East Orange New York Harbor HCS-New York	630	^						
	Northport, NY	632	Х						
3	TOTALS	032	3	0	0	0	0	0	0
4	Altoona, PA	503	3	U	U	U	U	U	U
4	Butler, PA	529	Х						
	Clarksburg, WV	540	X						
4	Coatesville, PA	542	X						
4			X						
	Erie, PA	562 595	X						
	Lebanon, PA								
	Philadelphia, PA	642	X						
4	Pittsburgh HCS-Univ Dr	646	X						
4	Wilkes-Barre, PA	693	X						
4	Wilmington, DE TOTALS	460	Х 9	0	0	0	0	0	0
5		613	9	U	U	U	U	U	U
	Martinsburg, WV		V						
5 5	Maryland HCS-Baltimore	512	X						
5	Washington, DC	688	X	^		0	•	0	
6	Ashavilla NC	627	2	0	0	0	0	0	0
		637	Х		-				
6	Beckley, WV	517	V						
6	Durham, NC	558	Х						
6	Fayetteville, NC	565	V						
6	Hampton, VA	590	X						
6	Richmond, VA	652	X						
6	Salem, VA	658	Х						X
6	Salisbury, NC	659	_		X				
	TOTALS		5	0	1	0	0	0	1

	Appendix D										
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Guided Imagery Herbal Me		al Medi	cines		ypnosis onother			
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
1	Bedford, MA	518									
1	Boston HCS-Boston	523									
1	Central Western Massachusetts HCS	631									
1	Connecticut HCS-West Haven	689									
1	Maine VA HCS	402									
1	Manchester, NH	608									
1	Providence, RI	650									
1	White River Junction, VT	405									
	TOTALS		0	0	0	0	0	0	0	0	0
2	Albany, NY	528A8									
2	Bath, NY	528A6									
2	Canandaigua, NY	528A5									
2	Syracuse, NY	528A7									
2	Western New York HCS	528									
	TOTALS		0	0	0	0	0	0	0	0	0
3	Bronx, NY	526									
	Hudson Valley HCS-Montrose	620									
3	New Jersey HCS-East Orange	561									
3	New York Harbor HCS-New York	630									
3	Northport, NY	632									
	TOTALS		0	0	0	0	0	0	0	0	0
4	Altoona, PA	503									
4	Butler, PA	529									
4	Clarksburg, WV	540									
4	Coatesville, PA	542									
4	Erie, PA	562									
	Lebanon, PA	595									
	Philadelphia, PA	642									
	Pittsburgh HCS-Univ Dr	646				-					
4	Wilkes-Barre, PA	693				 					
4	Wilmington, DE TOTALS	460	0	0	0	0	0	0	0	0	0
5	Martinsburg, WV	613	U	U	U	U	U	U	U	U	U
5	Maryland HCS-Baltimore	512			Х	-					
	Washington, DC	688			^						
	TOTALS		0	0	1	0	0	0	0	0	0
6	Asheville, NC	637					,	,	•		
6	Beckley, WV	517									
6	Durham, NC	558									
6	Fayetteville, NC	565									
	Hampton, VA	590									
6	Richmond, VA	652									
6	Salem, VA	658				1		Х			
6	Salisbury, NC	659				1					
	TOTALS		0	0	0	0	0	1	0	0	0
	1011120			_							_

	Appendix D										
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Mass	age Th	erapy	Me (Trai M	ullness. edicationscende editation Mantran	ons ental n, n		loveme Practice	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
1	Bedford, MA	518									
1	Boston HCS-Boston	523									
1	Central Western Massachusetts HCS	631									
1	Connecticut HCS-West Haven	689									
1	Maine VA HCS	402									
1	Manchester, NH	608									
1	Providence, RI	650									
1	White River Junction, VT	405									
	TOTALS		0	0	0	0	0	0	0	0	0
2	Albany, NY	528A8									
2	Bath, NY	528A6									
2	Canandaigua, NY	528A5									
2	Syracuse, NY	528A7									
2	Western New York HCS	528									
	TOTALS		0	0	0	0	0	0	0	0	0
3	Bronx, NY	526									
	Hudson Valley HCS-Montrose	620									
	New Jersey HCS-East Orange	561			Х						
3	New York Harbor HCS-New York	630									
3	Northport, NY	632	_	_		Χ	_			_	
_	TOTALS		0	0	1	1	0	0	0	0	0
4	Altoona, PA	503									
4	Butler, PA	529									
4	Clarksburg, WV	540									
4	Coatesville, PA	542									
4	Erie, PA	562									
	Lebanon, PA	595									
	Philadelphia, PA	642									
	Pittsburgh HCS-Univ Dr	646		V							
4	Wilkes-Barre, PA	693		Х		 					
4	Wilmington, DE TOTALS	460	0	1	0	0	0	0	0	0	0
5	Martinsburg, WV	613	U		U	U	U	U	U	U	U
5	Maryland HCS-Baltimore	512				1					
	Washington, DC	688				-					
	TOTALS		0	0	0	0	0	0	0	0	0
6	Asheville, NC	637	J	0	-	- 0	J	J	J	.	J
6	Beckley, WV	517				1					
6	Durham, NC	558			Х						
6	Fayetteville, NC	565				1					
	Hampton, VA	590			Х						
6	Richmond, VA	652			X						
6	Salem, VA	658			X						Х
6	Salisbury, NC	659									
	TOTALS		0	0	4	0	0	0	0	0	1
	TOTALO							•			

	Appendix D											
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Mus	sic The	rapy		/e Ame		Other Creative Arts Therapy		essive I elaxatio	Muscle on
VISN	LOCATION	Sta No	02	11	14	02	11	14	2014	02	11	14
1	Bedford, MA	518				<u> </u>						
1	Boston HCS-Boston	523										
1	Central Western Massachusetts HCS	631										
1	Connecticut HCS-West Haven	689										
1	Maine VA HCS	402										
1	Manchester, NH	608										
1	Providence, RI	650										
1	White River Junction, VT	405										
	TOTALS	400	0	0	0	0	0	0	0	0	0	0
2	Albany, NY	528A8	U	U	U	<u> </u>	U	U	<u> </u>	U	<u> </u>	U
2	Bath, NY	528A6										
2	Canandaigua, NY	528A5										
2	Syracuse, NY	528A7										
2	Western New York HCS	528A7										
	TOTALS	320	0	0	0	0	0	0	0	0	0	0
3	Bronx, NY	526	0	U	-	-	U	0		U	-	0
	Hudson Valley HCS-Montrose	620										
3	New Jersey HCS-East Orange	561										
3	New York Harbor HCS-New York	630										
3	Northport, NY	632										
3	TOTALS	032	0	0	0	0	0	0	0	0	0	0
4	Altoona, PA	503	U	U	-	U	U	U		U	U	0
4	Butler, PA	529										
4	Clarksburg, WV	540										-
4	Coatesville, PA	542										-
4	Erie, PA	562										-
4	Lebanon, PA	595										-
4	Philadelphia, PA	642										-
4	Pittsburgh HCS-Univ Dr	646								-		
4	Wilkes-Barre, PA											-
		693 460								_	-	-
4	Wilmington, DE TOTALS	400	0	0	0	0	0	0	0	0	0	0
5	Martinsburg, WV	613	J	U	U	U	U	U	U	U	U	J
5	Maryland HCS-Baltimore	512		-						-	1	Х
5	Washington, DC	688	Х	-						-	1	^
5	TOTALS		1	^	0	^	0	0	^	0	_	4
6		637		0	0	U	U	U	U	U	U	1
6	Beckley, WV	517		-						-	1	
	Durham, NC	558		-			-				1	
6	Fayetteville, NC	565								-	-	
6	Hampton, VA	590								-	-	
	Richmond, VA	652								-	-	
6	Salem, VA	658								-	-	
6	Salisbury, NC	659								-	-	
0	TOTALS	009	0	0	0	0	0	0	0	0	0	0
	TUTALS		0	U	U	U	U	U	U	U	U	U

	Appendix D										
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Sp	ecial D	iets		Stress nagemention Th		Sweat Lodge 02 11 14		
VISN	LOCATION	Sta No	02	11	2014	02	11	14	02	11	14
1	Bedford, MA	518									
1	Boston HCS-Boston	523									
1	Central Western Massachusetts HCS	631									
1	Connecticut HCS-West Haven	689									
1	Maine VA HCS	402					Х				
1	Manchester, NH	608									
1	Providence, RI	650									
1	White River Junction, VT	405									
	TOTALS		0	0	0	0	1	0	0	0	0
2	Albany, NY	528A8									
2	Bath, NY	528A6									
2	Canandaigua, NY	528A5									
2	Syracuse, NY	528A7									
2	Western New York HCS	528									
	TOTALS		0	0	0	0	0	0	0	0	0
3	Bronx, NY	526									
	Hudson Valley HCS-Montrose	620									
3	New Jersey HCS-East Orange	561									
3	New York Harbor HCS-New York	630									
3	Northport, NY	632									
	TOTALS		0	0	0	0	0	0	0	0	0
	Altoona, PA	503									
4	Butler, PA	529									
4	Clarksburg, WV	540									
4	Coatesville, PA	542									
4	Erie, PA	562									
	Lebanon, PA	595									
	Philadelphia, PA	642									
	Pittsburgh HCS-Univ Dr	646									
4	Wilkes-Barre, PA	693									
4	Wilmington, DE TOTALS	460	0	0	0	0	0	0	0	•	0
5	Martinsburg, WV		U	U	U	U	U	0	U	0 X	0
5		613 512						Х		_^	Х
	Maryland HCS-Baltimore Washington, DC	688									*
5	TOTALS		0	0	0	0	0	1	0	1	1
6	Asheville, NC	637	J	U	U	U	J	•	U		
6	Beckley, WV	517									
6	Durham, NC	558									
6	Fayetteville, NC	565									
	Hampton, VA	590									
6	Richmond, VA	652									
6	Salem, VA	658				1					
6	Salisbury, NC	659				1					
	TOTALS		0	0	0	0	0	0	0	0	0
	TOTALO		U	•		J	U	J		J	J

1 Bedford, MA		Appendix D										
1 Bedford, MA				Tai (Chi, Qi	gong		Yoga			Other	
1 Boston HCS-Boston	VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
1 Boston HCS-Boston	1	Bedford, MA	518									
1 Connecticut HCS-West Haven 689 X	1	Boston HCS-Boston	523									
1 Maine VA HCS	1	Central Western Massachusetts HCS	631									
1 Manchester, NH 608				Х								
1 Providence, RI												
1	1		608									
TOTALS		Providence, RI										
2 Albany, NY 528A6 2 Bath, NY 528A6 2 2 Canandaigua, NY 528A5 2 Syracuse, NY 528A5 2 Syracuse, NY 528A7 2 Western New York HCS 528 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1	White River Junction, VT	405									
2 Bath, NY 528A6				1	0	0	0	0	0	0	0	0
2 Canandaigua, NY 528A5 2 Syracuse, NY 528A7 2 Western New York HCS 528 3 Bronx, NY 526 3 Bronx, NY 526 3 Hudson Valley HCS-Montrose 620 3 New Jersey HCS-East Orange 561 3 New Jersey HCS-East Orange 561 3 Northport, NY 632 4 Mathora, PA 503 4 Altoona, PA 503 4 Butter, PA 540 4 Carlesburg, WV 540 4 Cacatesville, PA 542 4 Erie, PA 562 4 Lebanon, PA 595 4 Philadelphia, PA 642 4 Philadelphia, PA 642 4 Pittsburgh HCS-Univ Dr 646 4 Wilkes-Barre, PA 693 4 Wilkes-Barre, PA 693 5 Maryland HCS-Baltimore 512												
2 Syracuse, NY												
See												
TOTALS												
Second	2		528	_	_		_	_		_	_	_
3 Hudson Valley HCS-Montrose 620	_			0	0	0	0	0	0	0	0	0
3 New Jersey HCS-East Orange 561												
3 New York Harbor HCS-New York 630												
3 Northport, NY												
TOTALS												
4 Altoona, PA 503 4 Butler, PA 529 4 Clarksburg, WV 540 4 Coatesville, PA 542 4 Erie, PA 562 4 Lebanon, PA 595 4 Philadelphia, PA 642 4 Pittsburgh HCS-Univ Dr 646 4 Wilkes-Barre, PA 693 4 Wilmington, DE 460 TOTALS 0 0 0 0 0 0 0 0 0 5 Martinsburg, WV 613 5 Maryland HCS-Baltimore 512 5 Washington, DC 688 X TOTALS 1 0 0 0 1 0 0 6 Asheville, NC 637 6 Beckley, WV 517 6 Durham, NC 558 6 Fayetteville, NC 565 6 Hampton, VA 590 6 Salem, VA 652	3		032	_	•		•	_	•	_	_	0
4 Butler, PA 529 4 Clarksburg, WV 540 4 Coatesville, PA 542 4 Erie, PA 562 4 Lebanon, PA 595 4 Philadelphia, PA 642 4 Pittsburgh HCS-Univ Dr 646 4 Wilkes-Barre, PA 693 4 Wilmington, DE 460 5 Martinsburg, WV 613 5 Maryland HCS-Baltimore 512 5 Washington, DC 688 X TOTALS 1 0 0 0 0 6 Asheville, NC 637 6 6 6 6 6 6 Durham, NC 558 0			E02	U	U	U	U	U	U	U	U	U
4 Clarksburg, WV 540 4 Coatesville, PA 542 4 Erie, PA 562 4 Lebanon, PA 595 4 Philadelphia, PA 642 4 Pittsburgh HCS-Univ Dr 646 4 Wilkes-Barre, PA 693 4 Wilmington, DE 460 5 Martinsburg, WV 613 5 Maryland HCS-Baltimore 512 5 Washington, DC 688 X TOTALS 5 Washington, DC 6 Asheville, NC 6 Beckley, WV 6 Fayetteville, NC 6 Fayetteville, NC 6 Hampton, VA 6 Salem, VA												
4 Coatesville, PA 542 4 Erie, PA 562 4 Lebanon, PA 595 4 Philadelphia, PA 642 4 Pittsburgh HCS-Univ Dr 646 4 Wilkes-Barre, PA 693 4 Wilmington, DE 460 5 Martinsburg, WV 613 5 Maryland HCS-Baltimore 512 5 Washington, DC 688 X TOTALS 1 0 0 0 1 0 6 Asheville, NC 637 6												
4 Erie, PA 562 4 Lebanon, PA 595 4 Philadelphia, PA 642 4 Pittsburgh HCS-Univ Dr 646 4 Wilkes-Barre, PA 693 4 Wilmington, DE 460 TOTALS 0 0 0 0 0 5 Martinsburg, WV 613 X X 5 5 Maryland HCS-Baltimore 512 X X X 5 Washington, DC 688 X X X 6 Asheville, NC 637 6 0		Coatosvillo DA										
4 Lebanon, PA 595 4 Philadelphia, PA 642 4 Pittsburgh HCS-Univ Dr 646 4 Wilkes-Barre, PA 693 4 Wilmington, DE 460 TOTALS 0 0 0 0 5 Martinsburg, WV 613 0 0 0 0 5 Maryland HCS-Baltimore 512 X X 0												
4 Philadelphia, PA 642 4 Pittsburgh HCS-Univ Dr 646 4 Wilkes-Barre, PA 693 4 Wilmington, DE 460 TOTALS 0 0 0 0 5 Martinsburg, WV 613 3 5 Maryland HCS-Baltimore 512 X 5 Washington, DC 688 X 6 Asheville, NC 637 0 0 0 0 6 Beckley, WV 517 0 0 0 0 0 6 Fayetteville, NC 558 0												
4 Pittsburgh HCS-Univ Dr 646 <td></td>												
4 Wilkes-Barre, PA 693 4 Wilmington, DE 460 TOTALS 0 0 0 0 0 5 Martinsburg, WV 613 X X 5 Maryland HCS-Baltimore 512 X X 5 Washington, DC 688 X X 6 Asheville, NC 637 0 0 0 1 0 0 6 Beckley, WV 517 0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	4	Pittshurgh HCS-I Iniv Dr										
4 Wilmington, DE 460 0												
TOTALS 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0												
5 Martinsburg, WV 613 X 5 Maryland HCS-Baltimore 512 X 5 Washington, DC 688 X Company of the comp	•		100	0	0	0	0	0	0	0	0	0
5 Maryland HCS-Baltimore 512 X 5 Washington, DC 688 X TOTALS 1 0 0 0 1 0 0 6 Asheville, NC 637 0<	5		613									
5 Washington, DC 688 X TOTALS 1 0 0 0 1 0 0 6 Asheville, NC 637 6 Beckley, WV 517 6 Durham, NC 558 6 Fayetteville, NC 565 6 Hampton, VA 590 6 Richmond, VA 652 6 Salem, VA 658 X							1		Х			
TOTALS				Χ								
6 Asheville, NC 637 6 Beckley, WV 517 6 Durham, NC 558 6 Fayetteville, NC 565 6 Hampton, VA 590 6 Richmond, VA 652 6 Salem, VA 658 X		TOTALS			0	0	0	0	1	0	0	0
6 Beckley, WV 517 6 Durham, NC 558 6 6 Fayetteville, NC 565 6 6 Hampton, VA 590 6 Richmond, VA 652 6 Salem, VA 658 X		Asheville, NC	637									
6 Durham, NC 558 6 Fayetteville, NC 565 6 Hampton, VA 590 6 Richmond, VA 652 6 Salem, VA 658	6	Beckley, WV										
6 Hampton, VA 590	6	Durham, NC	558									
6 Richmond, VA 652												
6 Salem, VA 658 X	6	Hampton, VA										
6 Salisbury, NC	6								Х			
	6	Salisbury, NC	659									
TOTALS 0 0 0 0 1 0 0		TOTALS		0	0	0	0	0	1	0	0	0

	Appendix D										
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Ac	upress	ure	Ac	upunct	ure		nal Ass Therapy	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
7	Augusta, GA	509									
7	Birmingham, AL	521									
7	Central Alabama HCS-Montgomery	619									
7	Charleston, SC	534									
7	Columbia, SC	544				Х		Х			
7	Decatur, GA	508						Х		Х	
7	Dublin, GA	557						X			
7	Tuscaloosa, AL	679									
	TOTALS		0	0	0	1	0	3	0	1	0
8	Bay Pines HCS	516					Х	X		Х	
8	Caribbean HCS-San Juan	672									
8	Miami HCS	546									
8	North Florida-South Georgia HCS-Gainesville	573				Χ					X
8	Orlando, FL	675						X			
8	Tampa, FL	673									
8	West Palm Beach, FL	548									
	TOTALS		0	0	0	1	1	2	0	1	1
9	Huntington, WV	581									
9	Lexington, KY-Cooper Dr	596A4						X		Х	
9	Louisville, KY	603					Х				Х
9	Memphis, TN	614									
9	Mountain Home, TN	621									
9	Tennessee Valley HCS-Nashville	626									Х
	TOTALS		0	0	0	0	1	1	0	1	2
	Chillicothe, OH	538									
	Cincinnati, OH	539									
	Cleveland, OH-Wade Park	541					Х	X			
	Columbus, OH	757									
10	Dayton, OH	552						Х			
	TOTALS		0	0	0	0	1	2	0	0	0
	Ann Arbor HCS	506					Х	X			
	Battle Creek, MI	515					Х	X			
	Detroit, MI	553		Х			Х				
11	Illiana HCS	550									Х
	Indianapolis, IN	583						X			
	Northern Indiana HCS-Marion	610									
11	Saginaw, MI	655		_							
40	TOTALS		0	1	0	0	3	3	0	0	1
12	Chicago HCS	537					.,	V			V
	Hines, IL	578	V			V	Х	X	V		X
	Iron Mountain, MI	585	Х			Х	ļ		Х		
	Madison, WI	607			Х			X			
12	Milwaukee, WI	695					ļ	Х			
12	North Chicago, IL	556						v		Х	
12	Tomah, WI	676	4	_	4	4		X	4	4	
	TOTALS		1	0	1	1	1	4	1	1	1

	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Aro	mather	тару	Art Therapy	Bio	ofeedba	ack
VISN	LOCATION	Sta No	02	11	14	2014	02	11	14
7	Augusta, GA	509							
7	Birmingham, AL	521							
7	Central Alabama HCS-Montgomery	619							
	Charleston, SC	534							
	Columbia, SC	544							X
7	Decatur, GA	508							
7	Dublin, GA	557							
7	Tuscaloosa, AL	679							
	TOTALS		0	0	0	0	0	0	1
		516							
	Caribbean HCS-San Juan	672							
	Miami HCS	546							
	North Florida-South Georgia HCS-Gainesville	573				X			
	Orlando, FL	675							
	Tampa, FL	673							
8	West Palm Beach, FL	548		_				_	
	TOTALS		0	0	0	1	0	0	0
9	Huntington, WV	581							
9	Lexington, KY-Cooper Dr	596A4							
	Louisville, KY	603				Х			X
	Memphis, TN	614							
9	Mountain Home, TN	621							~
9	Tennessee Valley HCS-Nashville TOTALS	626	0	0	0	1	0	0	X 2
10	Chillicothe, OH	538	U	U	U	l	U	U	2
	Cincinnati, OH	539							
	Cleveland, OH-Wade Park	541							
	Columbus, OH	757							
	Dayton, OH	552							
10	TOTALS	00Z	0	0	0	0	0	0	0
11	Ann Arbor HCS	506	•	•					•
	Battle Creek, MI	515							
	Detroit, MI	553							
	Illiana HCS	550							
	Indianapolis, IN	583							
	Northern Indiana HCS-Marion	610							
11	Saginaw, MI	655							
	TOTALS		0	0	0	0	0	0	0
12	Chicago HCS	537							
	Hines, IL	578				Х			
	Iron Mountain, MI	585	Х				Χ		
	Madison, WI	607							
	Milwaukee, WI	695							
12	North Chicago, IL	556							
12	Tomah, WI	676							

	Appendix D	•		1					
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Chiropractic		ry/Nutri ppleme		Ene	rgy Hea	aling
VISN	LOCATION	Sta No	2014	02	11	14	02	11	14
	Augusta, GA	509							
	Birmingham, AL	521	Х						
	Central Alabama HCS-Montgomery	619							
7	Charleston, SC	534							
7	Columbia, SC	544	Х						
7	Decatur, GA	508	Х	Х					
7	Dublin, GA	557	Х						
7	Tuscaloosa, AL	679							
	TOTALS		4	1	0	0	0	0	0
8	Bay Pines HCS	516	Х					-	
8	Caribbean HCS-San Juan	672	Х						
8	Miami HCS	546	Х						
	North Florida-South Georgia HCS-Gainesville	573	Х						
8	Orlando, FL	675	Х						
8	Tampa, FL	673							
8	West Palm Beach, FL	548	Х						
	TOTALS		6	0	0	0	0	0	0
9	Huntington, WV	581	Х						
9	Lexington, KY-Cooper Dr	596A4	Х						
9	Louisville, KY	603							
9	Memphis, TN	614							
9	Mountain Home, TN	621							
9	Tennessee Valley HCS-Nashville	626	Х						
	TOTALS		3	0	0	0	0	0	0
10	Chillicothe, OH	538							
10	Cincinnati, OH	539							
10	Cleveland, OH-Wade Park	541							
10	Columbus, OH	757							
10	Dayton, OH	552	Х						
	TOTALS		1	0	0	0	0	0	0
	Ann Arbor HCS	506	X						
	Battle Creek, MI	515	Х						_
	Detroit, MI	553	Х						_
	Illiana HCS	550							
11	Indianapolis, IN	583	Х						
	Northern Indiana HCS-Marion	610							_
11	Saginaw, MI	655	X						
	TOTALS		5	0	0	0	0	0	0
12	Chicago HCS	537							
	Hines, IL	578	X						
	Iron Mountain, MI	585		Х			Х		
	Madison, WI	607	Х						
	Milwaukee, WI	695	Х						
12	North Chicago, IL	556							_
12	Tomah, WI	676	X						
	TOTALS		4	1	0	0	1	0	0

	Appendix D										
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Guic	ded Ima	igery	Herb	al Medi	icines		ypnosis onother	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
7	Augusta, GA	509									
	Birmingham, AL	521									
	Central Alabama HCS-Montgomery	619									
7	Charleston, SC	534									
7	Columbia, SC	544								Х	
7	Decatur, GA	508									
7	Dublin, GA	557									
7	Tuscaloosa, AL	679									
	TOTALS		0	0	0	0	0	0	0	1	0
8	Bay Pines HCS	516									
8	Caribbean HCS-San Juan	672									
8	Miami HCS	546									
8	North Florida-South Georgia HCS-Gainesville	573									
8	Orlando, FL	675									
	Tampa, FL	673									
8	West Palm Beach, FL	548									
	TOTALS		0	0	0	0	0	0	0	0	0
9	Huntington, WV	581									
	Lexington, KY-Cooper Dr	596A4									
9	Louisville, KY	603									
	Memphis, TN	614									
9	Mountain Home, TN	621									
9	Tennessee Valley HCS-Nashville	626	_						•		
40	TOTALS		0	0	0	0	0	0	0	0	0
	Chillicothe, OH	538									
	Cincinnati, OH Cleveland, OH-Wade Park	539 541									
		757									
	Columbus, OH Dayton, OH	552									
10	TOTALS		0	0	0	0	0	0	0	0	0
11	Ann Arbor HCS	506	U	U	U	U	-	-		U	U
	Battle Creek, MI	515									
	Detroit, MI	553									
	Illiana HCS	550									
	Indianapolis, IN	583									
	Northern Indiana HCS-Marion	610									
11	Saginaw, MI	655									
	TOTALS		0	0	0	0	0	0	0	0	0
12	Chicago HCS	537									
	Hines, IL	578									
	Iron Mountain, MI	585	Х			Х			Χ		
	Madison, WI	607									
12	Milwaukee, WI	695									
12	North Chicago, IL	556									
12	Tomah, WI	676									
	TOTALS		1	0	0	1	0	0	1	0	0

2002, 2011 & 2014 Modality Comparison Referred Outside VA Medical Med					
7 Augusta, GA 509 7 Birmingham, AL 521 7 Central Alabama HCS-Montgomery 619 7 Charleston, SC 534 7 Columbia, SC 544 7 Decatur, GA 508 7 Dublin, GA 557 7 Tuscaloosa, AL 679 8 Bay Pines HCS 516 8 Caribbean HCS-San Juan 672 8 Caribbean HCS-San Juan 672 8 Miami HCS 546 8 North Florida-South Georgia HCS-Gainesville 573 8 Orlando, FL 675 8 Tampa, FL 673 8 West Palm Beach, FL 548 9 Huntington, WV 581 X 9 Huntington, WV 581 X 9 Lexington, KY-Cooper Dr 596A4 X 9 Louisville, KY 603 X 9 Memphis, TN 614 614 <th>ullness/C edications scender editation, Mantram epetition)</th> <th>ions dental ion, im</th> <th>N</th> <th>Moveme Practice</th> <th></th>	ullness/C edications scender editation, Mantram epetition)	ions dental ion, im	N	Moveme Practice	
Total Birmingham, AL S21 Central Alabama HCS-Montgomery S19 Charleston, SC S34 Columbia, SC S44 X Decatur, GA S08 Toublin, GA S57 Tuscaloosa, AL S7 Dublin, GA S57 Tuscaloosa, AL S7 Tuscaloosa, AL S7 S16 S8 Caribbean HCS-San Juan S72 S8 Miami HCS S16 S8 North Florida-South Georgia HCS-Gainesville S73 X S8 Orlando, FL S73 X S8 Orlando, FL S74 S75	11	14	02	11	14
Total					
7 Charleston, SC 534 X 7 Columbia, SC 544 X 7 Decatur, GA 508 X 7 Dublin, GA 557 X 7 Tuscaloosa, AL 679 X 8 Bay Pines HCS 516 X 8 Caribbean HCS-San Juan 672 X 8 Miami HCS 546 X 8 North Florida-South Georgia HCS-Gainesville 573 X 8 Orlando, FL 675 X 8 Tornado, FL 673 X 8 West Palm Beach, FL 548 X 9 Huntington, WV 581 X 9 Lexington, KY-Cooper Dr 596A4 X 9 Louisville, KY 603 X 9 Memphis, TN 614 Y 9 Tornassee Valley HCS-Nashville 626 Y 10 Chillicothe, OH 538 Y					
7 Columbia, SC 544 X 7 Decatur, GA 508 7 Dublin, GA 557 7 Tuscaloosa, AL 679 8 Bay Pines HCS 1 0 0 8 Caribbean HCS-San Juan 672 8 Miami HCS 546 8 8 Miami HCS 546 546 8 8 672 8 8 7 8 7 7 8 7 7 8 7 7 8 7 8					
7 Decatur, GA 508 7 Dublin, GA 557 7 Tuscaloosa, AL 679 8 Bay Pines HCS 516 8 Caribbean HCS-San Juan 672 8 Miami HCS 546 8 North Florida-South Georgia HCS-Gainesville 573 X 8 Orlando, FL 675 0 8 West Palm Beach, FL 548 0 9 Huntington, WV 581 X 9 Huntington, KY-Cooper Dr 596A4 X 9 Louisville, KY 603 X 9 Memphis, TN 614 0 9 Memphis, TN 621 0 9 Tonack Gramman Gra					
7 Dublin, GA 557 7 Tuscaloosa, AL 679 8 Bay Pines HCS 516 8 Caribbean HCS-San Juan 672 8 Miami HCS 546 8 North Florida-South Georgia HCS-Gainesville 573 X 8 Orlando, FL 673 X 8 Tampa, FL 673 X 9 Huntington, WV 581 X 9 Huntington, WV 581 X 9 Lexington, KY-Cooper Dr 596A4 X 9 Memphis, TN 614 X 9 Memphis, TN 614 X 9 Tornessee Valley HCS-Nashville 626 D 10 Chillicothe, OH 538 D 10 Chillicothe, OH 539 D 10 Cleveland, OH-Wade Park 541 X 10 Cloumbus, OH 757 T 10 Dayton, OH 552 T					
Tuscaloosa, AL					
TOTALS					
8 Bay Pines HCS 516 8 Caribbean HCS-San Juan 672 8 Miami HCS 546 8 North Florida-South Georgia HCS-Gainesville 573 8 Orlando, FL 675 8 Tampa, FL 673 8 West Palm Beach, FL 548 9 Huntington, WV 581 X 9 Lexington, KY-Cooper Dr 596A4 X 9 Lexington, KY-Cooper Dr 596A4 X 9 Louisville, KY 603 X 9 Memphis, TN 614 4 9 Mountain Home, TN 621 626 10 Chillicothe, OH 538 1 10 Chillicothe, OH 538 1 10 Cincinnati, OH 539 1 10 Cilceland, OH-Wade Park 541 X 10 Columbus, OH 757 1 10 Dayton, OH 552 506 1				_	
8 Caribbean HCS-San Juan 672 8 Miami HCS 546 8 North Florida-South Georgia HCS-Gainesville 573 X 8 Orlando, FL 675 8 8 Tampa, FL 673 8 8 West Palm Beach, FL 548 9 9 Huntington, WV 581 X 9 9 Lexington, KY-Cooper Dr 596A4 X 9 9 Louisville, KY 603 X 9 9 Memphis, TN 614 9 Mountain Home, TN 621 9 9 Tennessee Valley HCS-Nashville 626 1 1 1 0 10 Chillicothe, OH 538 1 1 1 0 0 1 0 10 Cincinnati, OH 539 1 1 1 1 0 1 0 1 0 1 0 1 0 1 0 1 0	0	0	0	0	0
8 Miami HCS 546 8 North Florida-South Georgia HCS-Gainesville 573 X 8 Orlando, FL 675 673 8 8 Tampa, FL 673 8 673 8 8 West Palm Beach, FL 548 9 673 8 8 673 8 8 8 8 8 8 9 8 9					
8 North Florida-South Georgia HCS-Gainesville 573 X 8 Orlando, FL 675 8 Tampa, FL 673 8 West Palm Beach, FL 548 TOTALS 1 0 0 9 Huntington, WV 581 X 9 Lexington, KY-Cooper Dr 596A4 X 9 Lexington, KY-Cooper Dr 596A4 X 9 Lexington, KY-Cooper Dr 596A4 X 9 Memphis, TN 603 X 9 Memphis, TN 614 9 9 Mountain Home, TN 621 9 9 Tennessee Valley HCS-Nashville 626 11 10 Chillicothe, OH 538 1 10 Cincinnati, OH 539 1 10 Cleveland, OH-Wade Park 541 X 10 Columbus, OH 757 1 10 Dayton, OH 552 1 11					
8 Orlando, FL 675 8 Tampa, FL 673 8 West Palm Beach, FL 548 TOTALS 1 0 0 9 Huntington, WV 581 X 9 Lexington, KY-Cooper Dr 596A4 X 9 Louisville, KY 603 X 9 Memphis, TN 614 9 9 Mountain Home, TN 621 9 9 Tennessee Valley HCS-Nashville 626 1 10 Chillicothe, OH 538 1 10 Cincinnati, OH 539 1 10 Cleveland, OH-Wade Park 541 X 10 Columbus, OH 757 0 10 Dayton, OH 552 0 11 Ann Arbor HCS 506 1 11 Battle Creek, MI 515 1 11 Detroit, MI 553 X X 11 Indianapolis, IN				+	
8 Tampa, FL 673 8 West Palm Beach, FL 548 TOTALS 9 Huntington, WV 581 9 Lexington, KY-Cooper Dr 596A4 9 Louisville, KY 603 9 Memphis, TN 614 9 Mountain Home, TN 621 9 Tennessee Valley HCS-Nashville 626 TOTALS 1 1 1 10 Chillicothe, OH 538 1 10 Cincinnati, OH 539 1 10 Cleveland, OH-Wade Park 541 X 10 Columbus, OH 757 1 10 Dayton, OH 552 1 TOTALS 0 1 0 11 Battle Creek, MI 515 1 11 Detroit, MI 553 X X 11 Indianapolis, IN 583 1 11 Northern Indiana HCS-Marion 610 1 11 Saginaw, MI 655 1 TOTALS 1 1 0					
8 West Palm Beach, FL 548 TOTALS 1 0 0 9 Huntington, WV 581 X 9 Lexington, KY-Cooper Dr 596A4 X 9 Louisville, KY 603 X 9 Memphis, TN 614 9 9 Mountain Home, TN 621 9 9 Tennessee Valley HCS-Nashville 626 1 10 Chillicothe, OH 538 1 10 Cincinnati, OH 539 1 10 Ciloumbus, OH 539 1 10 Columbus, OH 757 1 10 Dayton, OH 552 1 11 Ann Arbor HCS 506 1 0 11 Battle Creek, MI 515 1 1 11 Detroit, MI 553 X X 11 Indianapolis, IN 583 1 11 Northern Indiana HCS-Marion 610 1 <td></td> <td></td> <td></td> <td></td> <td></td>					
TOTALS					
9 Huntington, WV 581 X 9 Lexington, KY-Cooper Dr 596A4 X 9 Louisville, KY 603 X 9 Memphis, TN 614 — 9 Mountain Home, TN 621 — 9 Tennessee Valley HCS-Nashville 626 — 10 Chillicothe, OH 538 — 10 Cincinnati, OH 539 — 10 Cleveland, OH-Wade Park 541 X 10 Columbus, OH 757 — 10 Dayton, OH 552 — 11 Ann Arbor HCS 506 — 11 Battle Creek, MI 515 — 11 Detroit, MI 553 X X 11 Indianapolis, IN 583 — 11 Northern Indiana HCS-Marion 610 — 11 Saginaw, MI 655 —	0	0	0	0	0
9 Lexington, KY-Cooper Dr 596A4 X 9 Louisville, KY 603 X 9 Memphis, TN 614 9 9 Mountain Home, TN 621 9 9 Tennessee Valley HCS-Nashville 626 1 10 Chillicothe, OH 538 1 10 Cincinnati, OH 539 1 10 Cleveland, OH-Wade Park 541 X 10 Columbus, OH 757 1 10 Dayton, OH 552 1 11 Ann Arbor HCS 506 1 11 Battle Creek, MI 515 1 11 Detroit, MI 553 X X 11 Indianapolis, IN 583 1 11 Northern Indiana HCS-Marion 610 1 11 Saginaw, MI 655 1	-	0	-	- 0	U
9 Louisville, KY 603 X 9 Memphis, TN 614 614 9 Mountain Home, TN 621 626 9 Tennessee Valley HCS-Nashville 626 626 10 Chillicothe, OH 538 626 10 Cincinnati, OH 539 70 10 Cleveland, OH-Wade Park 541 X 10 Columbus, OH 757 70 10 Dayton, OH 757 70 11 Ann Arbor HCS 500 1 0 11 Battle Creek, MI 515 515 515 11 Detroit, MI 553 X X 11 Indianapolis, IN 583 7 11 Northern Indiana HCS-Marion 610 655 11 Saginaw, MI 655 655				1	
9 Memphis, TN 614 9 Mountain Home, TN 621 9 Tennessee Valley HCS-Nashville 626 10 Chillicothe, OH 538 10 Cincinnati, OH 539 10 Cleveland, OH-Wade Park 541 X 10 Columbus, OH 757 Value 10 Dayton, OH 552 Value 11 Ann Arbor HCS 506 Value 11 Battle Creek, MI 515 Value 11 Detroit, MI 553 X X 11 Indianapolis, IN 583 Value Value 11 Northern Indiana HCS-Marion 610 Value Value Value 11 Saginaw, MI 655 Value Val				1	
9 Mountain Home, TN 621 9 Tennessee Valley HCS-Nashville 626 10 Chillicothe, OH 538 10 Cincinnati, OH 539 10 Cleveland, OH-Wade Park 541 X 10 Columbus, OH 757 Value 10 Dayton, OH 552 Value 11 Ann Arbor HCS 506 Value Value 11 Battle Creek, MI 515 Value Value 11 Detroit, MI 553 Xalue Xalue 11 Indianapolis, IN 583 Value Value 11 Northern Indiana HCS-Marion 610 Value					
9 Tennessee Valley HCS-Nashville 626 TOTALS 1 1 0 10 Chillicothe, OH 538 0 10 Cincinnati, OH 539 0 10 Cleveland, OH-Wade Park 541 X 10 Columbus, OH 757 0 10 Dayton, OH 552 0 1 0 11 Ann Arbor HCS 506 1 0 1 0 11 Battle Creek, MI 515 1 1 0 1 0 11 Detroit, MI 553 X X X 11 Indianapolis, IN 583 1 1 1 0 0 11 Northern Indiana HCS-Marion 610 1 0 0 0 11 Saginaw, MI 655 0 0 0 0 0 0					
TOTALS					
10 Chillicothe, OH 538 10 Cincinnati, OH 539 10 Cleveland, OH-Wade Park 541 X 10 Columbus, OH 757	0	0	0	0	0
10 Cincinnati, OH 539 10 Cleveland, OH-Wade Park 541 X 10 Columbus, OH 757					
10 Columbus, OH 757 10 Dayton, OH 552 TOTALS 0 0 1 0 11 Ann Arbor HCS 506 1 0 1 0 11 Battle Creek, MI 515 515 0 0 1 0 0 1 0 0 0 1 0 0 0 1 0					
10 Dayton, OH					
TOTALS 0 0 1 0					
11 Ann Arbor HCS 506 11 Battle Creek, MI 515 11 Detroit, MI 553 X X 11 Illiana HCS 550 11 Indianapolis, IN 583 11 Northern Indiana HCS-Marion 610 11 Saginaw, MI 655 TOTALS 1 1 0 0					
11 Battle Creek, MI 515 11 Detroit, MI 553 X X 11 Illiana HCS 550 11 Indianapolis, IN 583 11 Northern Indiana HCS-Marion 610 11 Saginaw, MI 655 TOTALS 1 1 0 0	0	0	0	0	0
11 Detroit, MI 553 X X 11 Illiana HCS 550 Illiana HCS 11 Indianapolis, IN 583 Illiana HCS-Marion 11 Northern Indiana HCS-Marion 610 Illiana HCS-Marion 11 Saginaw, MI 655 Illiana HCS-Marion TOTALS 1 1 0 0					
11 Illiana HCS 550 11 Indianapolis, IN 583 11 Northern Indiana HCS-Marion 610 11 Saginaw, MI 655 TOTALS 1 1 0 0					
11 Indianapolis, IN 583 11 Northern Indiana HCS-Marion 610 11 Saginaw, MI 655 TOTALS 1 1 0					
11 Northern Indiana HCS-Marion 610 11 Saginaw, MI 655 TOTALS 1 1 0 0				1	
11 Saginaw, MI 655 TOTALS 1 1 0 0				1	
TOTALS 1 1 0 0				-	
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1 17 TOTICAUU EUO 1537 1	U	0	U	0	0
12 Hines, IL 578				+	
12 Inities, IL				+	
12 Hoff Modificant, Wil 363 X X X 12 Madison, WI 607 X				+	
12 Milwaukee, WI 695				+	
12 North Chicago, IL 556				+	
12 Tomah, WI 676 X				+	
TOTALS 1 0 2 1	0	0	0	0	0

Native American Native American Healing Practices Creative Arts Therapy Native American Healing Practices Arts Therapy Native American Arts Therapy Native American Healing Practices Native American Healing Practices Native American Healing Practices Native American Native American Healing Practices Native American Native American Healing Practices Native American Native American Native American Native American Healing Practices Native American Native Americ		Appendix D											
T Augusta, GA				Mus	sic The	rapy				Creative Arts			
T Augusta, GA	VISN	LOCATION	Sta No	02	11	14	02	11	14	2014	02	11	14
T Birmingham AL 521				02			<u> </u>			2014	02		
T Central Alabama HCS-Montgomery 619 T Charleston, SC 534 T Columbia, SC 544 T Decatur, GA 508 T Dublin, GA 557 T Tuscaloosa, AL 679 X T T T T T T T T T													
T. Charleston, SC 534													
Tocolumbia, SC													
To Decatur. GA 508													
Total Dublin, GA S57 Tuscaloosa, AL G79 X State State													
T Tuscaloosa, AL													
Bay Pines HCS						Х							
Bay Pines HCS				0	0		0	0	0	0	0	0	0
8 Caribbean HCS-San Juan 672 8 Miami HCS 546 548	8		516			_		-					
B Miami HCS	8	Caribbean HCS-San Juan											
Record R													
8						Х							
Record Fig. Fig. Record Recor													
B West Palm Beach, FL													
TOTALS													
9 Huntington, WV 581				0	0	1	0	0	0	0	0	0	0
9 Lexington, KY-Cooper Dr 596A4	9		581					-					
Solution Solution	9	Lexington, KY-Cooper Dr											
9 Memphis, TN 614	9	Louisville, KY								Х			
9 Mountain Home, TN 621													
State Stat													
TOTALS													
10 Chillicothe, OH 538				0	0	0	0	0	0	1	0	0	0
10 Cincinnati, OH 539	10		538										
10 Cleveland, OH-Wade Park 541													
10 Columbus, OH 757													
10 Dayton, OH 552													
TOTALS													
11 Ann Arbor HCS 506 X 11 Battle Creek, MI 515 11 Detroit, MI 553 11 Illiana HCS 550 11 Indianapolis, IN 583 11 Northern Indiana HCS-Marion 610 11 Saginaw, MI 655 12 Chicago HCS 537 12 Hines, IL 578 X 12 Iron Mountain, MI 585 X X 12 Madison, WI 607 X X 12 Milwaukee, WI 695 X X 12 North Chicago, IL 556 X X X 12 Tomah, WI 676 X X X				0	0	0	0	0	0	0	0	0	0
11 Battle Creek, MI 515 11 Detroit, MI 553 11 Illiana HCS 550 11 Indianapolis, IN 583 11 Northern Indiana HCS-Marion 610 11 Saginaw, MI 655 12 Chicago HCS 537 12 Hines, IL 578 X 12 Iron Mountain, MI 585 X X 12 Madison, WI 607 X X 12 Milwaukee, WI 695 X X 12 North Chicago, IL 556 X X X 12 Tomah, WI 676 X X X X	11	Ann Arbor HCS	506			Х							
11 Detroit, MI 553			515										
11 Illiana HCS 550 Illiana HCS Illiana													
11 Indianapolis, IN 583					İ								
11 Northern Indiana HCS-Marion 610 11 Saginaw, MI 655 TOTALS 0 <					İ								
11 Saginaw, MI TOTALS 0 0 1 0 0 0 0 0 12 Chicago HCS 537	11	Northern Indiana HCS-Marion			İ								
TOTALS 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0													
12 Chicago HCS 537 X X 12 Hines, IL 578 X X 12 Iron Mountain, MI 585 X X X 12 Madison, WI 607 Image: Control of the control of t				0	0	1	0	0	0	0	0	0	0
12 Hines, IL 578 X X 12 Iron Mountain, MI 585 X X 12 Madison, WI 607 Image: Control of the control	12												
12 Iron Mountain, MI 585 X X 12 Madison, WI 607 12 Milwaukee, WI 695 12 North Chicago, IL 556 12 Tomah, WI 676						Х				Х			
12 Madison, WI 607				Х			Х				Х		
12 Milwaukee, WI 695 12 North Chicago, IL 556 12 Tomah, WI 676					İ								
12 North Chicago, IL 556 12 Tomah, WI 676													
12 Tomah, WI 676					İ								
TOTALS 1 0 1 1 0 0 1 1 0													
		TOTALS		1	0	1	1	0	0	1	1	0	0

	Appendix D										
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Sp	ecial D	iets		Stress nagem ation TI	ent,	Sw	eat Loc	dge
VISN	LOCATION	Sta No	02	11	2014	02	11	14	02	11	14
7	Augusta, GA	509									
7	Birmingham, AL	521									
7	Central Alabama HCS-Montgomery	619									
7	Charleston, SC	534									
7	Columbia, SC	544									
7	Decatur, GA	508									
7	Dublin, GA	557									
7	Tuscaloosa, AL	679									
	TOTALS		0	0	0	0	0	0	0	0	0
8	Bay Pines HCS	516									
8	Caribbean HCS-San Juan	672									
8	Miami HCS	546									
8	North Florida-South Georgia HCS-Gainesville	573									
8	Orlando, FL	675									
8	Tampa, FL	673									
8	West Palm Beach, FL	548									
	TOTALS		0	0	0	0	0	0	0	0	0
9	Huntington, WV	581									
9	Lexington, KY-Cooper Dr	596A4									
9	Louisville, KY	603									
	Memphis, TN	614									
9	Mountain Home, TN	621									
9	Tennessee Valley HCS-Nashville	626									
	TOTALS		0	0	0	0	0	0	0	0	0
10	Chillicothe, OH	538									
	Cincinnati, OH	539									
10	Cleveland, OH-Wade Park	541									
	Columbus, OH	757									
10	Dayton, OH	552									
	TOTALS		0	0	0	0	0	0	0	0	0
	Ann Arbor HCS	506									
	Battle Creek, MI	515									
	Detroit, MI	553									
	Illiana HCS	550									
	Indianapolis, IN	583									
	Northern Indiana HCS-Marion	610									
11	Saginaw, MI	655									
	TOTALS		0	0	0	0	0	0	0	0	0
	Chicago HCS	537									
	Hines, IL	578	L								
	Iron Mountain, MI	585	Х			Х					
	Madison, WI	607									
	Milwaukee, WI	695									
12	North Chicago, IL	556									
12	Tomah, WI	676	_				_				
	TOTALS		1	0	0	1	0	0	0	0	0

VISN		Appendix D								•		
7				Tai (Chi, Qi	gong		Yoga			Other	
T	VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
Tocharla Alabama HCS-Montgomery	7	Augusta, GA	509									
To Charleston, SC	7	Birmingham, AL	521									
Tour Columbia, SC S44 S08	7											
To Decatur, GA So8	7											
Tuscaloosa, AL												
Totalosa, AL												
State												
8 Bay Pines HCS 516 8 Caribbean HCS-San Juan 672 8 Mamin HCS 546 8 North Florida-South Georgia HCS-Gainesville 573 X 8 North Florida-South Georgia HCS-Gainesville 675 S 8 Tampa, FL 673 S 8 Tampa, FL 548 S 9 Huntington, WV 581 S 9 Huntington, WV 581 S 9 Lexington, KY-Cooper Dr 596A4 S 9 Louisville, KY 603 X X 9 Mountain Home, TN 621 S S 9 Tennessee Valley HCS-Nashville 626 S S S 10 Chillicothe, OH 538 S S X X 10 Cilicinati, OH 538 S S X X 10 Cilicinati, OH 539 X X X X	7											
8 Caribbean HCS-San Juan 672 8 Miami HCS 546 8 North Florida-South Georgia HCS-Gainesville 573 X 8 Orlando, FL 675 3 3 8 Tampa, FL 673 4 673 673 673 673 674 675 673 675 673 675 673 675 673 675				0	0	0	0	0	0	0	0	0
8 Miami HCS 546 X 8 North Florida-South Georgia HCS-Gainesville 573 X 8 Orlando, FL 675 S 8 Tampa, FL 673 S 8 West Palm Beach, FL 548 S 9 Huntington, WV 581 O 0 0 0 9 Lexington, KY-Cooper Dr 596A4 S X <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>												
8 North Florida-South Georgia HCS-Gainesville 573 X Image: Control of the contro												
8 Orlando, FL 673						V						
8 Tampa, FL 673 673 673 673 673 673 673 673 673 673 673 673 673 673 673 674 673 674 674 674 674 675						X						
Section Sect												
Section Sect												
9	0			0	0	1	0	0	0	0	0	0
9 Lexington, KY-Cooper Dr 596A4	a			U	U	-	U	U	U	U	U	U
9 Louisville, KY 9 Memphis, TN 614 9 Mountain Home, TN 621 9 Tennessee Valley HCS-Nashville TOTALS 0 0 1 0 0 1 0 1 0 Chillicothe, OH 538 10 Cincinnati, OH 539 X 10 Cleveland, OH-Wade Park 10 Columbus, OH 10 Dayton, OH 552 10 Dayton, OH 552 11 Battle Creek, MI 11 Detroit, MI 12 Creek, MI 13 Saginaw, MI 14 Northern Indiana HCS-Marion 15 Saginaw, MI 15 Saginaw, MI 16 Chicago HCS 578 585 578 586 578 578 578 578 578 578 578 578 578 578	9	Lexington, KY-Cooper Dr										
9 Memphis, TN 614 9 Mountain Home, TN 621 9 Tennessee Valley HCS-Nashville	9	Louisville KY				X			X		X	
9 Mountain Home, TN 621 9 Tennessee Valley HCS-Nashville 626											,,	
9 Tennessee Valley HCS-Nashville												
TOTALS												
10 Cincinnati, OH 539 X				0	0	1	0	0	1	0	1	0
10 Cleveland, OH-Wade Park 541 10 Columbus, OH 757 10 Dayton, OH 552 TOTALS 1 0 0 0 1 0 11 Ann Arbor HCS 506 1 0 0 0 1 0 11 Battle Creek, MI 515 1 0 0 0 0 0 0 1 0 11 Detroit, MI 553 1 0	10	Chillicothe, OH	538									
10 Columbus, OH 757			539	Х						Х		
TOTALS	10	Cleveland, OH-Wade Park	-									
TOTALS												
11 Ann Arbor HCS 506 11 Battle Creek, MI 515 11 Detroit, MI 553 11 Illiana HCS 550 11 Indianapolis, IN 583 11 Northern Indiana HCS-Marion 610 11 Saginaw, MI 655 TOTALS 0 0 0 0 12 Chicago HCS 537 12 Hines, IL 578 12 12 Iron Mountain, MI 585 X X X 12 Madison, WI 607 X X	10											
11 Battle Creek, MI 515 11 Detroit, MI 553 11 Illiana HCS 550 11 Indianapolis, IN 583 11 Northern Indiana HCS-Marion 610 11 Saginaw, MI 655 TOTALS 0 0 0 0 0 12 Chicago HCS 537 12 Hines, IL 578 12 Iron Mountain, MI 585 X X X 12 Madison, WI 607 607 0				1	0	0	0	0	0	1	0	0
11 Detroit, MI 553												
11 Illiana HCS 550 11 Indianapolis, IN 583 11 Northern Indiana HCS-Marion 610 11 Saginaw, MI 655 TOTALS 0 0 0 0 0 12 Chicago HCS 537 0 0 0 0 0 0 12 Hines, IL 578 0<												
11 Indianapolis, IN 583 <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>												
11 Northern Indiana HCS-Marion 610 11 Saginaw, MI 655 TOTALS 0 0 0 0 0 12 Chicago HCS 537 0 0 0 0 0 12 Hines, IL 578 0 </td <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>												
11 Saginaw, MI TOTALS 0 0 0 0 0 0 12 Chicago HCS 537 12 Hines, IL 578 12 Iron Mountain, MI 585 X X 12 Madison, WI 607												
TOTALS 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0												
12 Chicago HCS 537 12 Hines, IL 578 12 Iron Mountain, MI 585 X 12 Madison, WI 607	11	- 3		0	0	0	0	0	0	٨	0	0
12 Hines, IL 578 12 Iron Mountain, MI 585 X 12 Madison, WI 607	12			U	U	U	U	U	U	U	U	U
12 Iron Mountain, MI 585 X X 12 Madison, WI 607 Image: Control of the control of th												
12 Madison, WI 607				Х			Х					
				<u> </u>								
		Milwaukee, WI	695									
12 North Chicago, IL 556												
12 Tomah, WI 676												
TOTALS 1 0 0 1 0 0 0 0				1	0	0	1	0	0	0	0	0

	Appendix D										
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Ac	upress	ure	Ac	upunct	ure		nal Assi Therapy	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Columbia, MO	589A4		Х			Х			Х	Х
15	Eastern Kansas HCS-Topeka	589A5					Х				Х
15	Kansas City, MO	589									
15	Marion, IL	657A5						Х			
15	Poplar Bluff, MO	657A4									Х
15	St. Louis, MO-John Cochran	657									
15	Wichita, KS	589A7									Х
	TOTALS		0	1	0	0	2	1	0	1	4
	Alexandria, LA	502			X			X			
	Central Arkansas HCS-Little Rock	598								Χ	
	Fayetteville, AR	564						Х			
	Gulf Coast HCS	520						Х			
	Houston, TX	580			X			X			
16	Jackson, MS	586									
16	Muskogee, OK	623			X			X			
16	Oklahoma City, OK	635									
	Shreveport, LA	667									
16	Southeast Louisiana HCS	629									
	TOTALS		0	0	3	0	0	5	0	1	0
17	Central Texas HCS	674									
17	North Texas HCS	549									
17	South Texas HCS	671						Х			
17	Texas Valley Coastal Bend - Harlingen HCS	740									
	TOTALS		0	0	0	0	0	1	0	0	0
	Amarillo HCS	504						Х			
	El Paso HCS	756									
18	New Mexico HCS	501						X			Х
18	Northern Arizona HCS	649		Х		X	X	X			
	Phoenix, AZ	644				Х	Х	X			
18	Southern Arizona HCS	678						X			
18	West Texas HCS	519						Х			
40	TOTALS		0	1	0	2	2	6	0	0	1
19	Cheyenne, WY	442									X
19	Eastern Colorado HCS	554									
19	Grand Junction, CO	575						Х			
19	Montana HCS	436			Х			Х			
19	Salt Lake City HCS	660									
19	Sheridan, WY	666			Х			Х		Х	
	TOTALS		0	0	2	0	0	3	0	1	1

	Appendix D								
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Aro	mather	гару	Art Therapy	Bio	ofeedba	ack
VISN	LOCATION	Sta No	02	11	14	2014	02	11	14
15	Columbia, MO	589A4	02	- 11	14	2014	02	'''	14
	Eastern Kansas HCS-Topeka	589A5							
	Kansas City, MO	589							
15	Marion, IL	657A5							
15	Poplar Bluff, MO	657A4							
15	St. Louis, MO-John Cochran	657							
15	Wichita, KS	589A7							
10	TOTALS	000/1/	0	0	0	0	0	0	0
16	Alexandria, LA	502		•					
16	Central Arkansas HCS-Little Rock	598							
	Fayetteville, AR	564							
16	Gulf Coast HCS	520							
	Houston, TX	580							
16	Jackson, MS	586							
16	Muskogee, OK	623							
	Oklahoma City, OK	635							
16	Shreveport, LA	667							
16	Southeast Louisiana HCS	629							
	TOTALS	020	0	0	0	0	0	0	0
17	Central Texas HCS	674	-		_		-	-	
17	North Texas HCS	549							
17	South Texas HCS	671							
17	Texas Valley Coastal Bend - Harlingen HCS	740							
	TOTALS		0	0	0	0	0	0	0
18	Amarillo HCS	504	-		_		-	-	
	El Paso HCS	756							
	New Mexico HCS	501				Х			
	Northern Arizona HCS	649				-			
	Phoenix, AZ	644			Х				
18	Southern Arizona HCS	678							Х
18	West Texas HCS	519							X
	TOTALS		0	0	1	1	0	0	2
19	Cheyenne, WY	442							
19	Eastern Colorado HCS	554							
19	Grand Junction, CO	575							Х
	Montana HCS	436							X
	Salt Lake City HCS	660					Х		^
19	Sheridan, WY	666							
19	TOTALS	000	0	0	0	0	1	0	2
	TUTALS		U	U	U	U	i i	U	

	Appendix D								
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Chiropractic		ry/Nutri opleme		Ene	rgy Hea	aling
VISN	LOCATION	Sta No	2014	02	11	14	02	11	14
15	Columbia, MO	589A4	X						
15	Eastern Kansas HCS-Topeka	589A5							
15	Kansas City, MO	589							
15	Marion, IL	657A5	Х						
15	Poplar Bluff, MO	657A4							
15	St. Louis, MO-John Cochran	657							
15	Wichita, KS	589A7	Х						
	TOTALS		3	0	0	0	0	0	0
	Alexandria, LA	502	Х						
	Central Arkansas HCS-Little Rock	598	X						
16	Fayetteville, AR	564	X						
16	Gulf Coast HCS	520	X						
16	Houston, TX	580	X						
16	Jackson, MS	586							
16	Muskogee, OK	623							
16	Oklahoma City, OK	635							
16	Shreveport, LA	667							
16	Southeast Louisiana HCS	629							
	TOTALS		5	0	0	0	0	0	0
17	Central Texas HCS	674							
17	North Texas HCS	549							
17	South Texas HCS	671							
17	Texas Valley Coastal Bend - Harlingen HCS	740	Х						
	TOTALS		1	0	0	0	0	0	0
	Amarillo HCS	504	Х		Х				
	El Paso HCS	756							
	New Mexico HCS	501	X						Χ
18	Northern Arizona HCS	649	Х						
18	Phoenix, AZ	644							
18	Southern Arizona HCS	678	Х						
18	West Texas HCS	519	Х						
	TOTALS		5	0	1	0	0	0	1
19	Cheyenne, WY	442							
19	Eastern Colorado HCS	554	Х						
19	Grand Junction, CO	575	X						
19	Montana HCS	436	X						
	Salt Lake City HCS	660	~						
19	Sheridan, WY	666	Х						
10	TOTALS		4	0	0	0	0	0	0
	TOTALS		4	J	J	J	J	J	J

VISN 15 C 15 K 15 K 15 K 15 K 15 K 15 K 15 K	LOCATION Columbia, MO Eastern Kansas HCS-Topeka Kansas City, MO Marion, IL Poplar Bluff, MO St. Louis, MO-John Cochran Wichita, KS TOTALS	Sta No 589A4 589A5 589 657A5 657A4 657	Guid	led Ima	gery	Herba	al Medi 11	cines		onothera 11			
15 C 15 E 15 K 15 N 15 F 15 S 15 V	Columbia, MO Eastern Kansas HCS-Topeka Kansas City, MO Marion, IL Poplar Bluff, MO St. Louis, MO-John Cochran Wichita, KS	589A4 589A5 589 657A5 657A4	9A4 9A5 9 9 7A5					14	Hypnotherapy				
15 E 15 K 15 N 15 F 15 S 15 V	Eastern Kansas HCS-Topeka Kansas City, MO Marion, IL Poplar Bluff, MO St. Louis, MO-John Cochran Wichita, KS	589A5 589 657A5 657A4								· ·			
15 K 15 N 15 F 15 S 15 V	Kansas City, MO Marion, IL Poplar Bluff, MO St. Louis, MO-John Cochran Wichita, KS	589 657A5 657A4								Χ			
15 N 15 F 15 S 15 V	Marion, IL Poplar Bluff, MO St. Louis, MO-John Cochran Wichita, KS	657A5 657A4											
15 F 15 S 15 V	Poplar Bluff, MO St. Louis, MO-John Cochran Wichita, KS	657A4											
15 S	St. Louis, MO-John Cochran Vichita, KS												
15 V	Vichita, KS	657											
		031											
	TOTALS	589A7											
			0	0	0	0	0	0	0	1	0		
	Alexandria, LA	502											
	Central Arkansas HCS-Little Rock	598											
	Fayetteville, AR	564											
	Gulf Coast HCS	520											
	Houston, TX	580											
	Jackson, MS	586											
	Muskogee, OK	623									X		
	Oklahoma City, OK	635											
	Shreveport, LA	667											
16 S	Southeast Louisiana HCS	629											
	TOTALS		0	0	0	0	0	0	0	0	1		
	Central Texas HCS	674											
	North Texas HCS	549											
	South Texas HCS	671											
17 T	Гехаs Valley Coastal Bend - Harlingen HCS	740											
	TOTALS		0	0	0	0	0	0	0	0	0		
	Amarillo HCS	504											
	El Paso HCS	756											
	New Mexico HCS	501											
	Northern Arizona HCS	649											
	Phoenix, AZ	644											
	Southern Arizona HCS	678											
18 V	West Texas HCS	519									X		
	TOTALS		0	0	0	0	0	0	0	0	1		
19 C	Cheyenne, WY	442							Χ				
19 E	Eastern Colorado HCS	554								ı J			
	Grand Junction, CO	575											
	Montana HCS	436											
	Salt Lake City HCS	660											
	Sheridan, WY	666											
.5	TOTALS		0	0	0	0	0	0	1	0	0		

	Appendix D										
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Mass	age Th	erapy	Me (Trai M	ullness, edication editation Mantrant epetitio	ons ental on, n		oveme Practice	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
15	Columbia, MO	589A4		Х							
15	Eastern Kansas HCS-Topeka	589A5			Х						
15	Kansas City, MO	589									
	Marion, IL	657A5									
	Poplar Bluff, MO	657A4									
	St. Louis, MO-John Cochran	657									
15	Wichita, KS	589A7									
	TOTALS		0	1	1	0	0	0	0	0	0
	Alexandria, LA	502		Χ	X						
	Central Arkansas HCS-Little Rock	598									
	Fayetteville, AR	564									
	Gulf Coast HCS	520			Х						
	Houston, TX	580									
16	Jackson, MS	586									
	Muskogee, OK	623			X						
	Oklahoma City, OK	635									
	Shreveport, LA	667									
16	Southeast Louisiana HCS	629								_	
4-	TOTALS		0	1	3	0	0	0	0	0	0
17	Central Texas HCS	674									
17	North Texas HCS	549									
17	South Texas HCS	671		Χ							
17	Texas Valley Coastal Bend - Harlingen HCS	740									
10	TOTALS		0	1	0	0	0	0	0	0	0
	Amarillo HCS	504									
	El Paso HCS	756									
	New Mexico HCS	501			X						
	Northern Arizona HCS	649	X	Х	X						
	Phoenix, AZ	644	Х		v						
18 18	Southern Arizona HCS	678			X						
18	West Texas HCS	519	•	1	3	0	0	0	0	0	0
10	Chavanna WV	442	2 X	1	3	U	U	0	U	U	0
	Cheyenne, WY		_ ^								
19	Eastern Colorado HCS	554									
	Grand Junction, CO	575			Х						
	Montana HCS	436			Х						
	Salt Lake City HCS	660	Χ								
19	Sheridan, WY	666			X						
	TOTALS		2	0	3	0	0	0	0	0	0

Native American Progressive Muscle Referred Outside VA		Appendix D		•									
15 Columbia, MO				Mus	sic The	rapy				Creative Arts			
15 Eastern Kansas HCS-Topeka 589A5	VISN	LOCATION	Sta No	02	11	14	02	11	14	2014	02	11	14
15 Kansas City, MO	15	Columbia, MO	589A4										
15 Kansas City, MO	15	Eastern Kansas HCS-Topeka	589A5										
15			589										
15	15	Marion, IL	657A5										
15 Wichita, KS	15	Poplar Bluff, MO	657A4										
TOTALS	15	St. Louis, MO-John Cochran	657										
16 Alexandria, LA 502			589A7										
16 Central Arkansas HCS-Little Rock 598				0	0	0	0	0	0	0	0	0	0
16	16	Alexandria, LA	502										
16 Gulf Coast HCS 520	16	Central Arkansas HCS-Little Rock	598										
16 Gulf Coast HCS 520	16	Fayetteville, AR	564										
16 Jackson, MS			520										
16 Jackson, MS	16	Houston, TX	580										
16 Oklahoma City, OK			586										
16 Oklahoma City, OK	16	Muskogee, OK	623						Х				
16 Shreveport, LA			635										
TOTALS			667										
17 Central Texas HCS 674 17 North Texas HCS 549 17 South Texas HCS 671 17 Texas Valley Coastal Bend - Harlingen HCS 740 TOTALS 0	16	Southeast Louisiana HCS	629										
17 North Texas HCS 549 17 South Texas HCS 671 17 Texas Valley Coastal Bend - Harlingen HCS 740 TOTALS 0		TOTALS		0	0	0	0	0	1	0	0	0	0
17 South Texas HCS 671 17 Texas Valley Coastal Bend - Harlingen HCS 740 18 Amarillo HCS 504 18 El Paso HCS 756 18 New Mexico HCS 501 18 Northern Arizona HCS 649 18 Phoenix, AZ 644 18 Southern Arizona HCS 678 18 West Texas HCS 519 18 West Texas HCS 519 19 Cheyenne, WY 442 19 Eastern Colorado HCS 554 19 Grand Junction, CO 575 19 Montana HCS 436 19 Salt Lake City HCS 660 19 Sheridan, WY 666	17	Central Texas HCS	674										
17 Texas Valley Coastal Bend - Harlingen HCS 740 0 <td>17</td> <td>North Texas HCS</td> <td>549</td> <td></td>	17	North Texas HCS	549										
17 Texas Valley Coastal Bend - Harlingen HCS 740 0 <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>													
TOTALS		Texas Valley Coastal Bend - Harlingen HCS	740										
18 EI Paso HCS 756 X				0	0	0	0	0	0	0	0	0	0
18 New Mexico HCS 501 X	18	Amarillo HCS	504										
18 New Mexico HCS 501 X	18	El Paso HCS	756										
18 Phoenix, AZ 644 X	18	New Mexico HCS	501			Х	X	Х	Х				
18 Southern Arizona HCS 678 18 West Texas HCS 519 TOTALS 0 0 1 2 2 1 0 0 0 19 Cheyenne, WY 442 X X X 19 Eastern Colorado HCS 554 X X 19 Grand Junction, CO 575 X X 19 Montana HCS 436 X X 19 Salt Lake City HCS 660 X X 19 Sheridan, WY 666 X X	18	Northern Arizona HCS	649										
18 West Texas HCS 519 0 0 1 2 2 1 0			644				Х	Χ					
TOTALS O O I 2 2 1 O O O O O O O O O O O O O O O O O			678										
19 Cheyenne, WY 442 X 19 Eastern Colorado HCS 554 X 19 Grand Junction, CO 575 X 19 Montana HCS 436 X 19 Salt Lake City HCS 660 X 19 Sheridan, WY 666 X	18	West Texas HCS	519										
19 Eastern Colorado HCS 554 X X 19 Grand Junction, CO 575 X X 19 Montana HCS 436 X X 19 Salt Lake City HCS 660 X X 19 Sheridan, WY 666 X X				0	0	1	2	2	1	0	0	0	0
19 Eastern Colorado HCS 554 X X 19 Grand Junction, CO 575 X X 19 Montana HCS 436 X X 19 Salt Lake City HCS 660 X X 19 Sheridan, WY 666 X X	19	Cheyenne, WY	442								X		
19 Grand Junction, CO 575 X 19 Montana HCS 436 19 Salt Lake City HCS 660 19 Sheridan, WY 666 X			554					Χ					
19 Montana HCS 436 19 Salt Lake City HCS 660 19 Sheridan, WY 666 X									X				
19 Salt Lake City HCS 660 X 19 Sheridan, WY 666 X													
19 Sheridan, WY 666 X													
10 0.1.0.1.0.1.1							X						
	15	TOTALS	300	0	0	0	1	1	1	0	1	0	0

	Appendix D										
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Sp	ecial D	iets		Stress nagem ation T	ent,	Sw	eat Loc	lge
VISN	LOCATION	Sta No	02	11	2014	02	11	14	02	11	14
15	Columbia, MO	589A4									
	Eastern Kansas HCS-Topeka	589A5									Х
	Kansas City, MO	589									
	Marion, IL	657A5									
15	Poplar Bluff, MO	657A4									
	St. Louis, MO-John Cochran	657									
15	Wichita, KS	589A7									
	TOTALS		0	0	0	0	0	0	0	0	1
	Alexandria, LA	502									
	Central Arkansas HCS-Little Rock	598									
16	Fayetteville, AR	564									
16	Gulf Coast HCS	520									
	Houston, TX	580									
16	Jackson, MS	586									
	Muskogee, OK	623									Х
	Oklahoma City, OK	635									
	Shreveport, LA	667									
16	Southeast Louisiana HCS	629									
	TOTALS	_	0	0	0	0	0	0	0	0	1
17	Central Texas HCS	674									
	North Texas HCS	549									
17	South Texas HCS	671									
17	Texas Valley Coastal Bend - Harlingen HCS	740	_			_		_			
	TOTALS		0	0	0	0	0	0	0	0	0
	Amarillo HCS	504									ļ
	El Paso HCS	756									
	New Mexico HCS	501						X		Χ	Х
	Northern Arizona HCS	649									
	Phoenix, AZ	644									-
	Southern Arizona HCS	678									
18	West Texas HCS	519	_	_	0			4	_	4	
10	Chavanna M/V	442	0	0	0	0 X	0	1	0	1	1
	Cheyenne, WY	442				X					
19	Eastern Colorado HCS	554								Х	
	Grand Junction, CO	575									Х
	Montana HCS	436									
	Salt Lake City HCS	660									
19	Sheridan, WY	666								Х	
	TOTALS		0	0	0	1	0	0	0	2	1

	Appendix D										
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Tai (Chi, Qi	gong		Yoga			Other	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Columbia, MO	589A4									
	Eastern Kansas HCS-Topeka	589A5						Х			
	Kansas City, MO	589									
	Marion, IL	657A5									
15	Poplar Bluff, MO	657A4			Х						
15	St. Louis, MO-John Cochran	657									
15	Wichita, KS	589A7									
	TOTALS		0	0	1	0	0	1	0	0	0
	Alexandria, LA	502									
	Central Arkansas HCS-Little Rock	598									
16	Fayetteville, AR	564									
16	Gulf Coast HCS	520									
16	Houston, TX	580									
	Jackson, MS	586									
	Muskogee, OK	623									
	Oklahoma City, OK	635						X			
	Shreveport, LA	667									
16	Southeast Louisiana HCS	629									
	TOTALS		0	0	0	0	0	1	0	0	0
	Central Texas HCS	674									
	North Texas HCS	549									
17	South Texas HCS	671									
17	Texas Valley Coastal Bend - Harlingen HCS	740									
	TOTALS		0	0	0	0	0	0	0	0	0
	Amarillo HCS	504									
	El Paso HCS	756									
	New Mexico HCS	501			Х			Х			
	Northern Arizona HCS	649									
	Phoenix, AZ	644									
	Southern Arizona HCS	678									
18	West Texas HCS	519		_	4	_		_	_		
40	TOTALS		0	0	1	0	0	1	0	0	0
	Cheyenne, WY	442									
	Eastern Colorado HCS	554									
	Grand Junction, CO	575									
	Montana HCS	436									
	Salt Lake City HCS	660									
19	Sheridan, WY	666									
	TOTALS		0	0	0	0	0	0	0	0	0

	Appendix D										
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Ac	upress	ure	Ac	upunct	ure		nal Ass Therapy	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Alaska HCS	463			X		X	X			• •
20	Boise, ID	531						Х			
	Portland, OR	648									
	Puget Sound HCS-Seattle	663				Х					
20	Roseburg HCS	653									
20	Spokane, WA	668									
	Walla Walla, WA	687									
	White City, OR	692					Х				
_	TOTALS		0	0	1	1	2	2	0	0	0
21	Central California HCS	570	-								
21	Manila, PI	358									
	Northern California HCS	612A4						Х			
	Pacific Islands HCS	459				Х	Х	Х			
21	Palo Alto HCS-Palo Alto	640						Х			
21	San Francisco, CA	662			Х			Х			
21	Sierra Nevada HCS	654									
	TOTALS		0	0	1	1	1	4	0	0	0
22	Greater Los Angeles HCS	691									
22	Loma Linda HCS	605						Х			
22	Long Beach HCS	600						Х			
22	San Diego HCS	664									
22	Southern Nevada HCS	593									
	TOTALS		0	0	0	0	0	2	0	0	0
23	Black Hills HCS-Fort Meade	568						Х		Х	
23	Central Iowa HCS	636A6									
23	Fargo VA HCS	437									
23	Iowa City VA HCS	636A8				Х		Х			
23	Minneapolis VA HCS	618									
23	Nebraska-Western Iowa HCS-Omaha	636						Х			
23	Sioux Falls VA HCS	438						Х			
23	St Cloud VA HCS	656									
	TOTALS		0	0	0	1	0	4	0	1	0
	NATIONAL TOTALS		1	3	9	10	22	64	1	12	16

	Appendix D									
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Aro	mather	rapy	Art Therapy	Bio	Biofeedback		
VISN	LOCATION	Sta No	02	11	14	2014	02	11	14	
	Alaska HCS	463						X	X	
20	Boise, ID	531								
	Portland, OR	648				Х				
	Puget Sound HCS-Seattle	663								
	Roseburg HCS	653								
	Spokane, WA	668								
	Walla Walla, WA	687					Х			
20	White City, OR	692								
	TOTALS		0	0	0	1	1	1	1	
21	Central California HCS	570								
21	Manila, PI	358								
21	Northern California HCS	612A4								
21	Pacific Islands HCS	459								
21	Palo Alto HCS-Palo Alto	640								
21	San Francisco, CA	662								
21	Sierra Nevada HCS	654								
	TOTALS		0	0	0	0	0	0	0	
22	Greater Los Angeles HCS	691								
22	Loma Linda HCS	605								
22	Long Beach HCS	600								
22	San Diego HCS	664								
22	Southern Nevada HCS	593								
	TOTALS		0	0	0	0	0	0	0	
23	Black Hills HCS-Fort Meade	568								
23	Central Iowa HCS	636A6								
23	Fargo VA HCS	437								
23	Iowa City VA HCS	636A8					Х			
23	Minneapolis VA HCS	618								
23	Nebraska-Western Iowa HCS-Omaha	636								
23	Sioux Falls VA HCS	438								
23	St Cloud VA HCS	656								
	TOTALS		0	0	0	0	1	0	0	
	NATIONAL TOTALS		1	0	2	5	4	2	11	

	Appendix D								
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Chiropractic		ry/Nutri ppleme		Ene	rgy Hea	aling
VISN	LOCATION	Sta No	2014	02	11	14	02	11	14
	Alaska HCS	463	X				- 02		1-7
	Boise, ID	531	X						
	Portland, OR	648	X						
	Puget Sound HCS-Seattle	663							
	Roseburg HCS	653	Х		Х				
_	Spokane, WA	668			1				
	Walla Walla, WA	687							
20	White City, OR	692	Х						
	TOTALS		5	0	1	0	0	0	0
21	Central California HCS	570	Х	_		_			
21	Manila, PI	358							
	Northern California HCS	612A4						Х	
21	Pacific Islands HCS	459	Х						
21	Palo Alto HCS-Palo Alto	640	Х						
21	San Francisco, CA	662	Х						
21	Sierra Nevada HCS	654	Х						
	TOTALS		5	0	0	0	0	1	0
22	Greater Los Angeles HCS	691							
	Loma Linda HCS	605	Х						
22	Long Beach HCS	600	Х			Х			
22	San Diego HCS	664	Х						
22	Southern Nevada HCS	593							
	TOTALS		3	0	0	1	0	0	0
23	Black Hills HCS-Fort Meade	568	Х						
23	Central Iowa HCS	636A6	Х						
23	Fargo VA HCS	437	Х						
	Iowa City VA HCS	636A8	Х						
	Minneapolis VA HCS	618							
	Nebraska-Western Iowa HCS-Omaha	636	X						
	Sioux Falls VA HCS	438	X						
23	St Cloud VA HCS	656	X						
	TOTALS		7	0	0	0	0	0	0
	NATIONAL TOTALS		87	2	3	1	1	1	2

	Appendix D										
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Guid	ded Ima	agery	Herb	al Medi	cines		ypnosis onother	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Alaska HCS	463									• •
	Boise, ID	531									
	Portland, OR	648									
	Puget Sound HCS-Seattle	663									
20	Roseburg HCS	653					Х				
	Spokane, WA	668					,				
	Walla Walla, WA	687									
	White City, OR	692									
	TOTAL		0	0	0	0	1	0	0	0	0
21	Central California HCS	570					-				
	Manila, PI	358									
	Northern California HCS	612A4									
	Pacific Islands HCS	459								Х	
	Palo Alto HCS-Palo Alto	640									
	San Francisco, CA	662									
	Sierra Nevada HCS	654									
	TOTAL	S	0	0	0	0	0	0	0	1	0
22	Greater Los Angeles HCS	691		-		-					
	Loma Linda HCS	605									
	Long Beach HCS	600									
	San Diego HCS	664									
22	Southern Nevada HCS	593									
	TOTAL		0	0	0	0	0	0	0	0	0
23	Black Hills HCS-Fort Meade	568									
	Central Iowa HCS	636A6	1								
	Fargo VA HCS	437	1								
	Iowa City VA HCS	636A8									
	Minneapolis VA HCS	618	1								
	Nebraska-Western Iowa HCS-Omaha	636	İ			1					
	Sioux Falls VA HCS	438	İ			Х					
	St Cloud VA HCS	656	İ			1					
	TOTAL		0	0	0	1	0	0	0	0	0
	NATIONAL TOTALS		1	0	1	2	1	1	2	3	2

	Appendix D										
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Mass	age Th	erapy	Me (Trai M	ullness. edicationscende editation Mantran	ons ental on, m		oveme Practice	-
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Alaska HCS	463				<u> </u>					•
20	Boise, ID	531									
	Portland, OR	648									
	Puget Sound HCS-Seattle	663									
20	Roseburg HCS	653									
	Spokane, WA	668									
	Walla Walla, WA	687	Х			Х					
	White City, OR	692		Х							
	TOTALS		1	1	0	1	0	0	0	0	0
21	Central California HCS	570	-	-	X	-					
	Manila, PI	358									
	Northern California HCS	612A4	Х								
	Pacific Islands HCS	459		Х	Х						
21	Palo Alto HCS-Palo Alto	640									
21	San Francisco, CA	662			Х						
21	Sierra Nevada HCS	654									
	TOTALS		1	1	3	0	0	0	0	0	0
22	Greater Los Angeles HCS	691	-								
22	Loma Linda HCS	605			Х						
22	Long Beach HCS	600									Х
22	San Diego HCS	664									
22	Southern Nevada HCS	593									
	TOTALS		0	0	1	0	0	0	0	0	1
23	Black Hills HCS-Fort Meade	568									
23	Central Iowa HCS	636A6									
23	Fargo VA HCS	437									
23	Iowa City VA HCS	636A8	Х								
23	Minneapolis VA HCS	618									
23	Nebraska-Western Iowa HCS-Omaha	636			Х						
23	Sioux Falls VA HCS	438									
23	St Cloud VA HCS	656									
	TOTALS		1	0	1	0	0	0	0	0	0
	NATIONAL TOTALS		12	9	24	3	0	0	0	0	2

	Appendix D											
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Mus	sic The	rapy		ve Ame		Other Creative Arts Therapy		essive I elaxatio	Muscle on
VISN	LOCATION	Sta No	02	11	14	02	11	14	2014	02	11	14
	Alaska HCS	463	- 02			- UL	X	X	2017	UL		
	Boise, ID	531										
	Portland, OR	648					Х					
	Puget Sound HCS-Seattle	663										
	Roseburg HCS	653										
	Spokane, WA	668										
20	Walla Walla, WA	687										
	White City, OR	692										
	TOTALS		0	0	0	0	2	1	0	0	0	0
21	Central California HCS	570			·	-		•		-	-	
	Manila, Pl	358										
	Northern California HCS	612A4										
	Pacific Islands HCS	459										
	Palo Alto HCS-Palo Alto	640										
	San Francisco, CA	662										
	Sierra Nevada HCS	654				Х						
	TOTALS		0	0	0	1	0	0	0	0	0	0
22	Greater Los Angeles HCS	691	-	-		-				-	-	
	Loma Linda HCS	605										
	Long Beach HCS	600						Х				
22	San Diego HCS	664										
22	Southern Nevada HCS	593										
	TOTALS		0	0	0	0	0	1	0	0	0	0
23	Black Hills HCS-Fort Meade	568				-		•				
	Central Iowa HCS	636A6										
	Fargo VA HCS	437				Х						
	Iowa City VA HCS	636A8										
23	Minneapolis VA HCS	618		1				Х				
	Nebraska-Western Iowa HCS-Omaha	636										
	Sioux Falls VA HCS	438										
	St Cloud VA HCS	656				Х						
	TOTALS		0	0	0	2	0	1	0	0	0	0
				_	_			-	•	-	_	
	NATIONAL TOTALS		2	0	5	7	5	6	2	2	0	1

	Appendix D										
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Sp	ecial D	iets		Stress nagemention TI	ent,	Sw	eat Loc	dge
VISN	LOCATION	Sta No	02	11	2014	02	11	14	02	11	14
	Alaska HCS	463								X	
	Boise, ID	531									
	Portland, OR	648									
	Puget Sound HCS-Seattle	663									
	Roseburg HCS	653									
	Spokane, WA	668									
	Walla Walla, WA	687									
	White City, OR	692									
	TOTALS		0	0	0	0	0	0	0	1	0
21	Central California HCS	570									
21	Manila, PI	358									
21	Northern California HCS	612A4									
21	Pacific Islands HCS	459									
21	Palo Alto HCS-Palo Alto	640						Х			
21	San Francisco, CA	662	Х								
21	Sierra Nevada HCS	654								Х	
	TOTALS		1	0	0	0	0	1	0	1	0
22	Greater Los Angeles HCS	691									
22	Loma Linda HCS	605									Х
22	Long Beach HCS	600									
22	San Diego HCS	664						Х			
22	Southern Nevada HCS	593									
	TOTALS		0	0	0	0	0	1	0	0	1
23	Black Hills HCS-Fort Meade	568									
23	Central Iowa HCS	636A6									
23	Fargo VA HCS	437									
23	Iowa City VA HCS	636A8				Х					
	Minneapolis VA HCS	618									Х
	Nebraska-Western Iowa HCS-Omaha	636									
23	Sioux Falls VA HCS	438									
23	St Cloud VA HCS	656									
	TOTALS		0	0	0	1	0	0	0	0	1
	NATIONAL TOTALS		2	0	0	3	1	4	0	6	7

	Appendix D										
	2002, 2011 & 2014 Modality Comparison Referred Outside VA		Tai	Chi, Qi	gong		Yoga			Other	
VISN	LOCATION	Sta No	02	11	14	02	11	14	02	11	14
	Alaska HCS	463			Х						
20	Boise, ID	531									
	Portland, OR	648						Х			
	Puget Sound HCS-Seattle	663			Х	Х					
	Roseburg HCS	653									
20	Spokane, WA	668									
20	Walla Walla, WA	687									
20	White City, OR	692									
	TOTALS	S	0	0	2	1	0	1	0	0	0
21	Central California HCS	570									
	Manila, PI	358									
21	Northern California HCS	612A4		Х							
21	Pacific Islands HCS	459									
21	Palo Alto HCS-Palo Alto	640									
21	San Francisco, CA	662									
21	Sierra Nevada HCS	654									
	TOTALS	S	0	1	0	0	0	0	0	0	0
22	Greater Los Angeles HCS	691									
22	Loma Linda HCS	605									
	Long Beach HCS	600									
22	San Diego HCS	664			Х			Х			
22	Southern Nevada HCS	593									
	TOTALS	S	0	0	1	0	0	1	0	0	0
	Black Hills HCS-Fort Meade	568									
23	Central Iowa HCS	636A6									
23	Fargo VA HCS	437						Х			
23	Iowa City VA HCS	636A8									
23	Minneapolis VA HCS	618									
23	Nebraska-Western Iowa HCS-Omaha	636									
	Sioux Falls VA HCS	438									
23	St Cloud VA HCS	656									
	TOTALS	S	0	0	0	0	0	1	0	0	0
	NATIONAL TOTALS		4	1	7	2	0	9	1	1	0

Appendix E

Participating Facilities

VISN/Facility	Sta_No	VISN/Facility	Sta_No
VISN 1		VISN 6	
Bedford, MA	518	Asheville, NC	637
Boston HCS-Boston	523	Beckley, WV	517
Central Western Massachusetts HCS	631	Durham, NC	558
Connecticut HCS-West Haven	689	Fayetteville, NC	565
Maine VA HCS	402	Hampton, VA	590
Manchester, NH	608	Richmond, VA	652
Providence, RI	650	Salem, VA	658
White River Junction, VT	405	Salisbury, NC	659
VISN 2		VISN 7	
Albany, NY	528A8	Augusta, GA	509
Bath, NY	528A6	Birmingham, AL	521
Canandaigua, NY	528A5	Central Alabama HCS-Montgomery	619
Syracuse, NY	528A7	Charleston, SC	534
Western New York HCS	528	Columbia, SC	544
		Decatur, GA	508
VISN 3		Dublin, GA	557
Bronx, NY	526	Tuscaloosa, AL	679
Hudson Valley HCS-Montrose	620	VISN 8	
New Jersey HCS-East Orange	561	Bay Pines HCS	516
New York Harbor HCS-New York	630	Caribbean HCS-San Juan	672
Northport, NY	632	Miami HCS	546
		North Florida-South Georgia HCS	573
VISN 4		Orlando, FL	675
Altoona, PA	503	Tampa, FL	673
Butler, PA	529	West Palm Beach, FL	548
Clarksburg, WV	540	West Faim Beach, FE	340
Coatesville, PA	542	VISN 9	
Erie, PA	562	Huntington, WV	581
Lebanon, PA	595	Lexington, KY-Cooper Dr	596A4
Philadelphia, PA	642	Louisville, KY	603
Pittsburgh HCS-Univ Dr	646	Memphis, TN	614
Wilkes-Barre, PA	693	Mountain Home, TN	621
Wilmington, DE	460	Tennessee Valley HCS-Nashville	626
VISN 5			
Martinsburg, WV	613		
Maryland HCS-Baltimore	512		
Washington, DC	688		

VISN/Facility	Sta No	VISN/Facility	Sta No
VISN 10		VISN 17	
Chillicothe, OH	538	Central Texas HCS	674
Cincinnati, OH	539	North Texas HCS	549
Cleveland, OH-Wade Park	541	South Texas HCS	671
Columbus, OH	757	Texas Valley Coastal Bend	
Dayton, OH	552	- Harlingen HCS	740
VISN 11		VISN 18	
Ann Arbor HCS	506	Amarillo HCS	504
Battle Creek, MI	515	El Paso HCS	756
Detroit, MI	553	New Mexico HCS	501
Illiana HCS	550	Northern Arizona HCS	649
Indianapolis, IN	583	Phoenix, AZ	644
Northern Indiana HCS-Marion	610	Southern Arizona HCS	678
Saginaw, MI	655	West Texas HCS	519
VISN 12		VISN 19	
Chicago HCS	537	Cheyenne, WY	442
Hines, IL	578	Eastern Colorado HCS	554
Iron Mountain, MI	585	Grand Junction, CO	575
Madison, WI	607	Montana HCS	436
Milwaukee, WI	695	Salt Lake City HCS	660
North Chicago, IL	556	Sheridan, WY	666
Tomah, WI	676		
		VISN 20	
VISN 15		Alaska HCS	463
Columbia, MO	589A4	Boise, ID	531
Eastern Kansas HCS-Topeka	589A5	Portland, OR	648
Kansas City, MO	589	Puget Sound HCS-Seattle	663
Marion, IL	657A5	Roseburg HCS	653
Poplar Bluff, MO	657A4	Spokane, WA	668
St. Louis, MO-John Cochran	657	Walla Walla, WA	687
Wichita, KS	589A7	White City, OR	692
VISN 16		VISN 21	
Alexandria, LA	502	Central California HCS	570
Central Arkansas HCS-Little Rock	598	Manila, PI	358
Fayetteville, AR	564	Northern California HCS	612A4
Gulf Coast HCS	520	Pacific Islands HCS	459
Houston, TX	580	Palo Alto HCS-Palo Alto	640
Jackson, MS	586	San Francisco, CA	662
Muskogee, OK	623	Sierra Nevada HCS	654
Oklahoma City, OK	635		
Shreveport, LA	667		
Southeast Louisiana HCS	629		

VISN/Facility	Sta_No
VISN 22	
Greater Los Angeles HCS	691
Loma Linda HCS	605
Long Beach HCS	600
San Diego HCS	664
Southern Nevada HCS	593
VISN 23	
Black Hills HCS-Fort Meade	568
Central Iowa HCS	636A6
Fargo VA HCS	437
Iowa City VA HCS	636A8
Minneapolis VA HCS	618
Nebraska-Western Iowa HCS-Omaha	636
Sioux Falls VA HCS	438
St Cloud VA HCS	656

Appendix F

FY2015 VHA INTEGRATIVE HEALTH/COMPLEMENTARY HEALTH SERVICES SURVEY WORKSHEET (formerly CAM)

Purpose: The FY2015 VHA Integrative Health/Complementary Health Services (IH/CHS) survey is an essential element of collecting information to assist with the assessment and improvement of the delivery of IH/CHS throughout VA. To further facilitate this end, data collected shall be compared to the results of the previous VHA Complementary and Alternative Medicine (CAM) surveys of 2011 and 2002, where appropriate, for trending information.

Definition of Integrative Health/Complementary Health Services: A group of diverse medical and health care systems, practices, and products that are not generally considered part of conventional medicine. These services may be provided by a diverse array of practitioners in many settings across the health care system. There is a glossary of terms available from a link on the survey website.

Instructions: Responsible persons - VISN Offices (including VISN Patient Centered Care Point of Contacts) will distribute to Facility Chiefs of Staff, who have primary responsibility for collecting information. Chiefs of Staff should collaborate with their Integrative Health/CHS Point of Contact (if applicable) or Patient Centered Care Point of Contact. The Integrative Health/CHS (if applicable) or Patient Centered Care Points of Contact, will need to coordinate with other Facility personnel such as Medicine, Surgery, Rehabilitation, Extended Care (CLC), Domiciliary, Pharmacy, Nursing, Primary Care, Integrative Health or Complementary Health Practitioners, Women's Health, Dental services, Quality Management, Fee-basis and others to ensure the most accurate information.

Multiple sites that provide Integrative Health should work together to submit a single response from the VA approved administrative parent.

Respondent and Facility/Health Care System (HCS) Information

Point of Contact (POC)	(person completing the s	urvey):	
Title:			
Phone Number (including	ng area code):	Ext.:	
Email:			
		nber:	
•		Services (IH/CHS) currer f developing (End of Sur	ntly being offered to your patients? vey)
[] 1. Lack of pa	tient interest	IH/CHS to your patients?	(choose all that apply)
	idence of efficacy	of funding	
''	rted by facility due to lack ailable providers	t or runding	
• • •	edentialing process		
• • •	ocess for reimbursement	of services	
[] 7. No clinic s	pace		
[] 8. Don't knov	V		
[] 9. None			
[] 10. Other	1a10a. If other, please	specify:	
(End of Surve)	<i>(</i>)		

1b. If y	es, What perceived factors enable IH/CH	S to be offered by	your facility? (choos	se all that apply)		
[] 1. At	tracts new patients					
[]2. Pi	2. Promotes cost savings					
	3. Proven clinical effectiveness					
] 4. Consistent with patient-centered model of care					
	atient preference					
	ovider request					
	ave provider(s) who volunteer their exper	tise				
	eflects facility's mission	uoo				
	omotes well being					
	Adjunctive to chronic disease manageme	nt				
	Cultural	110				
	Other 1b12a. If other, please specify:					
[] 12. (other 1012a. If other, please specify.					
2.	In which settings do the following clinica	al areas (renardless	of provider types) (offer IH/CHS?		
	(choose all that apply)	1. Inpatient	2. Outpatient	3. N/A		
	2a. Medicine	1. Impation	2. Outpution	0.14// (
	2b. Surgery					
	2c. Mental Health					
	2d. Primary Care					
	2e. Rehab (PM&R, PT, OT, Blind Rehab, Polytrauma, SLP)					
	2f. Extended Care (CLC, HBPC)					
	, , ,					
	2g. Palliative Care					
	2h. Women's Health					
	2i. Other Specialty Services					
3. Doe	s your facility/HCS use volunteers or With	nout Compensation	(WOC) personnel t	o provide IH/CHS?		
	()Yes ()No					
	3a. If yes, which IH/CHS are provided b	y WOCs? (choose	all that apply)			
	[] 3a1. Acupressure					
	[] 3a2. Acupuncture					
	[] 3a3. Animal Assisted Therapy					
	[] 3a4. Aromatherapy					
	[] 3a5. Art Therapy					
	[] 3a6. Ayurveda					
	[] 3a7. Biofeedback					
	[] 3a8. Chelation Therapy					
	[] 3a9. Chiropractic					
	[] 3a10. Dietary/Nutritional Supplemen	ts (e.g. Pycnogeno	I, Chondroitin, Red	Yeast Rice, L-		
	Methionine)	(0) 0		,		
	[] 3a11. Energy Healing (therapeutic to	ouch, healing touch	. Reiki. etc.)			
	[] 3a12. Guided Imagery		, ,			
[] 3a13. Herbal Medicines (e.g.Saw Palmetto)						
	[] 3a14. Homeopathy	,				
	[] 3a15. Hypnosis/Hypnotherapy					
	[] 3a16. Mantram Repetition					
	[]					

[]	3a17. Massage Therapy
[]	3a18. Mindfulness
[]	3a19. Movement Practices (e.g. Alexander technique, Feldenkrais, Pilates)
[]	3a20. Music Therapy
[]	3a21. Native American Healing Practices
[]	3a22. Naturopathic medicine
[]	3a23. Non-Traditional Spiritual Practices Provided Through VHA Chaplain Service
[]	3a24. Other Creative Arts Therapy
[]	3a25. Other indigenous healing performed by a healer (e.g. Botanica, Curandero, Espiritista)
[]	3a26. Other Non-Traditional Diets
[]	3b1. Progressive Muscle Relaxation Therapy
[]	3b2. Special Diets (e.g. Anti-inflammatory, Mediterranean)
[]	3b3. Stress Management, Relaxation Therapy
[]	3b4. Sweat Lodge
[]	3b5. Tai chi, Qi gong
[]	3b6. Traditional Chinese Medicine
[]	3b7. Transcendental
[]	3b8. Yoga
[]	3b9. Other 3b9a. If other, please specify:

Please indicate whether you offer the following IH/CHS to your patients. For each service you offer, please indicate whether you provide it at your facility/HCS with VA staff, if you refer to outside provider, or if it's not provided. You will be asked a series of additional questions for each service provided (a or b). Use the supplemental worksheet to track your responses for each service.

Note:

(choose all that apply)

		(CHOOSE all ti	iat apply)
	a. Provided at VA	b. Referred to outside provider	c. Not Provided
4. Acupressure*			
5. Acupuncture*			
6. Animal Assisted Therapy			
7. Aromatherapy			
8. Art Therapy			
9. Biofeedback			
10. Chiropractic**			
11. Dietary/Nutritional Supplements (e.g. Pycnogenol, Chondroitin, Red Yeast Rice, L-Methionine)			
12. Energy Healing (e.g. therapeutic touch, healing touch, Reiki,			
etc.) 13. Guided Imagery			

^{*}May be used as part of whole medicine systems

^{**}Chiropractic Care is a health practice mandated by law and VHA Directive 2009-059

^{***}Mindfulness, Transcendental Meditation, and Mantram Repetition all fall in the general category of "Meditation"

^{****}Other - please specify up to two (e.g. Ayurveda, Chelation, Traditional Chinese Medicine, Homeopathy, Naturopathic medicine, Non traditional spiritual practices provided through VHA Chaplain service, Other non tradional Diets, Other indigenous healing performed by a healer (e.g. Botanica, Curandero, Espiritista) etc.)

	a. Provided at VA	b. Referred to outside provider	c. Not Provided
14. Herbal Medicines* (e.g. Saw Palmetto)			
15. Hypnosis/Hypnotherapy			
16. Massage Therapy			
17. Mindfulness***			
18. Other Meditations*** (e.g. Transcendental, Mantram Repetition)			
19. Movement Practices (e.g. Alexander technique, Feldenkreis,			
Pilates)			
20. Music Therapy			
21. Native American Healing Practices			
22. Other Creative Arts Therapy			
23. Progressive Muscle Relaxation Therapy			
24. Special Diets (e.g. Anti-inflammatory, Mediterranean)			
25. Stress Management, Relaxation Therapy			
26. Sweat Lodge			
27. Tai chi, Qi gong			
28. Yoga			
29. Other***			
30. Other***			

For Each IH/CHS Selected Above, Please Answer The Following Questions:

(4-28) d. For each service, please indicate whether it is delivered in a group or an individual setting.(choose all that apply)[] d1. Group [] d2. Individual
d1a. If group, on average how many patients typically participate in each group? (choose one) () 1-10 () 11-20 () >20
d2a. If individual, do you see more than 6 encounters per week (approx. 300 encounters per year)? () Yes () No
 (4-28) e. How often is this IH/CHS offered at your facility/HCS? (choose one) () Daily () More than once per week () Weekly () Monthly () Quarterly () Other frequency
(4-28) f. Are patients asking for additional IH/CHS services for this modality/service? () Yes () No
(4-28) g. For which reason(s)/condition(s) is/are these IH/CHS services used? (choose all that apply) (Chronic Disease Management) [] 1. Cancer related symptoms [] 2. Chronic Fatigue [] 3. Coronary Disease

[] 4. Gastrointestinal disorders
(Mental Health)
[] 5. Anxiety Disorder
[] 6. Depression
[] 7. Post-Traumatic Stress Disorder (PTSD)
[] 8. Stress Management
[] 9. Substance Abuse Disorder (excluding tobacco dependence)
(Pain Management)
[] 10. Joint Pain (non-infectious)
[] 11. Musculoskeletal Pain including arthritis
[] 12. Perioperative Pain (acute)
[] 13. Back Pain
[] 14. Headache
[] 15. Fibromyalgia
(Wellness)
[] 16. Optimizing health and well being
(Miscellaneous)
[] 17. Sleep Disorders
[] 18. Tobacco Dependence
[] 19. Traumatic Brain Injury
[] 20. Other 20a. If other, please
specify:
Other II I/CLIC as selected shows
Other IH/CHS as selected above:
29d. If other IH/CHS, please specify:
30d. If other IH/CHS, please specify:
(29-30) e. For each service, please indicate whether it is delivered in a group or individual setting.
(choose all that apply)
[] e1. Group [] e2. Individual
[] e 1. Group [] e 2. Individual
e1a. If group, on average how many patients typically participate in each group? (choose one)
() 1-10 () 11-20 () >20
and If individual de you are more than 6 anacunters nor week (annrey 200 anacunters nor year)?
e2a. If individual, do you see more than 6 encounters per week (approx. 300 encounters per year)?
() Yes () No
(00,00) (11(1
(29-30) f. How often is this IH/CHS offered at your facility/HCS? (choose one)
() Daily () Weekly () Monthly () Quarterly () Other frequency
(29-30) g. Are patients asking for additional IH/CHS services for this modality/service?
() Yes () No
(29-30) h. For which reason(s)/condition(s) is/are these IH/CHS services used? (choose all that apply)
Chronic Disease Management
[] 1. Cancer related symptoms
[] 2. Chronic Fatigue
[] 3. Coronary Disease
[] 4. Gastrointestinal disorders

Mental Health
[] 5. Anxiety Disorder
[] 6. Depression
[] 7. Post-Traumatic Stress Disorder (PTSD)
[] 8. Stress Management
[] 9. Substance Abuse Disorder (excluding tobacco dependence)
Pain Management
[] 10. Joint Pain (non-infectious)
[] 11. Muskuloskeletal Pain including arthritis
[] 12. Perioperative Pain (acute)
[] 13. Back Pain
[] 14. Headache
[] 15. Fibromyalgia
Wellness
[] 16. Optimizing health and well being
Miscellaneous
[] 17. Sleep Disorders
[] 18. Tobacco Dependence
[] 19. Traumatic Brain Injury
[] 20. Other 20a. If other, please specify:
End of questions for each service provided
Integrative Health/Medicine
mitogrativo rioditirmodiomo
31. Please describe the extent of your facility's efforts in providing seamless complementary health
services across your continuum of care. (choose one)
() IH/CHS are provided but not in a formal integrative health setting
() IH/CHS integrated with allopathic care in at least one clinic
() IH/CHS integrated with allopathic care in all care
() Other
31a. If other, please explain:
31b. Do you have a POC for IH/CHS at your facility?) Yes () No
31b1. If yes, is it OK to contact this person with further questions by a Technical Advisory Group
member? () Yes () No
If yes:
31b1a. POC Name:
31b1b. POC Title:
31b1c. POC Phone Number: (include area code & ext)
31b1d. POC Email Address:
32. If you have any comments about IH/CHS within VHA, clarifications, or questions related to IH/CHS or
this survey, please share them below. (Optional. Limit 4000 characters)
Thank you for your time and cooperation!

Appendix G

2014 VHA Integrative Health/Complementary Health Services (IH/CHS) Survey Glossary

Term	Definition
Acupressure	A technique similar in principle to Acupuncture. Pressure, instead of needles, is used on the body's surface and applied by hand, by elbow, or with various devices to stimulate the flow of energy within the body.
Acupuncture	The term "acupuncture" describes a family of procedures involving the stimulation of anatomical points on the body using a variety of techniques. The acupuncture technique that has been most often studied scientifically involves penetrating the skin with thin, solid, metallic needles that are manipulated by the hands or by electrical stimulation.
Animal Assisted Therapy	A type of therapy that involves an animal, other than a service animal, as a fundamental part of a person's treatment.
Aromatherapy	Aromatherapy is the use of essential oils from plants flowers, herbs or trees) to promote health and well-being. Essential oils are most often used by inhaling them or by applying them in diluted form to the skin.
Ayurveda	Ayurveda is a system of medicine that originated in India several thousand years ago. In the United States, Ayurveda is considered a type of CAM and a whole medical system. As with other such systems, it is based on theories of health and illness and on ways to prevent, manage, or treat health problems. Ayurveda aims to integrate and balance the body, mind, and spirit.
Biofeedback	Biofeedback uses information from physiological monitoring devices to teach individuals how to consciously regulate physiological functions (e.g. brainwaves, skin temperature, heart rate) and is often used to induce the relaxation response.
CAM Practitioner	A practitioner with training and expertise in the delivery of CAM services.
Chelation Therapy	Chelation therapy is a chemical process in which a substance is used to bind molecules, such as metals or minerals, and hold them tightly so that they can be removed from a system, such as the body. For example, a person who has lead poisoning may be given chelation therapy in order to bind and remove excess lead from the body before it can cause damage.
Diet Therapy	Diet therapy uses specialized dietary regimens, not related to allergies or intolerance, to support the treatment or prevention of specific diseases (such as cancer or cardiovascular disorders) or generally to promote wellness. Other examples include the Mediterranean diet, the Ornish diet, a very low-fat vegetarian diet, and the anti-inflammatory diet. Some of these diets may include significant additions or reductions in certain daily nutrient requirements.

Term	Definition
Dietary/Nutritional Supplements	A dietary supplement is intended to provide nutrients that may otherwise not be consumed in sufficient quantities. Supplements as generally understood to include vitamins, minerals, fiber, fatty acids, or amino acids, among other substances, usually sold in pill or capsule form. Examples include omega 3's, melatonin, probiotics, SAMe, CoQ10, glucosamine, and chondroitin, as well as vitamins and minerals.
Guided Imagery	Guided Imagery is a technique used to guide an individual in mental imagery. Guided Imagery can help guide the mind and body toward a relaxed, focused state and are used to address physical, emotional and psychological issues.
Healing touch	Healing Touch is an energy therapy in which practitioners consciously use touch with her hands in an intentional way to restore and promote health.
Herbal Medicines	Herbal medicine also called botanical medicine or phytomedicine refers to using a plant's seeds, berries, roots, leaves, bark, or flowers for medicinal purposes. Examples include Gingko, Valerian, Kava Kava, Echinacea, St. John's Wort, Saw Palmetto.
Homeopathy	Homeopathy is a system of medical practices based on the theory that any substance that can produce symptoms of disease or illness in a healthy person can cure those symptoms in a sick person. For example, someone suffering from insomnia may be given a homeopathic dose of coffee. Administered in diluted form, homeopathic remedies are derived from many natural sources, including plants, metals, and minerals.
Hypnosis	Hypnosis is an altered state of consciousness characterized by increased responsiveness to suggestion. The hypnotic state is attained by first relaxing the body, then shifting attention toward a narrow range of objects or ideas as suggested by the hypnotist or hypnotherapist. A person under hypnosis is said to have heightened focus and concentration with the ability to concentrate intensely on a specific thought or memory, while blocking out sources of distraction.
Hypnotherapy	The application of hypnosis for therapeutic purposes.
Integrative Health Integrative/Medicine	The practice of medicine that reaffirms the importance of the relationship between practitioner and patient, focuses on the whole person, is informed by evidence, and makes use of all appropriate therapeutic approaches, healthcare professionals and disciplines to achieve optimal health and healing. While synonymous with Integrative Medicine, the term Integrative Health more accurately reflects the inclusive scope of this approach, which impacts the entire spectrum of health care from optimizing health and well-being to prevention and the treatment and mitigation of chronic diseases.

Term	Definition
Massage Therapy	Massage Therapy encompasses many different techniques. In general, therapists press, rub, and manipulate the muscles and other soft tissues of the body, primarily by using the hands and fingers to enhance relaxation and well-being.
Meditation	Meditation is a mind and body practice and has been practiced by many different cultures throughout the world for thousands of years. Generally, a person who is meditating uses certain techniques, such as a specific posture, focused attention, and an open attitude toward distractions. Meditation may be practiced for many reasons, such as to increase calmness and physical relaxation, to improve psychological balance, to cope with illness, or to enhance overall health and well-being. Practicing meditation can change how a person relates to the flow of emotions and thoughts. There are many types of meditation- three common types of meditation are defined below.
Mantram Repetition	A form of non-sitting meditation where sacred words or phrases are silently, internally repeated throughout the day as objects of concentration and re-directed attention.
Mindfulness	A form of meditation where the focus of attention is on what is being experienced in the present moment, without reacting to or judging it.
Transcendental	A technique of sitting meditation derived from Hindu tradition that promotes deep relaxed awareness through the use of a mantra.
Movement Practices (e.g. Alexander technique, Feldenkreis, Pilates)	A broad range of Eastern and Western movement-based approaches used to promote physical, mental, emotional, and spiritual well-being.
Music Therapy	The clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship to improve and maintain physical, cognitive, emotional and social functioning, as well as promoting health and optimizing well-being.
Native American Healing Practices	A Native American Healer or Medicine Man is a traditional healer who uses information from the "spirit world" in order to benefit the community. People see Native American healers for a variety of reasons, especially to find relief from illness or to find spiritual guidance.
Naturopathic medicine	Naturopathic medicine or Naturopathy is a medical system that has its roots in Germany and was further developed between the 19 th and early 20 th century in the United States. Practitioners view their role as supporting the body's ability to maintain and restore health, and prefer to use treatment approaches they consider to be the most natural and least invasive. These approaches include dietary and lifestyle counseling and may include the use of vitamins/nutritional supplements, herbal medicines, homeopathy, hydrotherapy, exercise therapy, therapeutic massage and joint manipulation.

Term	Definition
Non-traditional (for modern health care) spiritual practices (e.g. coordinated through Chaplain)	Alternative Pastoral/Spiritual Care utilizes spiritual interventions or practices provided or facilitated by qualified chaplains that lies outside of traditional religious/faith practices and traditional health care. (By policy, In VA all pastoral/spiritual care for patients is either provided by or facilitated by VA chaplains. For example, if a Native American shaman provides direct patient spiritual care, it is under the management and supervision of a VA chaplain.)
Other Indigenous healing performed by a healer (e.g. Botanica, Curandero, Espiritista, Hierbero, Yerbera, Shaman, Sobador)	Methods based on indigenous theories, beliefs, and experiences. Healers implement health practices, approaches, knowledge and beliefs incorporating plant, animal and mineral-based medicines, spiritual therapies, manual techniques and exercises, applied singularly or in combination to treat, diagnose and prevent illnesses or maintain well-being.
Patient-centered	Patient-centered" means considering patients' cultural traditions, personal preferences and values, family situations, social circumstances and lifestyles. Patient centered care is a personalized, proactive and patient driven approach to care addressing the full range of physical, emotional, mental, social, spiritual and environmental influences.
Progressive relaxation	Progressive relaxation is used to relieve tension and stress by systematically tensing and relaxing successive muscle groups.
Qi gong	Qi gong is an ancient Chinese discipline combining the use of gentle physical movements, mental focus, and deep breathing.
Reiki	A. Reiki is an approach where practitioners place their hands lightly on or just above a person, with the goal of facilitating the person's own healing response.
Stress Management, Relaxation Therapy	Relaxation therapy is a broad term used to describe a number of techniques that promote stress reduction, by inducing the relaxation response. The relaxation response is characterized by slower breathing, lower blood pressure, and a feeling of calm and well-being.
Sweat lodge	The sweat lodge (also called purification ceremony, sweat house, medicine lodge, medicine house, or simply sweat) is a ceremonial sauna and is an important event in some North American First Nations or Native American cultures.
Tai chi	Tai chi, which originated in China as a martial art, is a mind and body practice. Tai chi is sometimes referred to as "moving meditation"— practitioners move their bodies slowly, gently, and with awareness, while breathing deeply.
Therapeutic touch	Therapeutic Touch is a contemporary interpretation of several ancient healing practices. It is a consciously directed process of energy exchange during which the practitioner uses the hands as a focus to facilitate the process.
Traditional Chinese Medicine	Traditional Chinese medicine is a broad range of medicine practices sharing common concepts which have been developed in China and are based on a tradition of more than 2,000 years, including various forms of herbal medicine, acupuncture, massage, exercise, and dietary therapy.

Term	Definition
Well Being	Well-being is a relative state where one maximizes a person's physical mental and social functioning in the context of supportive environments to live a full, satisfying and productive life.
Yoga	Yoga is a mind and body practice with historical origins in India. Like other meditative movement practices used for health purposes, various styles of yoga typically combine physical postures, breathing techniques, and meditation or relaxation.

Creative Therapy:

Creative Arts Therapists perform professional work requiring application of either (1) knowledge of the concepts, principles and practices of recreation therapy and the use of various interventions to treat physical, social, cognitive, emotional conditions associated with illness, or chronic disability; or (2) a knowledge of the concepts, principle and practices of a specialized creative Arts Therapy (i.e. art, dance, music, and psychodrama) and the use of appropriate specialized treatment modalities to improve and maintain physical, cognitive, emotional, and social functioning, preventing secondary health conditions, enhancing independent living skills, and overall quality of life.